



BALANCING SCREEN TIME FOR FAMILIES

Wednesday 26 February 2020
10am - 12pm

This interactive workshop is designed to support your understanding of the effects of too much screen time on children and the impact on families.

In this workshop you'll discover:

- The impact screen time has on families
- The characteristics of a balanced family in our digital world
- How to develop healthy family boundaries
- Green time vs Screen time

For all bookings and enquiries please contact Danielle Rayner on 0437 218 573.

Location

Blair Athol North
Children's Centre
5 Marmion Avenue
Blair Athol

Facilitator

Mary Raschella
Parenting Educator

Cost - FREE

Creche provided
(Bookings essential)

Refreshments
provided

