

OSHClub ==

June 2023



Coming Up

June

3rd

June 5th

June

8th

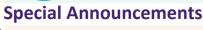




ewsletter







waste.

Let's celebrate friendship.

What's been happening...

Fuel For Your Bodies

Hello to our families and children!

Over the last two weeks we have been focusing on our healthy eating and what goes into our bodies. We have been exploring healthy and yummy foods and been finding ways for children to be Involved in the preparation and serving of their food as much as possible.

In the morning Rise then Shine sessions children have started helping to chop food, and make their own breakfasts themselves with supervision, they have been making fruit smoothies, baked goods, eggs on toast and banana pancakes.

During the afternoon Stay and Play sessions the children serve and choose their own food from a range of fruits to a variety of healthy hot meals. We have been researching with the children and getting them to choose what we will eat focusing on it being nutritious and delicious.

They have been engaging very well with healthy eating and trying new and different things. They were heavily involved in the planning, preparing, and serving of the meals and expressed enjoyment for being a part of it. We will continue to Implement these practices further with the children.

That's all from us at OSHClub, Have a wonderful few weeks;)

New Coordinator - Michaela

Mabo Day

Indigenous Inspired mural.

Best Friend's Day

World Environment Day

Make a boat out of plastic and cardboard

Hi families, this Is an announcement to Inform you that over the last two weeks that I, Michaela have taken over as coordinator for this service in place of Maria. If you need assistance just let me know:)

Holiday Program and Pupil Free Day

The holidays are nearly here, book in now, they start 26th June-7th July. All families have been emailed a copy of the themes list for the holidays.

Just reminding families that we have a pupil free day on Friday the

Children's Clubs

