

# Hackham East Primary School's

## MENU 2020 Brought to you by:

Supporting the S.A. Right Bite policy and all food sold to students meet these guidelines.

We aim to provide foods that tastes great & have good nutritional value.

Order can be placed over the counter eftpos available or through the QKR app



### Drinks

<b>Water 600ml</b>	<b>\$2.00</b>
<b>Carton Fruit Juice 250ml</b> tropical, apple, apple blackcurrant, apple raspberry	<b>\$1.80</b>
<b>Fleurieu Fresh Milk 300ml</b> Strawberry or Chocolate	<b>\$2.20</b>
<b>Moo Milk 200ml</b> Strawberry or Chocolate	<b>\$2.00</b>
<b>Up and Go 250ml</b>	<b>\$2.20</b>

### Snacks/ Recess

<b>Air Popped Corn</b>	<b>\$1.00</b>	<b>Chia pudding with berries</b>	<b>\$3.50</b>
<b>Banana Bread</b>	<b>\$2.00</b>	<b>R/V/ VG/GF</b>	
<b>Apple Bread</b>	<b>\$2.00</b>	<b>Yoghurt &amp; muesli</b>	<b>\$3.50</b>
<b>Muffins</b>	<b>\$2.50</b>	<b>Fruit salad V/VG/GF/R</b>	<b>\$3.00</b>
<b>Bliss balls</b>	<b>\$1 each</b>	<b>Cookies</b>	<b>\$2.00</b>
<b>R/V/VG/GF</b>			

### Salad

<b>Garden Salad:</b> Lettuce, Cucumber, Tomato, Carrot, Capsicum, <b>R/V/VG/GF</b>	<b>Main</b>	<b>\$4.00</b>
Add chicken, Ham, Cheese or Salami	<b>Side</b>	<b>\$2.50</b>
*add on's can only be added to main size	<b>Add:</b>	<b>\$1.50</b>
<b>Chicken Caesar:</b> chicken, lettuce, boiled egg, parmesan cheese, croutons, and Caesar dressing	<b>Main:</b>	<b>\$4.80</b>

### Toasties

<b>Cheese</b>	<b>\$2.50</b>
<b>Cheese, and tomato</b>	<b>\$3.00</b>

**V-Vegetarian VG- Vegan R- Raw GF- Gluten free**

### Hot Wrap

<b>Sweet Chilli or grilled Chicken breast:</b> Lettuce, Cucumber, Tomato, Mayo	<b>\$5.00</b>
Add Sweet Chilli Sauce	<b>.50c</b>
Add avocado smash	<b>.80c</b>

### Sandwiches

<b>Salad:</b> lettuce, tomato, cucumber, carrot <b>V</b>	<b>\$3.20</b>
<b>Ham salad:</b> ham, lettuce, tomato, cucumber, carrot	<b>\$4.20</b>
<b>Chicken salad:</b> chicken lettuce, tomato, cucumber, carrot	<b>\$4.20</b>
<b>Salami salad</b> salami, lettuce, tomato, cucumber, carrot	<b>\$4.20</b>
<b>Egg:</b> Curried or plain egg, and lettuce *contains mayonnaise	<b>\$4.00</b>

### House made Hot Dinners

<b>Beef lasagne</b>	<b>\$5.00</b>
<b>Vegetable Lasagne <b>V</b></b>	<b>\$5.00</b>
<b>Pasta Bolognaise</b>	<b>\$5.00</b>
<b>Tuna Mornay</b>	<b>\$5.00</b>

### Hot Dogs

<b>Plain</b>	<b>\$4.00</b>
<b>Cheese and Tomato Sauce</b> (Mustard, BBQ, Garlic Butter can be added at no extra cost)	<b>\$4.50</b>
<b>Mini hotdogs</b>	<b>\$2.50</b>

### Burgers

<b>Beef Burger:</b> Beef Pattie, Cheese, Lettuce, Tomato and Tomato Sauce	<b>\$5.00</b>
<b>Chicken Burger:</b> grilled chicken breast, Lettuce, Cucumber, Tomato and Mayo	<b>\$5.00</b>

### Hot Spuds

<b>Bacon, Onion with Cheese.</b>	<b>\$5.00</b>
<b>Beef Bolognaise Sauce with Cheese.</b>	<b>\$5.00</b>
<b>Coleslaw, Cheese, Pineapple <b>V</b></b>	<b>\$5.00</b>
<b>Add sour cream</b>	<b>.50c</b>

### Sometimes Food

<b>Mrs Mac's beef pie</b>	<b>\$4.00</b>
<b>Mrs mac's sausage roll</b>	<b>\$4.00</b>
<b>Mini pies</b>	<b>\$1.50</b>
<b>Mini sausage roll</b>	<b>\$1.50</b>
<b>Pizzas:</b> ham cheese pineapple, BBQ chicken	<b>\$3.00</b>
<b>Egg and Bacon roll</b>	<b>\$5.50</b>

