

BAIRNSDALE PONY CLUB TETRATHLON

Incorporation No. A0013201Y

Saturday 14th February 2026
Bairnsdale Pony Club Grounds
Racecourse Road, Bairnsdale.

Endorsed by East Gippsland Zone and PCV.

Part of the East Gippsland Zone Tetrathlon Series 2026.

Bairnsdale Pony Club in conjunction with Modern Pentathlon, invite you to participate in our Tetrathlon Event.

This event is open to Pony Club and non-pony club members.
Parents and Siblings can have a go too.

Unpowered camping, yards available, showers available at the racecourse, no cost.

CANTEEN IN OPERATION.

First aid will be in attendance

Entries to bairnsdalepc@gmail.com
Entries close Tuesday 10th February, 2026

All enquiries please contact Cassie O'Brien 0409 571327.

Non-riding
siblings and
friends can join
in the fun in the
pairs



Don't ride a
horse? You can
do the
Equathon
instead!

**Come down on Friday and ride at our School Sports
Gymkhana for a fun day out with like-minded equestrian
school friends and stay for the Tet too!**

TETRATHLON

Tetrathlon – 4 phases.

Swim, Run, Ride and Shoot.

Novice Tetrathlon – 4 phases.

Modified Program for our novice tetrathletes. including modified run/swim distances & jumping heights.

Equathon – 3 phases

Swim, Run, and Ride for competitors under 10 years of age.

Open Equathon – any 3 of the 4 phases.

Great for non-riding siblings/parents!!

ENTRY FEES:

Tetrathlon/Novice Tetrathlon - \$40

Open Equathon/Equathon - \$30

Non-rider pairs competitor - \$20 Pairs event - \$ 10 per team.

Individual Competition

The winner of a tetrathlon is the competitor with the highest score after competing in all phases. Males and Females will compete separately except in the Equathon divisions. However if classes have less than 3 males and 3 females classes may be combined.

Pairs event

Two competitors compete in 2 nominated phases each. This event is available to non-riding family members and friends as they can compete in the run, swim or shoot (if over 10years). Eg. Mum nominates for the Swimming and Running phases, Daughter nominates for the Shoot and the Ride phases

Competitors may nominate for more than one pair team however must pay the entry fee for each pair nomination.

Bairnsdale Pony Club invites everyone to come have a go at Tetrathlon. Just because you can't ride or can't swim doesn't mean you can't compete. We will do our best to accommodate anyone who would like to experience the sport of Tetrathlon and Equathon.

ATHLETE AGE IS TAKEN AS AT THE 1st of JANUARY, 2026.

EVENT SPECIFICS

Swim – to be held at the Bairnsdale Aquatic and Recreation Centre, 80 McKean St, Bairnsdale.

Age/Group	25+ years	17 – 25 years	13-16 years	10-12 years	Equathon (under 10 yrs)
Distance	200m	200m	200m	100m	50m
Novice Swim Distances	100m	100m	100m	50m	25m (noodle use is ok!)

Run – to be held at Bairnsdale Pony Club Grounds.

Age/Group	25+ Years	17+ Years	13-16 years	10-12 years	Equathon (under 10 yrs)
Distance	2000m	2000m	2000m	1000m	1000m
Novice Distances	1000m	1000m	1000m	500m	500m

Ride – to be held at Bairnsdale Pony Club Grounds

Show jumping Heights

Age/Group	25+ years	17+ Years	13-16 years	10-12 years	Equathon (under 10 yrs)
Official Height	85cm	95cm	85cm	70cm	50cm
Unofficial Heights	70/50cms	85/70cms	70/50cms	50cm	Cross rails

**** Riders can elect to jump an unofficial height if official is too high. However 200 points will be deducted for each level below the official height.

Laser shoot – to be held at the Bairnsdale Pony Club Grounds

Age Groups	Distance/shots per round/No of rounds
13-16years, 17-25years & 25 years+	10m / 2 rounds x 5 shots / 2 mins max each round
10 -12 years	7m / 2 rounds x 5 shots / 2 mins max for each round

SWIM PHASE - Completing the swim in optimum will earn you 1100pts.

The swim phase will be conducted over 25, 50, 100 or 200m depending on the age of the competitor. Competitors may nominate to swim at a lower level if they are not competent to swim the allocated distance however they will be deducted points. Competitors who swim faster than the optimum time can increase the optimum points

RUN PHASE

Completing the run within optimum time will earn you 1100 points. Competitors who run faster than the optimum time can increase their allocated points.

RIDE PHASE

Maximum points awarded for a clear round in the ride phase is 1400 points. Penalties will be deducted for rails, refusals and failure to negotiate the gate and post and rail within the 30 second windows allocated to the task, and also for time penalties. Riders can elect to jump a lower height than the official height however will be deducted 200 points for each drop in height.

SHOOT PHASE

Competitors will take two lots of 5 shots each at precision targets. Scores registered by the target will be added together to give the athlete their total points. Total points available in this phase is 1090. The shoot is conducted at either 7m or 10m from the target depending on the section entered. There will be an introduction to Laser Pistol for those who are not familiar with the guns prior to competition.

Rules for this competition can be viewed here:

<https://ponyclubaustralia.com.au/wp-content/uploads/2020/06/Tetrathlon-Rule-Book-PCA-2023.pdf>

CONDITIONS OF ENTRY

GENERAL:

1. Entering the competition constitutes acknowledgement that PCV rules apply and the acceptance of these rules.
2. Riding competitors **MUST** be current PCV, HRCav, EA or MPV members and must lodge their membership cards at the office prior to the commencement of competition. OR if you are not a member of an organisation which fulfils your insurance requirements or you can prove that you have personal liability cover of at least \$10,000,000 (must provide proof), a \$20 day attendance fee and completed Liability declaration form is required. If riders are unable to prove their graded level, a completed Attendance form is also required.
3. Queries, Protests, Horse Abuse as per the PCV Handbook of By-Laws.
4. Dogs **MUST** be restrained at your vehicle at all times.
5. Manure to be picked up from within yards and around floats and placed in bags provided.
6. No refunds given after the closing of entries except with a Vet or Medical Certificate supplied no later than 7 days after the event. A \$20 Administration fee will be deducted.
7. Neither the organising committee of this competition nor PCV or MPV accepts any responsibility whatsoever for any accident, damage, or illness to horses, riders, ground spectators or any other person or property.
8. The organising committee reserves the right to cancel any class or competition; divide any class; alter times; refuse entry with or without stating a reason.

Showjumping Phase

1. Competitors may only ride one horse.
2. No colts, Stallions or Rigs will be allowed on the grounds.
3. Horses/Ponies must be over 4 years of age.
4. Gear Check is required for all riders prior to the Showjumping phase. Rules as per the PCA National Gear Rules 2026.
5. Full Pony Club uniform or Showjumping attire must be worn during the showjumping phase.
6. Back protectors are not mandatory as there are no fixed cross country fences, however back protectors are encouraged.

Swimming Phase

1. Suitable swimming attire should be worn (bathers, swim shorts, rash shirts, etc.. No bikinis, denim shorts, loose clothing allowed).
2. Wet suits are not permitted.
3. Swim caps and googles recommended but not compulsory.
4. Equathon competitors may use a floatation device if needed to complete phase.
5. Any stroke can be used to compete swim. Competitors may start in the water if they want.

Running Phase

1. Running shoes with spikes not permitted. Competitors may not compete without a top on. Running singlets may be worn for this phase only. Club polo tops are preferred.
2. Use of Headphones, ipods or mobile phones not permitted.

Shooting Phase

1. Competitors must wear enclosed shoes (must not cover the ankle (ie. Boots) and a sleeved shirt.
2. Children under 10 years of age are not able to compete in the Shooting phase of the competition. They will compete in the Equathon.

Other Things to know:

Horses must be yarded whilst competitors are at swimming. The organising committee will appoint a volunteer to stay behind and keep watch on those horses whilst competitors and supporters are at the Pool.

Competitors are responsible for making their own way to and from the pool at BARC, 80 McKean Street.

There is no fee payable at the pool, this is covered in the entry fee.

AGE IS TAKEN AS AT THE 1st of JANUARY, 2026.

All Pony Club or affiliated competitors under 10 years can only compete in the Equathon and pairs events.

THE WINNER OF A TETRATHLON IS THE COMPETITOR WITH THE HIGHEST SCORE AFTER COMPETING IN ALL PHASES.

If you have any questions please do not hesitate to contact, Cassie O'Brien on 0409 571327.

Bairnsdale Pony Club Tetrathlon 2026

Competitor Entry Form

Competitor Name: _____ Date of Birth: _____ Age as at 1/1/2026: _____

Club/Association: _____ Membership No: _____ Gender: ☐ Male ☐ Female

Address: _____

Contact Phone No.: _____ Email address: _____

Event Type: ☐ Tetrathlon /Novice Tetrathlon (\$40) ☐ Open Equathon/Equathon (\$30)

Swim Length (if not doing official distance): ☐ 100m ☐ 50m ☐ 25m**
Jumping Height (if not doing official height): ☐ 85cms ☐ 70cms ☐ 50cms ** ☐ X rails**
Run Length (if not doing the official distance): ☐ 1000m ☐ 500m** ☐ 250m**

Competitor Name: _____ Date of Birth: _____ Age as at 1/1/2025: _____

Club/Association: _____ Membership No: _____ Gender: ☐ Male ☐ Female

Address: _____

Contact Phone No.: _____ Email address: _____

Event Type: ☐ Tetrathlon (\$40) ☐ Equathon (\$30)

Swim Length (if not doing official distance): ☐ 100m ☐ 50m ☐ 25m**
Jumping Height (if not doing official height): ☐ 85cms ☐ 70cms ☐ 50cms ** ☐ X rails**
Run Length (if not doing the official distance): ☐ 1000m ☐ 500m** ☐ 250m**

TOTAL Entry Fees: _____

Send Entry form and Pairs entry form to: Bairnsdalepc@gmail.com

Send payment to: Bairnsdale Pony Club - BSB 033-203 Acct No: 130789 Please use surname and club as reference.

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Pairs Entry Form

Please Tick which 2 phases each competitor will be using as part of their pairs team.

Competitor Name	Team Name	Age Group/Section	Swim	Run	Shoot	Ride	Total \$
Competitor Name	Team Name	Age Group/Section	Swim	Run	Shoot	Ride	Total \$
Competitor Name	Team Name	Age Group/Section	Swim	Run	Shoot	Ride	Total \$
Competitor Name	Team Name	Age Group/Section	Swim	Run	Shoot	Ride	Total \$
	Total Pairs Entry Fees						

