

MARIST RUGBY



TERM 3 TRAINING SCHEDULE	
WEEK 3 I 27 JULY - 31 JULY	

LOCATION TIME	MONDAY 27-Jul	TUESDAY 28-Jul	WEDNESDAY 29-Jul	THURSDAY 30-Jul	FRIDAY 31-Jul	SATURDAY 1-Aug		
MORNING TRAINING: 7:00 - 8:15am								
McMahon Oval			YEAR 10 A/B		YEAR 7 A/B	INTERNAL		
Hayden Oval						TRIAL		
Flat 7	8					(ALL TEAMO)		
Flat 8						(ALL TEAMS)		
AFTERNOON TRAINING: 3:30 - 4:55pm								
McMahon Oval	TRACK AND FIELD	1st/2nd XV	PSS Training (Invited Players Only)	1st/2nd XV		INTERNAL TRIAL		
Hayden Oval	TRACK AND FIELD	YEAR 9	TRACK AND FIELD	YEAR 9				
Flat 7	YEAR 10	YEAR 8	YEAR 7	YEAR 8		(ALL TEAMS)		
Flat 8	YEAR 10	YEAR 6	YEAR 7	YEAR 5				