



ARE YOU BETWEEN 5 AND 15?

COME N' TRY LITTLE ATHLETICS

Competition starts Saturday October 6th

**ALL ABILITIES
WELCOME!**

**Weekly Skills Training on Tuesdays 5-6pm
including through September school holidays**

Little Athletics offers children the opportunity to learn fundamental motor skills.

At our **weekly training sessions** experienced coaches conduct a number of rotations through the disciplines of running, jumping and throwing in a fun and supportive environment. This is split into:

On-Track Program for athletes aged 5-7 years

Running and Field Event Disciplines for athletes aged 8-15 years

Meet at 5pm each Tuesday at George Knott Athletics Track, Heidelberg Road, Clifton Hill

2018-19 Season Fees \$190 (\$35 sibling discount) includes weekly training, Summer Season (Sept – March) and Cross Country (April – July)

At our **weekly competitions** (held on a mix of Friday nights and Saturday mornings):

Athletes aged 5-7 years complete the On-Track skills program & compete in 1-2 events over <2 hrs

Athletes aged 8-15 compete in 4-5 events over 2-3 hours

Due to the resurfacing of our track, the first part of the competition season will be held at **Tom Kelly Athletics Track**, Rieschiecks Reserve, 123 George Street, Doncaster East

Online Registrations at www.lavic.com.au

New Athlete Enquiries to info@clac10.org.au or 0405 353 105

www.clac10.org.au Facebook: CLAC10

