



Technology Contract

Use of devices and access to the internet is a privilege not a right.

I _____, agree to the following rules:

- No use of devices after _____ pm.
- No devices in bedrooms.
- Daily screen time limits: _____ hour/mins school night & _____ hour/mins weekends.
- Devices are banned during (e.g., dinner): _____, _____, _____
- Not share my passwords with anyone, other than my parents.
- Not download, make purchases or register for any games or apps without asking a parent first—as they all have minimum age requirements.
- Not share my real name, age and address when gaming, posting, messaging or talking to strangers online.
- Not take or share photos of others (including friends) without their permission.
- I will tell a parent or another trusted adult if anything makes me feel uncomfortable, or if a stranger contacts' me online.
- Be an Upstander and take action when I see online bullying.
- Be kind to people online, offline – all the time.
- I will tell my family if I have made a mistake online or need help.

I fully understand the above rules. If I disobey any of these rules, there will be a consequence and I will lose use of my device until further notice.

Date ___ / ___ / _____

X _____

Signed by me

X _____

Signed by my parent/caregiver