



Time 4 dads workshop

Wednesday 19 and 26 November, 7 - 9pm

A practical, judgment-free workshop for dads of young people (ages 10–20), providing tips and tools supporting connections between dads and their young people.

Led by men and families therapist Adrian Workman, this is your chance to grow and build stronger relationships.



Scan to book
Tramshed Hall, Narrabeen
\$25. Bookings essential