

Disability SA

Qualified, skilled and experienced Developmental Educators, Occupational Therapists, SLES Consultants, Therapy Assistants, Support Workers and Mentors who are committed to offering holistic, individualised and tailored services.

Extensive professional experience as well as lived experience with neurodiversity.

Passionate about providing advocacy supports in environments such as schools, workplaces and out in the community to support participant's and their family's voices to be heard.

www.disabilitysa.com.au

Improving quality of life through fostering growth and independence in areas including social and emotional regulation, social skills, activities of daily living, fine and gross motor skills, coping strategies and mindfulness.

Contact Us For More Information

 (08) 8568 5107

 www.disabilitysa.com

 admin@disabilitysa.com.au

Disability SA



Specialising in:

- Developmental Education and Occupational Therapy
- STA / Respite - Middleton and Birdwood
- Therapy Assistance
- Parent Support Groups and Retreats
- Advocacy in Schools and Community
- Assessments - Sensory Profiles and Functional Capacity Assessments
- School Leaver Employment Support (SLES)
- Therapeutic Groups

Services offered at Disability SA

Short Term Accommodation (STA) / Respite:

Disability SA specialise in supporting Neuordiverse children, adults and their families. Disability SA have two beautiful STA locations for respite stays:

Ollie's Place

Located in the Adelaide Hill's township of Birdwood.

Middleton Beach House

Located in the beachside location of Middleton.

Disability SA offer structured, planned support around a participant's individual needs during their STA stay, with a wide variety of engaging and meaningful activities offered.

Social Skills and Mindfulness Classes:

- 'What's the Buzz?'
- Lego Club
- Mindfulness/meditation classes and retreats for children, teens and adults

Therapy Assistants:

Under the guidance of a DE or OT, Therapy Assistants work alongside participants and their families, school or work, and other key stakeholders to facilitate individualised supports to work towards achieving their NDIS and life goals.

Developmental Educators:

DE's provide individualised supports to participants across the lifespan to increase their level of independence and quality of life. This may include skill building in:

- Social and emotional intelligence
- Building resilience and coping strategies
- Executive functioning
- Social communication
- Goal setting
- Community participation
- Sensory awareness

Occupational Therapists:

OT's provide individualised supports to participants across the lifespan, promoting health and wellbeing through increasing capacity and independence in everyday life. This may include assessment and skill building in areas of:

- Assistive technology
- Home modifications
- Activities of daily living
- Self-care activities
- Fine and gross motor skill development
- Sensory awareness

Advocacy in Schools and Community:

Disability SA's team of DE's and OT's provide advocacy within a participant's school, workplace or community to provide an extra voice to ensure that their wants, needs and human rights are communicated and actioned on.

Assessments:

Disability SA's team of DE's and OT's are trained to administer and interpret a variety of adaptive skill and sensory preference assessments which are used to write comprehensive **Functional Capacity Assessments** and **Sensory Profile** reports.

Parent Support Groups and Retreats:

Disability SA's parent support groups provide a safe and supportive environment where parents can share experiences, successes and challenges. Led by our skilled therapists, these groups focus on stress reduction techniques and building a community of understanding and support.

School Leaver Employment Support (SLES):

Providing support in areas such as career counselling, goal setting, preparing for work or study, confidence and capacity building, work experience opportunities and coaching. Disability SA support participants every step of the way through the life transition of leaving school into further study or into the workforce.

Art Therapy:

Unlock your child's potential with our Art Therapist. Skill building in self-esteem, communication, creativity and emotional resilience through expressive art therapy sessions.