

Shepp High Café Menu

The café is open for breakfast, recess & lunch. We have EFTPOS (minimum \$5 no cash out). For speedy service you can pre-order your lunch before school or at recess, bags are available at the lunch order table.

BREAKFAST 8:30 – 8:50

Hash Brown (oven baked)	1.00	Breaky Wrap (Egg, bacon, hash brown, cheese)	3.00	Cheese Toastie	2.00
Tomato & Cheese Toastie	2.50	Ham & Cheese Toastie	2.50	Ham, Cheese & Tomato Toastie	3.00
Egg & Cheese Roll	3.50	Bacon & Egg Roll	3.50	Bacon, Egg & Cheese Roll	3.50
Bacon, Egg, Cheese & Hash brown	4.00				

ROLLS & SANDWICHES – White round or long roll, white bread

Standard Rolls					
Plain Roll	1.50	Vegemite Roll (with butter)	2.00	Pizza Base	2.50
Plain Cheese & Bacon Roll	2.50	Ham & Cheese	2.50	Egg & Lettuce	3.00
Tomato & Cheese	2.50	Salad (lettuce, tomato, beetroot, onion, carrot, cucumber)	3.00	Cheese & Salad	3.50
Roast Chicken	3.50	Roast Chicken, Lettuce & Mayo	3.80	Mixed Sandwiches – 3 point	4.50
Ham & Salad	4.50	Roast Chicken & Salad	4.50	Cheese/Bacon & Salad	4.50
Extra – Margarine	.30	Extras: Beetroot, Pineapple, Bacon, Egg	.50 each		

WRAPS (Gluten Free Available – must order see other menu)

Standard Wraps All 6.00		Available Toasted, Warmed or Fresh	
Salad (Lettuce, cheese, tomato, carrot, onion, cucumber, mayo)		Egg & Salad	Chicken, Lettuce, Cheese & Mayo
Chicken & Salad		Sothern Chicken, Cheese, Lettuce, Mayo	Sweet Chilli Chicken & Lettuce
Gourmet Wraps		Available Toasted, Warmed or Fresh	
Breaky Wrap (Egg, bacon, hash brown, cheese, tomato sauce)		Lamb, Feta, Fresh Salsa & Lettuce	Caesar – (Lettuce, chicken, egg, bacon, croutons, Parmy cheese & Caesar dressing)
Fish & Salad Wrap			
Build your own Wrap from \$6.00		Available Toasted, Warmed or Fresh	
Meat		Chicken Strips – Sweet Chilli, southern chicken, Salt & Vinegar Fish Roast Chicken Ham	
Salad		Lettuce, Tomato, Cheese, Onion	
Sauce		Tomato, BBQ, Mayo, Peri Peri, Sweet Chilli, Tzatziki, Tomato Salsa, Garlic Aioli, Caesar	
Extras	.50 each	Bacon \ Pineapple \ Beetroot \ Egg – fried \ Egg – Boiled & Sliced	

SALAD TUBS – served with dressing & a Spork

Salad (Lettuce, tomato, cucumber, carrot, onion)	4.00	Ham & Salad	5.00	Roast Chicken & Salad	5.00
Fish & Salad	5.50	Chicken Strip & Salad (Sweet Chilli, Southern or Salt & Vinegar)			
		Chicken Caesar Salad (Chicken, Lettuce, Parmy cheese, bacon, egg, croutons & Caesar dressing)			
		5.50			
Dressings available with salad		Balsamic	\	Caesar	\
Extras		.50 extra	Bacon	\	Pineapple \ Beetroot \ Egg – boiled & sliced

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HOT SNACKS – available Recess only

Hash Browns	1.00	Chicken Strips – Sweet Chicken, southern chicken, Salt & Vinegar	1.20
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LUNCH – from the Hot Food Bar

		Vol-au-vent (Chicken, veggies & Cheese)	3.50	Sausage Roll (term 2 & 3 only)	3.50
Roast Lamb & Gravy Roll	3.50	Hot Dog with Cheese	3.50	Roast Chicken & Gravy Roll	3.50
Chicken Schnitzel & Gravy Roll	4.00	Hot dog – plain	3.00	Pie (term 2 & 3 only)	4.50
Fillet of Fish (in a bread roll with lettuce & mayo)	4.50	Nachos (Salsa, Cheese & Sour Cream)	4.50	Potato Wedges (sour cream & Sweet Chilli Sauce)	4.00
		Wedges & Fish (with lemon)	5.50	Wedges & 2 Chicken Strips (Sweet Chilli, Southern or Salt & Vinegar)	6.00
		Lamb Souvlaki (lamb, lettuce, tomato, tzatziki sauce)	5.00		
Standard Burgers All 5.00 - All burgers come with Lettuce, Tomato, Onion & Cheese					
Beef Burger - Tomato Sauce		Mexican Beef Burger –Salsa		Mexican Chicken Burger – Salsa (Flame Grilled or Crumbed)	
Veggie Burger – Tomato Sauce		Crumbed Chicken Burger - Mayo		Flame Grilled Chicken Burger – Mayo	
Build Your Own Burger from 5.00					
Meat		Beef Burger Crumbed Chicken Burger Flame Grilled Chicken Burger Veggie Burger Fish			
Salad		Lettuce, Tomato, Onion, Cheese			
Sauce		Tomato, BBQ, Mayo, Peri Peri, Sweet Chilli, Tzatziki, Tomato Salsa, Garlic Aioli, Caesar			
Extras	.50 each	Bacon Pineapple Beetroot Egg – fried			

DRINKS – from the Café Bar (Soy Milk available)

Tea	2.50	Chai Tea	2.50	Cappuccino	3.50
Hot Chocolate	3.50	Latte	3.50	Mocha	3.50
Chai Latte	3.50				

DRINKS – Cold

Primas	1.50	Cool Ridge Water 600ml	2.00	Kyneton bottles	2.50
		750ml	2.80		
Up & Go – assorted	2.50	Schweppes bottles 450ml	3.00	Daily Juice - 500ml	3.00
Big M - 600 ml	3.60				

MISC.

Spoon / spork	.10	Foam /Plastic Cup	.10	Dressing (with no purchase)	.30	Sauce (with no purchase)	.30
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