

Parent Wellbeing Information Session

At Huntingdale Primary School we are holding a parent wellbeing information session based around the topics of managing emotions, forming positive relationships and anxiety. These topics were identified by our parent community in a survey last term. The details are as follows:

Date: Wednesday 29 May 2024

Morning session: 9.15am- 10.15am

Repeat Evening Session: 5.30pm- 6.30pm

Venue: Library

*Light refreshments will be served.

*For the evening session, we encourage families to use Team Kids if they need their children to be supervised.

Sign Up: Please sign up for one or both sessions using the following link:

<https://signup.zone/wy5otpEEnii33C4m6>

About the Presenter



Maria Ruberto is the Director of Salutegenics Psychology. She is a well renowned psychologist who has worked with Huntingdale staff and a number of schools in our region on wellbeing. You can read more about Maria here:

<https://www.salutegenics.com.au/maria-ruberto/>

If you have any questions, please contact the school.

