

Crash Re-enactment and High Impact Events

It is important to be aware that exposure to a high impact event may be triggering or distressing for certain students or staff members. As such, it may not be appropriate for all individuals to attend the event.

Individuals at risk for experiencing a heightened response to materials include:

- People who have been previously involved in a car crash
- People who have lost someone in a crash
- Individuals that have recently experienced a traumatic event and/or loss
- Anyone with significant mental health concerns.

It is also important to ensure that all participants at the event can access support if/when needed to ensure their mental health and wellbeing.

Schools should consider bringing their school psychologist, counsellor or chaplain to the event to support their students.

We recommend reaching out to services and providers that support the local community (e.g. Headspace; Youth Focus) for additional counselling support for the event.

Following the event, provide attendees with a list of specific information about where they can access support if attending has brought anything up for them. This may include their school counsellor, local therapy providers, or phone/online support services.

Anyone impacted by road trauma can access support by contacting:

Road Trauma Support WA

1300 004 814

Email us at admin@rtswa.org.au or visit www.rtswa.org.au

Visit us at Level 2, 297 Vincent Street, Leederville WA 6007

Monday to Friday from 8.30am to 4.30pm

Below are links to some useful information sheets:

For Anyone affected by a road crash

https://www.injurymatters.org.au/wp-content/uploads/2021/05/190919_RTS_Resource_ForAnyoneAffectedA4Flyer.pdf

After a road crash

https://www.injurymatters.org.au/wp-content/uploads/2021/05/191012_RTS_Resource_AfterACrashA4Flyer-RGB.pdf

Should you require printed copies of these resources, create an account and order for direct delivery through <https://injurymatters.getquickmail.com/>