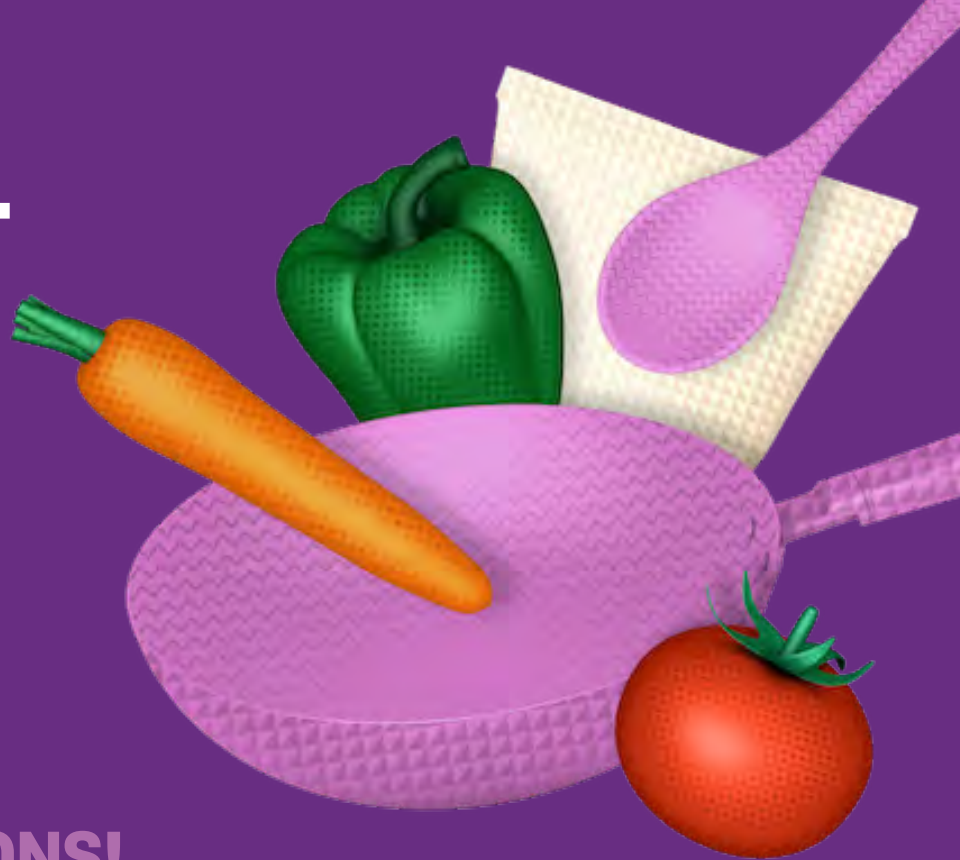


# SCHOOL BREAKFAST CLUBS PROGRAM COOKING CLASSES

## THANK YOU & CONGRATULATIONS!



Foodbank Victoria, in partnership with the Department of Education, would like to congratulate your school, students and families on successfully completing the Cooking Classes program. We hope the recipes have provided some great inspiration for healthy and delicious meals at home.

We would love to share some photo highlights of the program with your school community.

During Term 3, the program was delivered in eight schools and 320 take home Recipe Boxes were distributed to participating families to try out the recipes at home.

Thank you from Foodbank Victoria and the School Breakfast Clubs Program Cooking Classes team — Emma, Jane, Katie & Alanna.



Emma



Jane



Katie



Alanna



Department  
of Education



**To continue exploring all things 'food' – please jump online to find out more. See below for some more inspiration!**

#### **Nutrition Australia**

Provides fantastic fact sheets and delicious, easy-to-follow recipes.

[www.nutritionaustralia.org](http://www.nutritionaustralia.org)

#### **Healthy Eating Advisory Service (HEAS)**

Download a free 150+ recipe booklet filled with affordable, fresh recipes!

[www.heas.health.vic.gov.au](http://www.heas.health.vic.gov.au)

#### **Ceres Community Environment Park**

Workshops and courses including: permaculture, small-space gardening, backyard beekeeping and more!

[www.ceres.org.au/school-of-nature-and-climate/](http://www.ceres.org.au/school-of-nature-and-climate/)

#### **Dietitians Australia**

Check out Dietitians Australia's Smart Eating Fast Facts and simple, healthy recipes.

<https://dietitiansaustralia.org.au/>

#### **VicHealth**

Be Healthy is a blog created by VicHealth for people looking for information they can trust on a range of topics, including healthy eating.

[www.vichealth.vic.gov.au](http://www.vichealth.vic.gov.au)

#### **Eatforhealth**

Easy to understand, printable guidelines, posters and tips for healthy eating.

[www.eatforhealth.gov.au](http://www.eatforhealth.gov.au)