

## What does it cost?

The course is **free** and morning tea will be provided.

## Where?

The Board Room, Biripi ACMS,  
2a Edwards Drive, Purfleet

## When?

Group will run every second Thursday morning from 9.30am til 12:00pm on the following dates:

- Session 1 Thurs 14 June
- Session 2 Thurs 28 June
- SCHOOL HOLIDAYS
- Session 3 Thurs 26 July
- Session 4 Thurs 9 August
- Session 5 Thurs 23 August
- Session 6 Thurs 6 September
- Session 7 Thurs 20 September
- SCHOOL HOLIDAYS
- Session 8 Thurs 18 October
- Session 9 Thurs 1 November

*Follow up phone calls with participants will be made by facilitators on the alternate week when there is no group, at an agreed time*

## Who to contact?

If you are interested in attending this group, please contact one of the facilitators:

**Jane Wallace Mon-Thur 6592 9906**

**Evelyn Henry Mon-Thur 6591 2465**

**Trish Preston Wed-Thur 6592 9696**



**Biripi Aboriginal Corporation  
Medical Centre**



## Reparative Parenting Program

An advanced training program for foster carers



## What is the Reparative Parenting Program?

We are inviting expressions of interest from carers who would like to attend a Reparative Parenting Program. We have consulted with many support services in the area and asked for workers to let us know about carers who may be interested in attending this program and you have been identified as a carer who may wish to attend.

The Reparative Parenting Program is a training program that provides foster carers and Kinship carers with practical, easy to use tools to care for children who have suffered trauma and attachment disruption and have challenging emotional and behavioural needs.

This program aims to increase your understanding, skills and resources in handling your child's difficulties in order to strengthen your relationship and increase the stability of the current placement. Placement stability is associated with a range of positive mental health, behavioural educational outcomes for children and young people in care.

## What is the structure of the program?

The program is run over nine 2.5-hour sessions run fortnightly, with one follow-up session.

The program sessions are designed around building a **house of therapeutic care** and will include:

- Understanding the impact of trauma and attachment difficulties for children in care
- Skills in building a firm relationship foundation with your child using “special play” and Emotion coaching.
- Developing safety plans for children in your care and how to look after you as well!
- Problem solving techniques and strategies to maximise wanted behaviour.
- Using limits to engage co-operation and help kids trust adults to be in charge.
- Picking the right strategy for the right situation
- Relationship repair

## Who is eligible to attend?

This course is aimed specifically at the foster and kinship carers of children and young people with challenging emotional and behavioural needs.

You must have at least one child who is in a placement with you under a long term care order.

It is NOT a one-off workshop; it is a cohesive treatment program.

It requires attendance, preferably by both carers, for most of the sessions. It is not just about training and education but also about providing you with support.

