

# Summer Menu

Wednesday and Friday from 8.30am • Please note: Sushi must be ordered by 8.45am, or pre-ordered  
 • Orders must be placed by 9.00am • See the board/Facebook for weekly specials

White Gum Valley Primary School follows the Healthy Food & Drink Policy Traffic Light System.

Green items are every day choices and Amber items should be consumed in moderation: • Green Light • Amber Light

Dietary requirements can be considered, have a chat with Bev. GF Gluten Free V Vegetarian

## Recess BROWN BAG

- Cheesie \$1.50
- Popcorn (small bag) GF \$0.50
- Apple Slinky GF \$1.00
- Yoghurt (dip pot) GF \$1.50
- Fruit Kebab GF \$1.50
- Chocolate Cupcake GF \$1.50

## Drinks

- Water 600ml GF \$1.50
- Fruit Smoothie GF \$2.00
- Hi-Lo Milk GF \$1.50
- Cold Milo \$1.50
- 100% Fruit Juice Box GF \$1.50

## Lunch WHITE BAG

- Mac & Cheese V \$5.00
- Nachos with baked beans, sour cream, salsa and cheese GF, V \$5.00
- Toasted Baked Bean Jaffle V \$4.00  
with cheese V \$4.50
- Baked Potato, Wraps or Sandwiches (sandwiches prepared fresh with wholemeal bread, GF available)  
One filling \$3.50  
Two fillings \$4.00  
Three fillings \$4.50  
Choose from: baked beans, sour cream, ham, cheese, tomato, chicken, tuna, salad, egg, Vegemite.  
Please let us know if you would like it toasted.
- Vegetarian Pizza (GF base available) V \$4.50
- Ham and Cheese Pizza (GF base available) \$4.50
- Chicken Sushi (6 pieces) \$5.50
- Tuna Sushi (6 pieces) GF \$5.50
- Vegetarian Sushi (6 pieces) V \$5.50
- Meat Pie \$4.70
- Home-made Sausage Roll \$3.50
- Home-made Spinach & Ricotta Roll V \$3.50
- Sauce \$0.30

## Lunchtime treats

- Popcorn (small bag) GF \$0.50
- Apple Slinky GF \$1.00
- Fruit and Yoghurt Pops GF \$1.50
- Yoghurt (dip pot) GF \$1.50
- Quelch Icy Pole  
Half \$0.50  
Whole \$1.00
- Ice Cream Tub (light) \$1.50



**WHITE GUM VALLEY**  
PRIMARY SCHOOL