

CAREERS NEWSLETTER 22 JUNE, 2026



INVITATION TO JOIN JOB JUMP

We warmly encourage all **parents and students** to register for **Job Jump**, an excellent careers platform that supports young people as they explore future pathways.

Job Jump provides:

- Up-to-date information on tertiary study options, ATARs, apprenticeships, and TAFE pathways.**
- Tools to create a resume**, helping students present their strengths professionally.
- Customised news alerts** so families stay informed about important deadlines and opportunities.

Both parents and students can benefit from clear guidance and timely updates as they plan— whether that's choosing senior subjects, exploring university courses, or considering vocational training.

To register, simply visit:

<https://www.jobjump.com.au/register> and visit Careers 2026 on Canvas to access sign up details.

We hope you find Job Jump a valuable resource in supporting informed and confident career decision-making.

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.



To contact Ms. Hall please email chall@stpiusx.nsw.edu.au or call 9414 4733.

Events

THIS WEEK'S EVENTS

Journey to Sydney: Support Your Young Person to Achieve – Webinar for Parents

Organisation: University of Sydney

Location: Online

Date: June 22, 2026

We invite you to join us for a practical and engaging session designed to empower you in supporting your young person's journey to university. From now through to offers and enrolment, we'll walk you through the key milestones, dates, and preparation tips to help ensure they're set up for success.

In this webinar, we'll cover:

How to navigate the preference process and make the most of the website, events program, and other resources available to you

Important dates and requirements for applications, scholarships, and more

Ways to support your young person's decision-making and help them prepare for a range of outcomes

Additional factors to consider when choosing a study path

Alongside the practical information, you'll also hear directly from a parent who has successfully supported their young person through their final year of school and into university—sharing valuable insights and real-life experience.

Whether you're just starting to explore options or are deep into the process, this session will provide clarity, confidence, and connection.

[Find out more](#)

MySydney Entry and Scholarship Scheme Webinar

Organisation: University of Sydney

Location: Online

Date: June 23, 2026

Find out how you can enter your dream degree with the MySydney Entry and Scholarship Scheme for students residing in low socio-economic areas. Hear about the great benefits offered, including adjustment factors to boost your selection rank, a \$8,500 per annum scholarship and a range of ongoing support throughout your studies. Find out what you need to know about eligibility criteria, how to apply, frequently asked questions and more!

[Find out more](#)

SCU Live Talks: Parent Information Evening

Organisation: Southern Cross University

Location: Online

Date: June 23, 2026

Here at Southern Cross University, we are organising an exclusive session designed specifically for parents and students in Years 11 & 12 and encourage you to join us for an upcoming Parents Information Webinar.

The session will cover a wide range of topics, including:

- How to apply



- Taking advantage of our early entry application
- Why SCU
- Scholarship opportunities
- Understanding costs
- Support services
- Uni life and global opportunities

[Find out more](#)

SAE Online Info Session: Design

Organisation: SAE University College

Location: Online

Date: June 23, 2026

Discover how our courses prepare you for career paths in visual communication, branding, UX/UI and digital design. Hear directly from industry pros and see how our students build portfolio-ready work through real projects and collaborations.

Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

SAE Online Info Session: Creative Industries

Organisation: SAE University College

Location: Online

Date: June 23, 2026

From content creation and digital media to project management and creative direction, SAE's creative industries courses are designed to give you adaptable skills for a fast-moving industry. In this session, you'll see how you can shape your own creative pathway and build a career that evolves with you.

Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

SAE Online Info Session: VFX & Virtual Production

Organisation: SAE University College

Location: Online

Date: June 24, 2026

This exclusive Online Info Session gives you a front-row seat to all things VFX and virtual production at SAE! Discover how SAE prepares you for careers in film, games and digital media. You'll explore how students create high-quality visual work using industry-standard tools and workflows.

Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

SAE Online Info Session: Computer Science

Organisation: SAE University College

Location: Online

Date: June 24, 2026

Build the skills to shape the digital world, from secure systems to powerful software. Learn how SAE's computer science courses equip you with practical, job-ready skills in cyber security and software development. This session will highlight how hands-on projects and industry insights prepare you for in-demand tech careers.



Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

Study and Career Options in Occupational Therapy at the University of Sydney – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: June 24, 2026

Interested in supporting people live a fuller life? Join us for this informative webinar to learn what occupational therapists do, explore the Bachelor of Applied Science (Occupational Therapy) at the University of Sydney, hear about work-based placements and student life, and get guidance on entry pathways. Join us live with the Program Director and get answers in the Q&A.

[Find out more](#)

Te Herenga Waka—Victoria University of Wellington Degree to Career: Space Science – Webinar for International Students

Organisation: Te Herenga Waka—Victoria University of Wellington

Location: Online

Date: June 24, 2026

Find out more about studying Space Science at Victoria University of Wellington. Join us to hear from our academics and learn about study options and career pathways.

These online sessions will focus on requirements for international students and specific study options that you might enjoy.

[Find out more](#)

CSU Engineering information night

Organisation: Charles Sturt University

Location: Online

Date: June 25, 2026

Thinking about a career in engineering? Don't miss out on our online engineering info night.

Pursue a rewarding career, connect with industry and learn hands-on skills to change the world.

We've got all the info you need if you're interested in studying our [Bachelor of Engineering \(Honours\)](#).

Parent, carer or career adviser? This event is for you, too! You can ask us any questions you like in an open, welcoming environment, and come away with all the info needed to make big decisions about future study.

[Find out more](#)

Applying to Sydney Without an ATAR – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: June 25, 2026

This presentation is suitable for domestic applicants who would like to apply for a bachelor's degree.

This session will provide an overview of the non-ATAR qualifications we recognise for entry into our undergraduate degrees, including historic Year 12 qualifications, tertiary study, diplomas, university preparation programs, and the Skills for Tertiary Admissions Test.

[Find out more](#)



How Computational Mathematics Powers the Modern World – Discover Lecture Series with Macquarie

Organisation: Macquarie University

Location: Macquarie University, Wallumattagal Campus

Date: June 25, 2026

Since the earliest days of computing in the 1950s, computational mathematics has been quietly reshaping the world around us. From the algorithms that simulate climate and weather to those that enable medical imaging, advances in computational mathematics sit at the heart of modern technologies that define our world today. This talk will illustrate some of the big ideas in computational mathematics, including some of Associate Professor Stuart Hawkins' favourite innovations.

We'll then look at the techniques behind Professor Hawkins' own research on simulating sound and light waves in complex materials and in the atmosphere. Together, these examples reveal how computational mathematics makes it possible to model the invisible forces that shape our world.

This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.

[Find out more](#)

Western Sydney Careers Expo 2026

Organisation: Resources for Courses

Location: The Dome - Sydney Showground

Date: June 25 to June 27, 2026

The Western Sydney Careers Expo 2026 is Sydney's biggest education and career event, designed to help high school students, parents, teachers, and jobseekers explore study and employment pathways. It brings together universities, TAFEs, training providers, employers, and career advisers in one location to provide practical information about courses, apprenticeships, and career options. The event aims to support informed decision-making about future study and work choices through exhibits and seminar presentations.

[Find out more](#)

UOW Open Day 2026, Wollongong

Organisation: University of Wollongong

Location: University of Wollongong, Wollongong Campus

Date: June 27, 2026

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our amazing Wollongong campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

UOW Open Day also caters to graduates who are considering further study, offering one-on-one consultations with postgraduate course experts. Whatever your education or career goals, our staff are able to answer your questions.

[Find out more](#)

NEXT WEEK'S EVENTS

UOW Early Admission Webinar – Ace Your Application

Organisation: University of Wollongong

Location: Online

Date: June 29, 2026



UOW Early Admission is our early offer program for students completing Year 12 (Higher School Certificate or other Australian equivalents) or the International Baccalaureate Diploma during 2026. This webinar is your chance to ask any questions and find out how to get an offer to UOW before you sit your first exam.

Here's what we'll cover in the webinar:

- Key Dates
- Application process
- Answering the four short questions
- Scholarships
- Offers

[Find out more](#)

UOW Future Talk for Parents – Early Entry

Organisation: University of Wollongong

Location: Online

Date: June 29, 2026

Year 12 can be a stressful time for students and for the parents and carers supporting them. With big post-school decisions ahead, these sessions are designed to provide clarity, reassurance and practical advice to help you navigate the year with confidence.

Across the program, you'll gain insights into:

- Supporting students through the HSC and common challenges
- Understanding UOW degrees, pathways and study options
- How AI and emerging technologies are shaping degrees, careers and the future workforce
- Navigating university applications, Early Admission and UAC
- Financial planning for university, including scholarships, budgeting and accommodation
- Accessing UOW support services for a smooth transition to university
- Connecting with other parents and carers in a supportive environment

You'll also receive regular emails with practical tips, resources and expert advice to help you and your young person feel informed, prepared and supported throughout Year 12 and beyond.

[Find out more](#)

Where to Now? Careers Workshop, Springwood

Organisation: Inspiring the Future

Location: YES Youth Employment Services Springwood

Date: June 29, 2026

Join us at YES Youth Employment Services in Windsor for a free, interactive session focused on exploring your career options and working out what your next steps could be and what supports are available for you.

This session will help you:

- Learn how your interests and what you're good at could link to a future career
- Explore different directions you could head in based on your interests
- What supports are available to you

We'll use simple, interactive activities (using your phone) along with group discussions in a relaxed and supportive space.

Whether you're not sure what's next or you're ready to start making moves, come along, get some practical tips, and connect with others who are figuring things out too.

[Find out more](#)



Debating Holiday Camps for Year 5-12 Students

Organisation: Speakers' Corner Australia

Location: Chatswood Library & Online

Date: June 29 to July 17, 2026

This camp will be focused entirely on comprehensive debating techniques and knowledge.

For Year 5-6: Focus on public speaking and debating skills, enhancing communication and expression.

For Year 7-8 and Year 9+: Intensive debating sessions to further develop skills. Involving seminars, theory, practice debates, preparation, debating exercises and all-encompassing feedback.

[Find out more](#)

Notre Dame Early Offer Information Session, Sydney

Organisation: University of Notre Dame Australia

Location: University of Notre Dame, Broadway Campus

Date: June 30, 2026

Join us at our Broadway campus to hear about Notre Dame's Early Offer program, scholarships and fees, alternate entry pathways and the student experience, plus get a faculty overview of new programs.

If you're a Year 12 student, this program could be just what you need to secure a place at a university that values your growth as a person, not just your academic achievements.

- Gain recognition for community service, extracurricular activities and other non-academic achievements.
- Feel secure and confident in what next year brings as you work towards your final exams.
- Apply for Notre Dame scholarships valued at \$20,000 based upon merit or opportunity.

[Find out more](#)

ACPE Careers in Sport Day

Organisation: Australian College of Physical Education

Location: Australian College of Physical Education

Date: July 3, 2026

For the lovers of sport; ACPE presents you with a day that is packed with information presented by special guest speakers from the sport industry. From education and sport degrees to taking your first steps into the sport industry as your career path, you can immerse yourself in interactive panel discussions and workshops. You'll also have the chance to mingle and network with likeminded individuals, and rub shoulders with professionals working in the sport industry.

Come along and have a great day in the sport hub of Sydney Olympic Park, and take your first steps into a career in sport.

Unlock your access to successful careers in sport:

- Gain invaluable insights from industry professionals
- Discover the range of job opportunities in the sport industry
- Identify the attributes and experiences it takes to be successful in sport
- And much more!

Careers in Sport Day is perfect for:

- Anyone looking to turn their passion for sport into a career
- Year 11 and 12 students
- Career advisors and school teachers

[Find out more](#)



WSU Open Day 2026

Organisation: Western Sydney University

Location: Western Sydney University, Parramatta South Campus

Date: July 5, 2026

Open Day is coming to Western on Sunday 5 July 2026, from 10am–4pm at our Parramatta South Campus.

Explore your study options, attend course information sessions, and meet our academics and students. Experience uni life and see all that Western has to offer!

Ask questions, see things up close, and get a clear sense of where your next step could take you.

[Find out more](#)

FUTURE EVENTS

Sydney Design School Introduction to SketchUp Workshop

Organisation: Sydney Design School

Location: Sydney Design School

Date: July 6 to July 8, 2026

Looking to extend your presentation skills? Create detailed 3D models using this intuitive and easy-to-learn program.

Over 3 days you will be introduced to the fundamentals of SketchUp enabling you to create realistic floor plans and 3D models. You'll use the 3D Warehouse, the world's largest online library, to import furniture and lighting.

[Find out more](#)

NYSF STEM Hub for Year 10-12 Students, Sydney

Organisation: National Youth Science Forum

Location: Sydney

Date: July 7 to July 9, 2026

Are you in Year 10, 11 or 12 and curious about where STEM could take you? Join us for an immersive, non-residential experience that connects you with real study options and career pathways in science, technology, engineering and mathematics.

As part of the STEM Hub experience, you can:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with other like-minded students from all over Australia, and
- attend social events.

The NYSF Sydney STEM Hub will include visits to leading institutions and organisations including UNSW Sydney, ADF Careers, University of Technology Sydney, Atlassian, Macquarie Uni and more. This exclusive NYSF experience includes behind-the-scenes access, direct engagement with experts, morning tea and a \$10 lunch voucher to use on campus.

The fee covers all programmed visits and activities, as well as daily program transport. Transport to and from Sydney and accommodation requirements are the responsibility of the attendee. STEM Hubs are non-residential.

[Find out more](#)

UNSW Future Creators' Day for Year 10-11 Students

Organisation: University of New South Wales



Location: University of New South Wales, Paddington Campus

Date: July 7, 2026

Future Creators' Day is a hands-on experience for Year 10 and 11 students passionate about creativity, design, and visual storytelling. Hosted by UNSW Arts, Design & Architecture, this event is the perfect opportunity to explore future study and career paths in the creative industries.

Join us on campus for a day of immersive workshops led by expert academics and industry professionals. Get a taste of our newly offered Game Art specialisation, along with workshops in Animation, Painting, Textiles & Fashion Design, Object Design, and Graphic Design. Whether you're interested in digital art, interactive storytelling, or traditional design disciplines, this event is designed to help you develop your skills and discover your creative potential.

Connect with like-minded students, experience university life, and gain insights into studying at UNSW. Future Creators' Day is your chance to turn your creative passion into a future career.

[Find out more](#)

Discover ACU Strathfield: Early Childhood, Primary and TAS Secondary Education

Organisation: Australian Catholic University

Location: Australian Catholic University, Strathfield Campus

Date: July 7, 2026

Are you passionate about making an impact in the lives of young people? Do you want to inspire the next generation through teaching? At ACU, you'll learn how to turn your passion for education into purpose: shaping minds, inspiring curiosity and helping students to thrive.

Join us for Discover Early Childhood, Primary and TAS Secondary Education, an engaging event designed for students in Years 10 – 12 who want to explore a rewarding teaching career. Take part in hands-on workshop, meet our education experts, and find out what it's really like to study teaching at ACU.

[Find out more](#)

Discover ACU Strathfield: Exercise and Sports Science and Biomedical Science

Organisation: Australian Catholic University

Location: Australian Catholic University, Strathfield Campus

Date: July 7, 2026

Are you fascinated by how the human body works, moves and performs? Or curious about the science that helps diagnose disease and improve health?

Come and experience what it's like to study exercise and sports science or biomedical science at ACU. Step inside our specialist biomechanics and human performance laboratory, where you'll see how cutting-edge technology is used to analyse movement, measure force, track motion and understand the science behind athletic performance. You'll also explore how biomedical science students investigate the building blocks of life through biology, chemistry and anatomy, preparing for careers in medical science, research, pathology and health innovation.

Plus, you'll meet our expert academics and hear from current students about where a degree in these fields can take you – from elite sport to research, rehabilitation, medical science and beyond. Open to Year 10 – 12 students, this free event is your chance to explore two exciting science-based study areas at ACU.

[Find out more](#)

LIVE Online Information Session High School Exchange Programs

Location: Online

Date: July 7, 2026

Join our live online information session to learn how a high school exchange program works, what daily life looks like for students overseas and how our team supports every step from preparation to



return.

The session covers destinations, program options, eligibility, safety and wellbeing, scholarships, discounts and the application process. Parents gain clarity and reassurance. Students gain inspiration and a real sense of what an exchange experience can offer.

[Find out more](#)

Business Camp in Sydney for Ages 7-15

Organisation: The ASE Group

Location: Shafston College Sydney Campus

Date: July 8 to July 10, 2026

In just 72 hours, your child will experience the highs, lows, love and pressure that make up the ever changing world of business. They will meet the most amazing friends and mentors, along the way starting a business or social change movement.

Business Camp is for anyone aged 7 to 15 with a passion for innovation. We'll split the students into 2 x groups based on age during the camp.

In addition to the 3 full days, your child will also get:

- A super cool "I started a business this week. What did you do?" Business Camp Tee
- An exclusive invitation to our Young Entrepreneurs Community
- Complimentary access to Space, our online platform with course content, videos and mentoring
- Pizza Party on Day 3 of the Business Camp

[Find out more](#)

Sydney Design School Designer for a Day Workshop for Year 10-12 Students

Organisation: Sydney Design School

Location: Sydney Design School

Date: July 9, 2026

Curious about what it might be like to work as an Interior Designer? We have developed the perfect one day workshop for students in Years 10, 11 and 12 to find out more.

You'll get hands on in our studios experimenting with colour and materials. Find out what it takes to become a professional Interior Designer and understand what an average day looks like on the job! We've included a 3D modelling activity to give you an opportunity to create an interior space.

[Find out more](#)

HSC Workshop: Business Studies

Organisation: Inner West Council Libraries

Location: Ashfield Library

Date: July 9, 2026

This HSC Business Studies workshop will provide you with the knowledge and skills to achieve your best in your HSC assessment tasks & exams.

This Workshop will cover:

- Detailed analysis of vital course content, delivered by one of the most qualified and experienced HSC markers in NSW.
- HSC marker insights on how to approach various questions found in the exam.
- A chance to view, and practice, possible exam questions (and be provided with exemplary responses to each question).
- Tips and strategies on how to approach more difficult questions.

Students are encouraged to bring their own lunch, water bottle and snacks, as well as a charged device or note-taking supplies.

[Find out more](#)



Public Speaking: The Leader's Voice Masterclass

Organisation: Dymocks Tutoring

Location: Dymocks Tutoring Parramatta

Date: July 10, 2026

This masterclass equips students with the skills to present their ideas with unshakeable conviction. Over three hours, students develop delivery frameworks, vocal technique, and the ability to think clearly under pressure, skills that directly support selective school interviews, scholarship panels, and classroom performance.

[Find out more](#)

National Fashion College Styling Workshop for Ages 16+ in Sydney

Organisation: National Fashion College

Location: National Fashion College, Sydney Campus

Date: July 11, 2026

You're officially invited to our exclusive Styling Workshop, taking place at our vibrant Sydney campus - home to creativity, innovation, and the next generation of fashion talent.

In just one day, gain hands-on experience as you learn the foundations of professional styling from an industry-recognised expert. You'll assist on not one, but two photo shoots with a renowned fashion photographer - offering you a rare, behind-the-scenes glimpse into the fast-paced world of fashion. This is your first step towards a career in styling.

Gain insight from the sharp editorial eye of Emma Read - former Fashion Editor at RUSSH, Grazia, ELLE Australia, and L'Officiel, and most recently Fashion Editor-at-Large at Order Magazine. With a global perspective and creative direction behind brands like Hermès, Tiffany & Co., L'Oréal, Westfield and more, Emma brings a rare depth of industry experience. Her multi-disciplinary approach to styling and brand consulting makes this a truly unmissable opportunity.

This experience is recommended for guests aged 16 and older.

[Find out more](#)

AMPA Dance Experience Day

Organisation: Academy of Music and Performing Arts

Location: AMPA Performing Arts Centre, Alexandria

Date: July 13, 2026

The Academy of Music and Performing Arts (AMPA) invites dancers to experience a dynamic day on campus. Register, bring your friends, and get ready to move.

Throughout the day, you'll take part in a variety of classes led by AMPA's inspiring faculty, offering a glimpse into what it's like to study dance full-time in a professional training environment.

You'll also have the opportunity to attend a Q&A session with the Head of Dance, designed to give aspiring dancers, choreographers, and future educators valuable insight into tertiary study and the pathways it can open. This is a fantastic opportunity to connect with our welcoming student community and expert faculty, while experiencing first-hand what it means to be part of AMPA's Bachelor and Associate of Dance programs.

[Find out more](#)

AMPA Classical Performance & Composition Experience Day

Organisation: Academy of Music and Performing Arts

Location: AMPA Music Campus, Surry Hills

Date: July 13, 2026

The Academy of Music and Performing Arts is ready to welcome budding performers and composers to our music campus for our Classical Music and Composition Experience Day.

Spend a day on campus at AMPA to learn what studying Classical Music or Composition is like at a



tertiary level and to find out how you can benefit from AMPA's elite training as part of our Bachelor or Associate Degree in Music (Performance).

At Experience Day, once you have been given a guided tour of our practice studios and performance spaces, you will have your choice of Classical Music or Composition workshops to attend, the chance to observe Classical Performance Classes, and enjoy relaxed Q&A sessions with our faculty and admissions department, while also connecting with our student body to gain real perspectives on student life at AMPA.

[Find out more](#)

UNSW Portfolio Entry Information Session, Sydney

Organisation: University of New South Wales

Location: University of New South Wales, Paddington Campus

Date: July 14, 2026

Submit a portfolio of your best work to showcase your talent and you could receive an early conditional offer to study in Term 1 2027.

At UNSW, we know you're more than just a number. That's why we've created the UNSW Portfolio Entry Early Conditional Offer Scheme—a pathway to university that recognises your unique talents and ambitions.

Join us for an exclusive info session tailored for students applying to degrees within the Faculty of Arts, Design & Architecture for Term 1 2027. Hear directly from UNSW academics on how to craft a standout portfolio that highlights your strengths.

Why choose this scheme?

- Early Conditional Offers: Get an offer with a reduced ATAR requirement—up to 10 points below the standard selection rank for your chosen degree.
- Showcase your talent: Stand out by highlighting your unique skills, potential, and passion.

[Find out more](#)

AMPA Music Theatre Experience Day

Organisation: Academy of Music and Performing Arts

Location: AMPA Music Campus, Surry Hills

Date: July 15, 2026

Calling all triple threats! While you're waiting for your big break, AMPA is excited to invite passionate performers and theatre makers to our Music Theatre Experience Day.

This is your chance to find out what studying Music Theatre at a pre-professional level looks like, learn what the Music Theatre industry is looking for and to experience the training it takes to become a true triple threat performer within our Bachelor or Associate Degree of Music (Performance).

At Experience Day, you will receive a tour of our music campus and our dedicated performance space, the Tom Mann Theatre, followed by the chance to watch our Music Theatre Performance Class and attend a Music Theatre Workshop as our students prepare their end of trimester showcase. You are also invited to partake in Q&As with our faculty of Music Theatre professionals, our admissions team for information about auditions, and our student body for their perspective on life at AMPA.

[Find out more](#)

UOW Year 11 & 12 Subject Support Sessions

Organisation: University of Wollongong

Location: University of Wollongong, Wollongong & Liverpool Campuses

Date: July 15 to July 17, 2026

The University of Wollongong (UOW) is committed to supporting students in their final years of



school with additional resources and expert assistance.

Our Year 11 & 12 Subject Support Sessions are designed to deepen students' understanding of key subject content and offer insights into what HSC exam markers are looking for.

In partnership with [InspirationED](#), experienced HSC experts and UOW staff will deliver subject revision sessions on July 15, 16, and 17 for current Year 11 and Year 12 students. Participants will have the exciting opportunity to ask questions and gain valuable tips and strategies.

All sessions are in-person at either the UOW Wollongong or Liverpool campus. Attendees will receive a sample exam paper with high-quality exemplar responses, providing clear guidance on how to achieve strong exam results.

[Find out more](#)

UNSW Portfolio Entry Information Session, Online

Organisation: University of New South Wales

Location: Online

Date: July 15, 2026

At UNSW, we know you're more than just a number. That's why we've created the UNSW Portfolio Entry Early Conditional Offer Scheme—a pathway to university that recognises your unique talents and ambitions.

Hear directly from UNSW academics and students about crafting a compelling portfolio for degrees within the Faculty of Arts, Design & Architecture and the Faculty of Engineering in 2026. We'll guide you through what to include, how to apply, and tips to help you succeed. Plus, you'll have the chance to ask questions and get clarity on anything you're unsure about.

Why choose this scheme?

- Early Conditional Offers: Get an offer with a reduced ATAR requirement—up to 10 points below the standard selection rank for your chosen degree.
- Showcase your talent: Stand out by highlighting your unique skills, potential, and passion.

[Find out more](#)

Specialist Beginner Debating Camp for Year 3-12 Students

Organisation: Speakers' Corner Australia

Location: Chatswood Library and Online

Date: July 15 to July 17, 2026

No experience required! This fun and supportive environment is the perfect start for any curious young mind looking to develop public speaking and critical thinking skills and make friends.

This camp will be focused on learning the fundamentals of debating and public speaking in an intensive short course! This three day course will help you polish your skills and create confidence in yourself, your voice and most importantly your ideas!

The camp will be split into age appropriate classes.

[Find out more](#)

Discover Nursing at UTS

Organisation: University of Technology Sydney

Location: University of Technology Sydney, City Campus

Date: July 16, 2026

Thinking about a career in nursing? Join us for an evening dedicated to exploring what it's really like to study nursing at UTS and pursue a career as a Registered Nurse.

You'll have the opportunity to:

- Discover where a nursing degree can take you
- Meet UTS academics
- Chat with current nursing students



- Tour our state-of-the-art clinical labs
- Learn about the Bachelor of Nursing at UTS
- Ask questions about student life and study

[Find out more](#)

AMPA Contemporary Music & Music Production Experience Day

Organisation: Academy of Music and Performing Arts

Location: AMPA Music Campus, Surry Hills

Date: July 16, 2026

Get ready to rock out at AMPA with our Contemporary Music and Music Production Experience Day – whether you're a jazz cat, metalhead or DJ in the making, Experience Day will give you the info you need if you're considering the path of a musician.

Our Bachelor or Associate Degree of Music (Performance) could be the next step in your journey and our Experience Day will be your chance to learn what studying music at a tertiary level looks like and how it can benefit your career.

After a tour of our music studios, recording/editing suites and performance space, you'll get the chance to watch our students in action during Contemporary Performance Class, followed by your choice of either a Performance or Production workshop, with time to have casual Q&As with our industry staff, admissions team and student body about anything from networking and training, auditions or campus life.

[Find out more](#)

Animal Careers Day at RSPCA NSW Sydney

Organisation: RSPCA New South Wales

Location: RSPCA NSW Adoption and Education Centre, Yagoona

Date: July 16, 2026

Are you a teenager interested in a career working with animals? Our Animal Career Day is the perfect opportunity for you to learn about the different career options available in the animal industry.

Our program offers a unique opportunity to meet and interact with RSPCA NSW professionals including an Inspector, Animal Attendant, Animal Trainer, Veterinarian and Vet Nurse. You'll have the chance to learn about their work, ask questions, and gain valuable insights into what it takes to succeed in these fields.

In addition to the workshops and activities, you'll also have the chance to network with other teens who share your passion for animals. Our program is designed to be fun, informative, and inspiring, and we're confident that you'll leave with a greater understanding of the animal industry and the career opportunities available to you.

[Find out more](#)

Procrastination & ADHD – Webinar for Year 10-12 Students and Parents

Organisation: Claire Pech Careers

Location: Online

Date: July 16, 2026

This webinar is for students in Years 10, 11 and 12 with ADHD (and the parents trying to help). We'll cover why ADHD brains procrastinate, what actually helps, and the skills that often work even when nothing else does.

Hosted by [Claire Pech](#), CICA-Accredited Careers Practitioner, and [Amanda Krulis](#), endorsed Organisational Psychologist.

View the [full series of webinars](#) for the ADHD community on all things careers, schooling and the workforce.



[Find out more](#)

Experience Music@Western – Experience Day for Year 12 Students, Parents & Teachers

Organisation: Western Sydney University

Location: Western Sydney University, Kingswood Campus

Date: July 17, 2026

Interested in studying Music@Western? Keen on performing, production, composition or teaching? Current Year 12 students who are interested in studying the Bachelor of Music in 2027 can take part in performance, production and career workshops, a tour of our music precinct, and live performances from our current students, and lunch is on us!

There is also an option for attendees to book an interview for an early offer for 2027 entry. Parents and teachers welcome.

[Find out more](#)

Experience Design@Western – Experience Day for Year 12 Students, Parents & Teachers

Organisation: Western Sydney University

Location: Western Sydney University, Parramatta South Campus

Date: July 17, 2026

Mark your calendars! Join us for early entry interviews for the Bachelor of Design 2027, plus studio tours, talks and hands-on workshops for students interested in Graphic design, branding, digital storytelling, UX/UI, photography and motion design

This is a fantastic opportunity for Year 12 students, parents, and teachers to:

- Participate in course entry interviews for early entry offers (September) into the Design program
- Hear from recent graduates
- Meet Design tutors and lecturers
- Check out our facilities
- Take part in hands-on workshops

[Find out more](#)

Experience Film@Western – Experience Day for Year 12 Students, Parents & Teachers

Organisation: Western Sydney University

Location: Western Sydney University, Parramatta South Campus

Date: July 17, 2026

Experience Film@Western.

Interested in studying Film@Western? Keen on establishing a pathway into the creative industries (film, television, live events streaming, corporate video, and digital content creation)?

Yr 12 students, parents and teachers are welcome.

Workshops, demos, facility tour, lunch (on us) and enrolments explained.

[Find out more](#)

Experience Acting@Western – Experience Day for Year 12 Students, Parents & Teachers

Organisation: Western Sydney University

Location: Western Sydney University, Kingswood Campus

Date: July 17, 2026

Meet tutors and current students, join a hands-on acting workshop, and learn about how to prepare for auditions in November.

Immerse yourself in the landmark [Bachelor of Performing Arts \(Acting\)](#) at Western, designed in collaboration with the nationally acclaimed [Actors Centre Australia \(ACA\)](#). If you're interested in a career as an actor, voice-over artist, producer or director, you could be part of the next generation



shaping the future of film, theatre, television and digital media.
Students, parents, and teachers welcome.

[Find out more](#)

ACU Guarantee Early Offer and Pathways Webinar (NSW/ACT/QLD)

Organisation: Australian Catholic University

Location: Online

Date: July 22, 2026

Learn about ACU's entry and pathway options, including the ACU Guarantee early offer program, key dates and how to apply. Plus, hear from current students about their journeys.

This webinar is for NSW, ACT and Queensland Year 12 students and their parents.

[Find out more](#)

Clean Energy: Why It Matters and What Comes Next – Discover Lecture Series with Macquarie

Organisation: Macquarie University

Location: Macquarie University, Wallumattagal Campus

Date: July 23, 2026

Clean energy systems such as solar, wind, and biomass are often presented as the answer to climate change. While they aim to reduce pollution, they must also deliver reliable and affordable energy for everyday life, powering homes, transport, and industry without disruption. If clean energy is so promising, why haven't we fully switched to it yet? The answer lies in the practical challenges of performance, safety, and scale that must be solved before new energy technologies can replace the systems we rely on today.

In this talk, Associate Professor Fatemeh Salehi explores how engineering helps address these challenges, turning clean energy ideas into real-world solutions. This talk explains how understanding what affects performance, and identifying safety issues early, can make clean energy systems work at large scale. Through this lens, she provides insight into how research supports the transition from promising concepts to energy solutions that can meet future needs.

This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.

[Find out more](#)

UOW Open Day 2026, Liverpool

Organisation: University of Wollongong

Location: University of Wollongong, Liverpool Campus

Date: July 25, 2026

Chat with course experts, find your dream degree, and get a taste of uni right in the heart of Liverpool. There will be plenty of opportunities to get all your questions answered and ensure you're making a confident decision about your studies in 2027.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

[Find out more](#)

ACU Open Day 2026, Blacktown

Organisation: Australian Catholic University

Location: Australian Catholic University, Blacktown Campus

Date: July 25, 2026

Open Day gives you the opportunity to ask our teaching staff any questions you might have about your dream course, the application process, pathway options, entry schemes and more.

Chat to current students and discover the facilities your new campus has to offer. And sit in on



information sessions from each of the faculties to find out more about the courses you're interested in.

[Find out more](#)

UTAS Open Day 2026, Sydney

Organisation: University of Tasmania

Location: University of Tasmania, Rozelle Campus

Date: July 26, 2026

Going to university is an exciting time. Understanding what to expect and how to navigate this new environment can help you make the most of your experience.

You will have the opportunity to explore our campus, discuss your study options, and discover how studying at the University of Tasmania could be the perfect fit for you.

[Find out more](#)

Parramatta & Hills District Apprenticeship/Traineeship & Jobs Expo 2026

Organisation: Brett Carter Events

Location: Wenty Leagues

Date: July 28, 2026

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more](#)

Discover Western Webinar – Uni Life and Making the Most of Your Time at Uni

Organisation: Western Sydney University

Location: Online

Date: July 28, 2026

University is not all about study! Western has over 130 different clubs and societies you can join to make friends and meet like-minded people. Join our webinar to learn about university life at Western, including clubs and societies, overseas study opportunities, Jobs on Campus, and more.

[Find out more](#)

Becoming a Protective Service Officer with the AFP – Online Information Session

Organisation: Australian Federal Police

Location: Online

Date: July 28, 2026

Gain insights into the role of a protective service officer (PSO), hear first-hand experiences, and discover what it means to do legendary work in the Australian Federal Police (AFP).

[Find out more](#)

Notre Dame Information Night, Liverpool

Organisation: University of Notre Dame Australia

Location: All Saints Catholic College

Date: July 28, 2026

Join us at the Parent and Student Information Session at our Liverpool Student Support Centre to explore how the University of Notre Dame Australia can support your journey into higher education.



You'll hear about Notre Dame's Early Offer program, scholarships and fees, alternate entry pathways, student experience and a faculty overview of new programs.

[Find out more](#)

Scholarships at Sydney – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: July 29, 2026

At the University of Sydney, we offer over \$135 million worth of scholarships every year. We're dedicated to supporting you throughout your time at university and offer a variety of scholarships for domestic undergraduate students. To make the process easier and more accessible, we've created a centralised form where you can be considered for a scholarship through one simple application.

Additionally, some of our scholarships require no application at all! In this webinar you will learn about the scholarships we offer, find out about your eligibility, get tips on writing a strong scholarship application and have your questions answered by our team.

[Find out more](#)

Meet Melbourne Albury

Organisation: University of Melbourne

Location: Atura Albury

Date: July 29, 2026

Our Future Students team are visiting Albury to meet with prospective undergraduate students like you to discuss your study options and the exciting campus life that awaits you at Melbourne.

- Discover your study path and career options through the Melbourne curriculum
- Hear from current students who made the move to Melbourne
- Learn about your special entry and scholarship eligibility through Access Melbourne
- Find out about accommodation options and the vibrant community opportunities
- Ask us any questions you may have.

[Find out more](#)

ATAR, Bonus Points, & Uni Entry Explained with ADHD – Webinar for Year 12 Students & Parents

Organisation: Claire Pech Careers

Location: Online

Date: July 30, 2026

Join our webinar designed for Yr 12 students and parents, navigating university admissions with ADHD, which can impact these processes.

We'll cover:

- The ATAR - explained
- What the Educational Access Scheme (EAS) is and who qualifies
- How to apply for EAS and what you will need
- Other bonus points (adjustment factors) on offer
- Important dates and deadlines
- University preference strategies that work
- Early entry options and their benefits

Hosted by [Claire Pech](#), CICA-Accredited Careers Practitioner, and [Amanda Krulis](#), endorsed Organisational Psychologist.

View the [full series of webinars](#) for the ADHD community on all things careers, schooling and the workforce.

[Find out more](#)



CSU Open Day 2026, Port Macquarie

Organisation: Charles Sturt University

Location: Charles Sturt University, Port Macquarie Campus

Date: August 2, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

Architecture and the Built Environment at Sydney – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: August 5, 2026

Join us to find out how Sydney can be your first step towards building a career in architecture and built environment.

[Find out more](#)

Applying to the University of Melbourne through VTAC – Online Session for Future Students

Organisation: University of Melbourne

Location: Online

Date: August 5, 2026

Planning on applying to the University of Melbourne, but a little unsure of the steps involved through the Victorian Tertiary Admissions Centre (VTAC)? Join us to discover everything you need to know about VTAC and answer all your application questions.

You'll be guided through the process by our Future Students team and a VTAC representative, so you can apply for your preferred Melbourne undergraduate course in 2026 with confidence.

[Find out more](#)

AFTRS Open Day 2026

Organisation: Australian Film Television and Radio School

Location: Australian Film Television and Radio School

Date: August 8, 2026

Discover your place in screen and audio storytelling at AFTRS, Australia's national screen and audio school. Join us at our purpose-built campus to explore everything you need to know about studying at AFTRS.

Open Day is designed to give you clear, practical answers as you plan your next steps. Find out more about the application process, scholarships, and career outcomes, and gain insight into where an AFTRS qualification can take you.

On the day, you will be able to explore our campus and experience our facilities firsthand, from industry-standard studios and the tech store to the prop room and Australia's premier audio and screen library. You can also connect with current students and alumni, and speak with our staff for guidance on preparing a strong application.

[Find out more](#)



CSU Open Day 2026, Wagga Wagga

Organisation: Charles Sturt University

Location: Charles Sturt University, Wagga Wagga Campus

Date: August 9, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

SCU Open Day 2026, Coffs Harbour

Organisation: Southern Cross University

Location: Southern Cross University, Coffs Harbour Campus

Date: August 9, 2026

Open Day at Southern Cross University is a perfect opportunity to discover which courses spark your interest and the campus or study mode that works best for you.

Our friendly study specialists will be on hand to step you through the process of applying for your dream course and answer any questions you have about studying with us.

[Find out more](#)

UOW Future Talk for Parents – Financial Considerations, Scholarships, Accommodation, Wellbeing & Support Services

Organisation: University of Wollongong

Location: Online

Date: August 10, 2026

Year 12 can be a stressful time for students and for the parents and carers supporting them. With big post-school decisions ahead, these sessions are designed to provide clarity, reassurance and practical advice to help you navigate the year with confidence.

Across the program, you'll gain insights into:

- Supporting students through the HSC and common challenges
- Understanding UOW degrees, pathways and study options
- How AI and emerging technologies are shaping degrees, careers and the future workforce
- Navigating university applications, Early Admission and UAC
- Financial planning for university, including scholarships, budgeting and accommodation
- Accessing UOW support services for a smooth transition to university
- Connecting with other parents and carers in a supportive environment

You'll also receive regular emails with practical tips, resources and expert advice to help you and your young person feel informed, prepared and supported throughout Year 12 and beyond.

[Find out more](#)

Why Study Business at the University of Sydney? Webinar for Future Students

Organisation: University of Sydney

Location: Online



Date: August 12, 2026

Discover how our commerce degree prepares you for the future of work and a wide range of career opportunities. You will learn about the range of study areas (or majors) available – such as marketing, finance, or innovation and entrepreneurship - and the many ways in which you can combine your interests, with over 100 study areas to select from our shared pools of majors and minors.

Find out more about internships, industry-focused experiences, and global mobility opportunities on offer to our Bachelor of Commerce students.

[Find out more](#)

Macquarie University Open Day 2026

Organisation: Macquarie University

Location: Macquarie University, Wallumattagal Campus

Date: August 15, 2026

Open Day is your opportunity to discover everything a Macquarie University education can offer you.

We get to share with you why we're the #1 university in Sydney for teaching quality, as well as showcase our future-focused degrees, cutting-edge facilities, collaborative spaces for learning and leisure, and our stunning green campus.

Come along and find out firsthand how we can help you achieve your career – and your life – aspirations.

What you can do on Open Day:

- Attend info sessions
- Speak 1:1 with our academics
- Learn about our scholarships, adjustment factors, pathways, and RPL (recognition of prior learning) if you've studied before
- Chat to current students
- Join campus and faculty tours
- Engage in faculty-led workshops
- Alumni are welcome back to be a part of Alumni Reunion Day
- Participate in hands-on activities
- Enjoy entertainment and giveaways

[Find out more](#)

University of Newcastle Open Day 2026, Newcastle

Organisation: University of Newcastle

Location: University of Newcastle, Callaghan & City Campuses

Date: August 15, 2026

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.

[Find out more](#)

ACAP Open Day 2026, Sydney

Organisation: ACAP University College

Location: ACAP University College, Sydney Campus

Date: August 15, 2026

Ready to turn your passion into a purpose-driven career? ACAP Open Day is your opportunity to discover how our practical, people-focused courses can help you make a real difference – in your



community and your life.

Join us on campus this August and experience what makes ACAP different. Whether you're considering counselling, psychology, social work, criminology, law or business, you'll get a firsthand look at the learning, support, and outcomes that set our students up for success.

From expert-led masterclasses and career panels to course advice and campus tours, Open Day is designed to give you the insight and inspiration to take the next step.

[Find out more](#)

SAE Open Day 2026, Sydney

Organisation: SAE University College

Location: SAE University College, Sydney Campus

Date: August 15, 2026

Whether you're still exploring your study options or you're ready to apply, SAE Open Day is the perfect place to get inspired, get informed, and get hands-on with your creative future.

Join us on campus this August to tour our studios, meet your future mentors, and experience what it's like to study at SAE – the University College built for creators and tech innovators.

Explore your study and career pathways across animation, audio, design, film, games, music, VFX and more. Connect with current students, industry-experienced lecturers, and alumni who've turned their ideas into careers.

[Find out more](#)

ADFA Open Day 2026

Organisation: Australian Defence Force Academy

Location: ADFA Canberra Campus & Online

Date: August 15, 2026

ADFA Open Day is run each year in August. Join us online or in person to:

- Explore world-class UNSW degrees, with information sessions about Business, Arts, Science, Engineering, Computing and Cyber Security.
- Learn about military training, studying and life on campus from current ADFA Trainee Officers.
- Watch a variety of exciting displays, take a virtual tour, and much more

[Find out more](#)

SCU Open Day 2026, Northern Rivers

Organisation: Southern Cross University

Location: Southern Cross University, Lismore Campus

Date: August 16, 2026

Open Day at Southern Cross University is a perfect opportunity to discover which courses spark your interest and the campus or study mode that works best for you.

Our friendly study specialists will be on hand to step you through the process of applying for your dream course and answer any questions you have about studying with us.

[Find out more](#)

CSU Open Day 2026, Albury-Wodonga

Organisation: Charles Sturt University

Location: Charles Sturt University, Albury-Wodonga Campus

Date: August 16, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.



- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

ACU Open Day 2026, Strathfield

Organisation: Australian Catholic University

Location: Australian Catholic University, Strathfield Campus

Date: August 16, 2026

Open Day gives you the opportunity to ask our teaching staff any questions you might have about your dream course, the application process, pathway options, entry schemes and more.

Chat to current students and discover the facilities your new campus has to offer. And sit in on information sessions from each of the faculties to find out more about the courses you're interested in.

[Find out more](#)

La Trobe Open Day 2026, Albury-Wodonga

Organisation: La Trobe University

Location: La Trobe University, Albury-Wodonga Campus

Date: August 16, 2026

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.
- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus – Open Day is the place to see it all.

[Find out more](#)

Discover Western Webinar – Scholarships

Organisation: Western Sydney University

Location: Online

Date: August 18, 2026

If you're applying to study at university in 2027, you will also want to apply for Scholarships! This webinar will go through the different types of Scholarships available, as well as the application process, and give you tips for writing your Personal Statement.

[Find out more](#)

Why the Honey Bee is Smarter than ChatGPT – Discover Lecture Series with Macquarie

Organisation: Macquarie University

Location: Macquarie University, Wallumattagal Campus

Date: August 18, 2026

How smart is the honey bee really? This lecture considers the biological marvel that is the honey bee



brain, and the bee mind it supports.

Bees' brains incorporate rapid feedback on their actions, and can quickly learn different types of art, recognise abstract concepts and learn to navigate for kilometres around their hives. Professor Andrew Barron argues the honey bee is significantly smarter than ChatGPT and surpasses the best that contemporary AI has to offer. He will discuss what lessons AI and robotics developers could learn from consideration of the humble bee.

This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.

[Find out more](#)

Quantum Future Talent: From Curiosity to Career

Organisation: Sydney Quantum Academy

Location: The Concourse Chatswood

Date: August 18, 2026

Quantum is shaping the future of technology – from computing to cybersecurity – and it's opening new career pathways across a range of industries.

At Quantum Future Talent: From Curiosity to Career, you'll hear directly from people working in the industry and gain a clear understanding of what quantum is, why it matters, and how you could be part of this exciting and rapidly growing field.

This accessible introduction to quantum includes:

- Talks from industry professionals sharing their career journeys and insights
- An overview of study options and pathways into the field
- Opportunities to connect with universities (Macquarie, UNSW Sydney, University of Sydney and UTS)
- Interactive demonstrations and displays
- Time to ask questions and seek honest advice.

Whether you're considering subject selection options, exploring study pathways, or planning for future careers, this event offers practical insight into emerging opportunities in quantum.

Open to students in Years 8–12, as well as parents, teachers, and career advisors.

[Find out more](#)

Explore Geosciences at Sydney – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: August 19, 2026

Explore geosciences, from Earth to oceans, and discover how these fields address climate, energy and sustainability challenges.

[Find out more](#)

Le Cordon Bleu Sydney Open Day 2026

Organisation: Le Cordon Bleu Australia

Location: Le Cordon Bleu, Sydney Campus

Date: August 22, 2026

Now is your chance to discover how Le Cordon Bleu Australia can help kickstart your career in cuisine, pâtisserie, hotel management, restaurant management or business.

Marvel at our chef lecturers who will host cooking demonstrations in cuisine and pâtisserie and see first-hand why our culinary courses are elite.

There will also be information seminars which will provide you with a Le Cordon Bleu overview, as well as our program content and structure. Plus, you'll get to chat with our sales representatives and discover how our Industry Engagement team assists you with your learning, every step of the way.



[Find out more](#)

Collarts Open Day 2026, Sydney

Organisation: Australian College of the Arts

Location: Collarts, Sydney Campus

Date: August 22, 2026

At Collarts, our Open Day is all about making this process simple and hands-on. Information sessions, workshops and the chance to chat with students, teachers and leaders are an important part of learning more about what sets us apart from the rest.

We invite you to come and experience life at Collarts: from our passion for creativity, close community, industry-level facilities, expert faculty, and more.

From guided tours to live demonstrations, here are some of the activities you can catch at the next Collarts Open Day:

- **Guided tours:** Experience our campuses firsthand with guided tours led by our enthusiastic Student Ambassadors.
- **Info hubs:** Our info hubs provide convenient drop-in spaces where you can have direct conversations with Program Leaders, Academics, and students about your desired course.
- **Demonstrations:** Demonstrations are your chance to see our course content come to life. They allow you to be actively involved in projects and see our cutting-edge equipment in action, so you can get a firsthand preview of what studying at Collarts is really like.
- **Displays:** Our campus displays are positioned throughout different areas of our campuses, offering a showcase of our community's achievements and journeys.

If you have specific accessibility needs or require additional assistance, please contact Collarts in advance, and they will do their best to assist you.

[Find out more](#)

CSU Open Day 2026, Bathurst

Organisation: Charles Sturt University

Location: Charles Sturt University, Bathurst Campus

Date: August 23, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

CQU Education Open Day Webinar

Organisation: CQUniversity

Location: Online

Date: August 24, 2026

With [courses](#) available across early childhood, primary and secondary teaching, our friendly education academics will explain what it's really like to study at CQU. You'll learn about our strong local networks, the [support services](#) that help you succeed, and how CQU prepares you for a rewarding career in the classroom.



[Find out more](#)

Say Yes to the Trades Expo

Organisation: Superior Training Centre

Location: Entertainment Park, Bankstown Aerodrome

Date: August 27, 2026

Say Yes to the Trades Expo is a trade-focused event designed for high school students who are curious about hands-on careers and the opportunities available in Australia's growing trade industries. The event brings together training providers, employers, and industry professionals to give students a practical introduction to careers in trades such as electrical, air conditioning and refrigeration, and metal fabrication.

Students attending the event can explore different career pathways, speak directly with employers and industry representatives, and gain a better understanding of what it's like to work in a skilled trade. Exhibitors will showcase tools, equipment, and technologies used in the industry, helping students see how these careers operate in the real world.

In addition to learning about training and employment opportunities, attendees will also be able to enjoy the entertainment facilities at the venue, making the day both informative and fun. The event is designed to inspire students, answer questions about entering the trades, and help them take their first steps toward a practical and rewarding career.

If you're considering a future in the trades or simply want to explore your options, Say Yes to the Trades is the perfect place to start.

[Find out more](#)

Sydney West Careers & Employment Expo 2026

Organisation: Kym Jones Exhibitions

Location: Sydney Showground

Date: August 28 to August 29, 2025

The Sydney West Careers & Employment Expo will be at the Sydney Showground - Hall 4. The Expo will showcase over 80 organisations and employers with career opportunities for all ages. Entry is free.

The event is for school students, parents, teachers, graduates, job seekers, people looking for courses, and workers seeking new opportunities.

The Expo is packed with free advice, where you can:

- Talk with over 80 training organisations and employers
- Gain free career advice
- Discover jobs of the future
- Talk with leading organisations about training and apprenticeships
- Experience the free career seminars
- Learn how to write a winning resume

If you're looking for a job, career change, or course, or you're a school student looking for a career path, you can't afford to miss the Expo.

[Find out more](#)

University of Newcastle Open Day 2026, Central Coast

Organisation: University of Newcastle

Location: University of Newcastle, Ourimbah & Gosford Campuses

Date: August 29, 2026

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors



questions about uni life.

[Find out more](#)

University of Sydney Open Day 2026

Organisation: University of Sydney

Location: University of Sydney, Camperdown Campus

Date: August 29, 2026

Join us at the University of Sydney Open Day. Experience our vibrant student life on campus, hear from academics and current students and discover what makes us different.

[Find out more](#)

UTS Open Day 2026

Organisation: University of Technology Sydney

Location: University of Technology Sydney, City Campus

Date: August 29, 2026

Discover UTS. What you can expect at Open Day:

- Ask questions about admissions, pathways and study options
- Attend course information sessions
- Speak with academics and current students
- Explore labs and learning spaces
- Learn about scholarships, accommodation and support services
- Join guided campus and facility tours
- Discover clubs, societies and student communities

[Find out more](#)

Notre Dame Open Day 2026, Sydney

Organisation: University of Notre Dame Australia

Location: University of Notre Dame, Sydney Campus

Date: August 29, 2026

Notre Dame's Open Day is your chance to explore what university life is all about! You'll discover study options, career pathways and our student support services. Plus, you'll experience an exciting program filled with activities for future students.

Whether you're in Year 10, 11 or 12, or a graduate thinking about postgrad study, our Open Day is open to everyone – including pathways and international students, who can chat with our dedicated team. Learn about scholarships and financial assistance to make your journey affordable.

[Find out more](#)

CSU Open Day 2026, Orange

Organisation: Charles Sturt University

Location: Charles Sturt University, Orange Campus

Date: August 30, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!



Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

Sutherland Shire Apprenticeship/Traineeship & Jobs Expo 2026

Organisation: Brett Carter Events

Location: Tradies Gynea

Date: September 1, 2026

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more](#)

Avondale Sydney Nursing Open Day 2026

Organisation: Avondale University

Location: Avondale University, Sydney Campus

Date: September 2, 2026

Find out why our Nursing degree is ranked #1 in Australia for overall experience by Good Universities Guide in 2026 and why we are the #1 University for graduate employment.

What to expect:

- Experience interactive campus tours of our state of the art facilities
- Chat to current students about community, social life, sport and clubs
- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!

[Find out more](#)

Study Biomedical Engineering at Sydney – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: September 2, 2026

Discover how biomedical engineers improve lives by designing technologies and explore how to make a real-world difference.

[Find out more](#)

Rural Health Pathways Showcase for High School Students, Teachers & Parents

Organisation: Rural Doctors Network

Location: ICC Darling Harbour

Date: September 3, 2026

High school students, careers advisers, teachers and parents are invited to RDN's Rural Health Pathways Showcase. Learn about study pathways and careers in medicine, nursing, midwifery, allied health, Aboriginal health and administration.

Attendees will have a chance to:

- Speak with representatives from universities, vocational education and training providers, peak bodies and health employers about study pathways and career opportunities



- Connect one-on-one with and be inspired by health students, recent graduates and health professionals about their education and career journeys
- Participate in hands-on activities offering an immersive "day-in-the-life" perspective of various health careers

[Find out more](#)

ACU Open Day 2026, North Sydney

Organisation: Australian Catholic University

Location: Australian Catholic University, North Sydney Campus

Date: September 5, 2026

Open Day gives you the opportunity to ask our teaching staff any questions you might have about your dream course, the application process, pathway options, entry schemes and more.

Chat to current students and discover the facilities your new campus has to offer. And sit in on information sessions from each of the faculties to find out more about the courses you're interested in.

[Find out more](#)

UNSW Open Day 2026

Organisation: University of New South Wales

Location: University of New South Wales, Kensington Campus

Date: September 5, 2026

Open Day is an opportunity for future students, family, alumni and community members to explore everything a university has to offer, so they can make an informed decision about their future.

Whether you're starting uni soon, considering postgraduate studies or just curious, UNSW Open Day is a chance to discover UNSW and find out everything the University has to offer. At UNSW Open Day, we'll help you find your unique path to uni, and you'll discover the progress you could make as one of Australia's most employable graduates.

There will be more than 200 sessions available to help you explore your study options, tour our buzzing campuses, enjoy the free food – you'll get expert advice and have fun while you're at it.

[Find out more](#)

ACU Year 12 HSC Revision Webinars

Organisation: Australian Catholic University

Location: Online

Date: September 7 to September 10, 2026

Worried about your Year 12 exams? You're not alone.

Join our free online webinars from 7 - 10 September 2026. They are live, expert-led sessions designed to help you walk into your exams feeling prepared.

Can't attend live? Register anyway – recordings are available to registered attendees for one week after each webinar.

[Find out more](#)

Exploring Oral Health at Sydney – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: September 9, 2026

Discover the University of Sydney's Bachelor of Oral Health and the rewarding careers it leads to.

Learn about course structure, entry pathways, and professional outcomes. Explore a first-in-Australia initiative supporting Indigenous and Torres Strait Islander students to pursue careers in oral health.

[Find out more](#)



Prepare for the Future of Work with Sydney's Bachelor of Arts – Webinar for Future Students

Organisation: University of Sydney

Location: Online

Date: September 16, 2026

Discover how the Bachelor of Arts at the University of Sydney can set you up for success. Learn how this flexible degree equips you with the critical thinking, creativity and communication skills needed to thrive in a rapidly changing workforce. Explore your interests, build in-demand capabilities, and prepare for a future full of opportunities in arts and social sciences.

[Find out more](#)

Sydney Design School Open Day

Organisation: Sydney Design School

Location: Sydney Design School

Date: September 19, 2026

Step inside our world of design and get to know us. Explore our studios, check out amazing student work, meet the inspiring team, get creative making a mood board.

[Find out more](#)

Coding With Care: The Power of Compassion in the Classroom – Discover Lecture Series with Macquarie

Organisation: Macquarie University

Location: Macquarie University, Wallumattagal Campus

Date: September 22, 2026

When people think about programming, compassion is not one of the first words that comes to mind. Yet for Lecturer Charanya Ramakrishnan, it has become the most powerful tool in her teaching practices.

Charanya will share how she has integrated care and empathy into introductory computing units, a space often defined by logic and precision rather than human connection. By embedding a deeper level of care and empathy into her practice, Charanya creates classrooms where students feel supported, valued, and confident to take risks.

This talk will explore how small, intentional changes can significantly impact not only student success but also the establishment of a culture of trust and belonging within classrooms.

This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.

[Find out more](#)

Discover Sport & Exercise at UTS

Organisation: University of Technology Sydney

Location: University of Technology Sydney, Moore Park Campus

Date: September 22, 2026

Join us for an exclusive evening at the UTS Moore Park campus and discover where a degree in sport and exercise can take you.

Hear from leading academics and current students, explore exciting study pathways and career opportunities, and experience the cutting-edge facilities shaping the next generation of sport professionals.

Whether you're interested in performance, health, or the science behind sport, this is your chance to see what's possible. Places are limited, so secure your spot early.

[Find out more](#)



Create for a Day at SAE Sydney

Organisation: SAE University College

Location: SAE University College, Sydney Campus

Date: October 3, 2026

This October school holidays, SAE University College Sydney is opening its doors for Create for a Day: a one-day, hands-on experience where you'll step into the studio, lab or production space and start creating.

Choose from:

- Animation
- Audio
- Computer Science
- Design
- Film
- Games
- Songwriting & Electronic Music Production
- VFX

Create for a Day lets you skip the textbooks and jump straight into building, recording, designing, coding or filming, all guided by lecturers who work in the industry.

By the end of the day, you'll walk away with your own finished project and a certificate of participation, plus a clearer idea of what studying at SAE is really like and where your skills could take you in the future.

Open to students in Years 10-12 and young creatives up to age 21.

[Find out more](#)

Scholarships

Student Exchange Scholarships for Year 8-11 Students

Organisation: Student Exchange Australia New Zealand

Location: Australia, New Zealand

Value: Up to NZ\$3,500

Close Date: October 31, 2026

[Find out more](#)

Bond ADCO Sports Excellence Scholarship

Organisation: Bond University

Location: Australia

Value: 100% tuition remission + living allowance

Open Date: May 1, 2026

Close Date: July 30, 2026

[Find out more](#)

Bond University Excellence Scholarship

Organisation: Bond University

Location: Australia

Value: 50% tuition remission

Open Date: May 1, 2026

Close Date: August 31, 2026

[Find out more](#)



SCU High Achiever Scholarship

Organisation: Southern Cross University

Location: New South Wales, Queensland

Value: AU\$36,000

Close Date: December 18, 2026

[Find out more](#)

Elevate: Boosting Women in STEM Scholarships

Organisation: Australian Academy of Technological Sciences and Engineering

Location: Australia

Value: Up to AU\$150,250

Open Date: July 1, 2026

Close Date: September 1, 2026

[Find out more](#)

Competitions

Lambing Flat Writers National Annual Poetry & Short Story Competition

Organisation: Fellowship of Australian Writers NSW Inc.

Location: Australia

Value: Up to AU\$200

Close Date: September 18, 2026

[Find out more](#)

Lake Macquarie City Council School Garden Bed Competition

Organisation: Lake Macquarie City Council

Location: Lake Macquarie

Value: See details

Close Date: June 30, 2026

[Find out more](#)

BirdLife Australia Photography Awards 2026

Organisation: BirdLife Australia

Location: Australia

Value: Up to AU\$2,000

Close Date: July 13, 2026

[Find out more](#)

Built Environment Awards – Urban Photography Competition

Organisation: Inner West Council

Location: Sydney

Value: Up to AU\$1,000

Close Date: July 12, 2026

[Find out more](#)

NSW Year 9 & 10 Junior State Debating Championships

Organisation: NSW Education

Location: New South Wales

Value: See details



Close Date: No closing date

[Find out more](#)

Junior Photographer of the Year 2026

Organisation: Australian Photography Magazine

Location: Australia, New Zealand

Value: AU\$1,000

Close Date: November 1, 2026

[Find out more](#)

Sydney Hammond Memorial Short Story Writing Competition

Organisation: Hawkeye Publishing

Location: Australia

Value: See details

Close Date: August 7, 2026

[Find out more](#)

Woollahra Gallery Youth Photographic Award and Short Film Prize 2026

Organisation: Woollahra Gallery at Redleaf

Location: Sydney

Value: Up to AU\$400

Close Date: July 6, 2026

[Find out more](#)

Macarthur Nature Competition 2026

Organisation: Camden Council

Location: Sydney

Value: Up to AU\$200

Close Date: June 26, 2026

[Find out more](#)

Crikey! Magazine Photography Competition 2026

Organisation: Australia Zoo

Location: All

Value: See details

Close Date: August 31, 2026

[Find out more](#)

Fool for Poetry International Chapbook Competition

Organisation: Munster Literature Centre

Location: All

Value: See details

Close Date: August 31, 2026

[Find out more](#)

2027 Ethics Olympiad Case Writing Competition

Organisation: Ethics Olympiad

Location: Australia, Hong Kong, India, New Zealand, People's Republic of China, Singapore

Value: Up to AU\$250

Close Date: April 23, 2027

[Find out more](#)



Experiences

Koala Hospital Work Experience Program

Organisation: Koala Conservation Australia

Location: Port Macquarie

[Find out more](#)

Michael Cassel Group's Work Experience Program

Organisation: Michael Cassel Group

Location: Melbourne, Sydney

[Find out more](#)

Walkabout Wildlife Sanctuary School Work Experience

Organisation: Walkabout Wildlife Sanctuary

Location: New South Wales

[Find out more](#)

Australian Theatre for Young People (ATYP) Industry Crash Course

Organisation: Australian Theatre for Young People (ATYP)

Location: Sydney

[Find out more](#)

Altina Wildlife Park Volunteer Prep Personnel

Organisation: Altina Wildlife Park

Location: New South Wales

[Find out more](#)

Work Experience with Birdsville Bird Shop

Organisation: Birdsville Petsville

Location: Sydney

[Find out more](#)

Oakvale Wildlife Park Work Experience Program

Organisation: Oakvale Wildlife Park

Location: Newcastle

[Find out more](#)

Weekly Posts

SKILLS FOR WORK

How to use the people around you as a career resource

Every adult you know has a career story. It might not be a dramatic one, but it's real, and that makes it useful. Hearing how someone actually got to where they are, including the parts that didn't go to plan, gives you something really valuable, in a realistic picture of what working life looks like.

The shift worth making is learning to see the people around you as more than just the roles they play in your life. A parent is also someone who has navigated job applications, workplace challenges, and career decisions. A teacher has made choices about study, training, and what they wanted to do with their life. Your manager at work has a history that led them to the position they're in now.



Parents and family members

Your parents or family members are often the easiest place to start, simply because you already have regular access to them and a level of comfort in conversation.

What makes them useful isn't that they're experts in your specific area of interest. It's that they've been through the process of figuring out what to do, whether or not it worked out, and what they'd do differently. That kind of honest reflection is hard to find anywhere else.

Some questions worth asking:

- How did you end up in your current job or career?
- Was it what you expected when you started out?
- What did you wish you'd known when you were my age?
- Is there anything you'd do differently if you were starting over?
- What's the most useful thing you've learned from working?

You might be surprised how much they're willing to share once they realise you're genuinely curious. These conversations tend to open up naturally once you ask the first question.

Teachers

It's easy to think of teachers purely in terms of what they teach, but that sells them short as a resource. Every teacher made a deliberate choice to be in that room, and most of them took a path to get there that's worth knowing about.

Some came straight through into education. Others spent years working in other industries before moving into teaching. A graphic designer who became an art teacher, an engineer who moved into maths education, a journalist who now teaches English, each of them carries a career story that goes well beyond the classroom. That story is accessible to you in a way that most people's aren't, simply because you see them regularly.

Some questions worth asking:

- Why did you end up becoming a teacher?
- Did you always know this was what you wanted to do?
- What did you study, and did it lead you directly here?
- Have you worked in other roles outside of teaching?
- What do you know now that you wish you'd understood earlier in your career?

Most teachers are happy to talk about their own path when a student shows genuine interest. The classroom dynamic can make it feel like that kind of conversation is off-limits, but it rarely is.

Family friends and relatives in fields you're curious about

If someone in your extended circle works in an area you're drawn to, that connection is worth more than it might seem. Not because they can get you a job or tell you exactly what to do, but because they can tell you what it's actually like from the inside.

Reading about a career online gives you a general description. Talking to someone who does it every day gives you something different: what they genuinely enjoy, what wears them down, how they got started, and what they'd tell someone younger who was considering the same path. That kind of detail doesn't make it into job descriptions.

Some questions worth asking:

- How did you get into this field?
- What does a typical week look like for you?
- What's something people outside your industry usually get wrong about it?
- What qualifications or experience helped you the most?
- If someone my age was interested in this area, where would you suggest they start?

Even one conversation with the right person could shift how you see a career you've been considering, in either direction.



Your boss at work

If you have a part-time job, your manager is probably someone you interact with regularly but rarely think about as a career resource. The working relationship has a clear structure, and it can feel like that's where it begins and ends.

But consider where they actually are. They've moved through entry-level work, taken on more responsibility, and built the skills to manage a team. At some point they were in a position not entirely unlike yours, figuring out where they were headed. How they got from there to here is a story most employees never think to ask about.

Some questions worth asking:

- How did you end up in this role?
- Did you always work in this industry, or did you come from somewhere else?
- What's helped you the most in getting to where you are?
- What do you look for when you're thinking about developing someone in a team?
- Is there anything you'd recommend for someone starting out in their career?

There's a practical benefit here too. Showing this kind of curiosity at work signals that you're thinking beyond just turning up and doing your shifts, which is something most managers notice and remember.

What to do with what you hear

Talking to people is only useful if you actually pay attention to what comes back. Some of what you hear might confirm something you already suspected. Some of it might challenge assumptions you didn't know you had. Occasionally, something someone says will genuinely shift how you see your options.

It helps to approach these conversations without a fixed outcome in mind. You're not looking for someone to tell you what to do. You're gathering perspectives, noticing patterns, and building a more complete picture of what working life actually looks like across different fields and paths. Over time, those conversations add up to something a career quiz never quite manages: a real sense of what's out there and how people actually get there.

If you want to explore more about navigating your career options, we have plenty of other [blogs and resources](#) for you to check out.

HEALTH & WELLBEING

What to do when your motivation disappears

Motivation is one of those things that feels great when you have it and completely invisible when you don't. One week you're on top of assignments, making plans, feeling focused. The next, even the simplest task feels like it requires more energy than you have.

This is normal, and it happens to everyone. The good news is you don't need to wait for motivation to magically return before you can start moving again.

Why motivation fades

Motivation rarely disappears for no reason. It's usually a signal that something has shifted, whether that's tiredness, a loss of connection to a goal, feeling overwhelmed, or simply doing the same thing for too long without a break.

Understanding this matters because it means there's usually something practical you can do about it.

Start smaller than you think you need to

When motivation is low, the instinct is often to push harder or wait until you feel ready. Neither tends to work particularly well.



A more effective approach is to shrink the task down to something almost embarrassingly small. Not "finish the assignment" but "open the document." Not "study for the exam" but "read one page." The point is to get moving, not to achieve everything in one sitting. Starting small works because action tends to come before motivation, not after it. Once you're moving, continuing usually feels easier than it did from a standstill.

Change something about the environment

Your surroundings have a bigger impact on how you feel than most people realise. If you've been trying to study in the same spot every day and it's stopped working, the environment itself might be part of the problem.

Try moving to a different room, going to a library, or even just clearing your desk. Small changes in your physical space can shift your mental state enough to get started.

Reconnect with why the goal mattered

When you've been working on something for a while, it's easy to lose sight of why you started.

Taking five minutes to remind yourself of the original reason can help.

This doesn't need to be a deep reflection exercise. Just ask: what did I want to get out of this? Who does completing this help? What becomes possible once it's done? Sometimes that's enough to shift things.

Use a time boundary, not a task boundary

Instead of sitting down with the goal of finishing something, try committing to a fixed amount of time instead. Twenty-five minutes of work, then a break. That's it.

Knowing there's a definite end point makes starting feel less daunting. It also removes the pressure of needing to complete the whole task, which is often what makes it hard to begin in the first place.

Let rest be part of the process

Sometimes low motivation is just tiredness. If you've been pushing through a heavy few weeks, your brain and body may genuinely need recovery time before they're ready to perform again.

Rest isn't the same as procrastination. Choosing to take a proper break, sleep, or do something enjoyable isn't giving up. It's part of being able to show up consistently over time.

Don't rely on motivation alone

The students who tend to do well over the long run aren't necessarily the most motivated. They're the ones who've built habits and routines that carry them through the days when motivation isn't there.

Even simple structures help. A regular study time, a to-do list you actually check, or a consistent wind-down routine before bed. These things create momentum that doesn't depend on how you're feeling on a given day.

Motivation will come and go throughout your life. Building the habits to keep going without it is one of the most useful things you can do, not just for school, but for everything that comes after.

TIME MANAGEMENT

How to build a morning that actually works for you

There's a lot of advice out there about what the perfect morning looks like. Most of it involves waking up before sunrise, meditating, exercising, and somehow fitting in a full breakfast before 7am. For most people, that's not realistic, and chasing that version of a morning routine often does more harm than good.

A morning routine that actually works isn't about doing the most. It's about doing enough to start



your day feeling steady rather than scattered.

Why mornings matter

How you start your morning tends to set the tone for the rest of your day. A rushed, chaotic morning can leave you feeling behind before you've even begun, while a calm and predictable one can make everything that follows feel more manageable.

This doesn't mean you need an elaborate routine. Even a simple, repeatable structure gives your brain a sense of order, which makes it easier to transition into whatever the day requires.

Building a routine from scratch

If you don't have a morning routine at all, the best place to start is simpler than you might think. Rather than overhauling your entire morning at once, pick two or three things you want to do consistently and start there.

A useful way to think about it is in three loose stages: what you need to do, what helps you function, and what you'd like to do if time allows.

The first stage covers the non-negotiables. Getting dressed, eating something, brushing your teeth. These happen regardless, so the goal is just to do them without rushing.

The second stage is where most of the value is. This might look different for everyone, but common examples include getting outside for a few minutes, drinking water before anything else, or avoiding your phone for the first part of the morning. These aren't dramatic habits, but they tend to make a noticeable difference to how you feel going into the day.

The third stage is the optional layer. Reading, stretching, listening to something you enjoy. These are worth including when you have time, but they shouldn't be the foundation of your routine because they're the first things to fall away when mornings get busy.

Once you've identified what fits into each stage, the next step is figuring out how much time you actually need. Most people underestimate this. Work backwards from when you need to leave or start your day, add a small buffer, and set your alarm accordingly. Waking up with just enough time to get ready tends to create a sense of pressure that carries into the rest of the day.

Consistency matters more than perfection here. A simple routine you actually follow every day is more valuable than an impressive one you abandon by Wednesday.

Improving a routine that isn't working

If you already have some version of a morning routine but it's not clicking, the fix is usually less about adding more and more about cutting what isn't earning its place. The two sections aren't that different in practice: building and improving both come down to figuring out what actually helps you and making that easy to repeat.

Start by looking at what's regularly falling apart. If you're skipping certain parts most days, that's a sign they either don't fit your schedule or don't feel worth doing. You don't need to keep them just because you decided on them at some point.

It also helps to notice the difference between mornings that feel fine and ones that don't. If you consistently feel better on days when you eat breakfast, that's worth protecting. If getting outside for even a few minutes changes how you feel, build around that. Paying attention to your own patterns is more reliable than following a template someone else swears by.

One change that tends to improve most routines is moving preparation to the night before.

Choosing your clothes, packing your bag, and knowing what you're having for breakfast removes a surprising number of small decisions from your morning, which makes the whole thing run more smoothly without requiring any extra time.

There's no universal version

The most important thing to understand about morning routines is that there's no single version that



works for everyone. Some people function well with a slow, quiet morning. Others prefer to get up and get moving with minimal fuss. Neither is better, they're just different.

The goal isn't to copy someone else's routine. It's to figure out what combination of habits leaves you feeling capable and ready, and then make that as easy as possible to repeat. Start small, stay consistent, and adjust as you go. You won't get it right immediately, and you don't need to.

The difference between being busy and being productive

There's a version of a good student or employee that a lot of people have in their heads. They're always on the go, they've got a full schedule, and they rarely seem to stop. Being busy can look like dedication from the outside, and it can feel like progress from the inside. The problem is that staying busy and actually getting things done aren't always the same thing.

Understanding the difference could change how you approach school, work, and everything in between.

What being busy actually looks like

Busy is about volume. It's having a long to-do list, filling every hour, and constantly moving from one thing to the next. It feels urgent, and that sense of urgency can be mistaken for importance.

The tricky part is that busyness can be self-reinforcing. The more overwhelmed you feel, the more you tend to add to your plate, as if doing more will somehow fix the feeling of falling behind. In reality, it often makes it worse.

Being busy doesn't mean you're making progress. It means you're occupied.

What being productive actually looks like

Productivity is about outcomes. It's completing the tasks that actually matter and moving closer to a goal, whether that's finishing an assignment, getting better at something, or hitting a target at work.

A productive person might have a shorter to-do list than a busy one. They may spend fewer hours working overall. But the time they do spend is focused, and the results reflect that. Productivity isn't about how much you do. It's about what you accomplish with the time you have.

Why the two get confused

A lot of the confusion comes from the fact that busy feels productive. When you're moving fast, responding to things, and ticking boxes, it registers as effort. And effort feels like it should lead to results.

The issue is that not all tasks carry the same weight. Spending an hour colour-coding your notes might feel useful, but if you haven't actually reviewed the content, the hour hasn't done much.

Replying to every message the moment it arrives feels responsive, but it can fragment your focus and eat into time that could have gone toward something more meaningful.

Busyness often fills time. Productivity uses it.

How to tell which one you're doing

A useful way to check in with yourself is to ask, at the end of a study session or a shift at work: what did I actually move forward today?

If the answer is a long list of small tasks that don't connect to anything bigger, that's a sign you may have been busy rather than productive. If you can point to something concrete, a draft completed, a concept understood, a problem solved, that's productivity.

Another honest question worth asking is whether you're avoiding harder tasks by staying busy with easier ones. It's very common, and it's one of the main reasons people feel exhausted at the end of the day without much to show for it.

Shifting the balance



You don't need to overhaul the way you work overnight. A few small adjustments can make a real difference.

Start by identifying the two or three tasks that will actually matter by the end of the day. Not everything on your list carries the same importance, and treating it all as equal is one of the fastest ways to burn through time without making meaningful progress. Once you know what matters most, do those things first.

From there, try breaking larger tasks into smaller, specific steps. "Study for my exam" is vague enough to feel overwhelming, which often leads to avoiding it altogether. "Re-read chapter four and summarise the key points" is concrete and manageable. The task hasn't changed, but your ability to actually start it has.

Neither of these techniques requires a full system or a productivity app. They just require a bit of honesty about where your time is actually going.

It's not about doing less

None of this means you should take on less or aim lower. It means being intentional about what you take on and how you approach it. A shorter, well-chosen to-do list will almost always produce better results than a long one filled with tasks you're doing just to feel occupied.

The goal isn't to be the person who's always busy. It's to be the person who consistently gets the right things done.

For more on managing your time, check out our other articles on [study tips](#).

UNIVERSITY

It's okay to change your mind at university

Starting university is a big deal. There's a lot of build-up, a lot of expectation, and often a lot of pressure to have it all figured out before you even set foot on campus. So when you get there and something doesn't feel right, it can be confronting. You might wonder if you made a mistake, or whether sticking it out is the right call.

Here's the thing: changing your mind at university is more common than you think, and it doesn't mean you've failed. What matters is figuring out your next move.

Recognising when something's off

Feeling unsettled in your first few weeks is completely normal. University is a big adjustment, and that initial discomfort usually settles. But if you're several months in and the feeling hasn't shifted, it's worth paying attention to.

Some signs it might be more than just an adjustment period:

- You're consistently disengaged in class, not just on off days
- The subject matter doesn't interest you, even the areas you expected to enjoy
- You're struggling to find motivation to complete work, beyond typical procrastination
- You feel like you're moving further away from what you actually want, not closer

None of these on their own are a reason to make an immediate change but that doesn't mean you should ignore them.

Deciding whether to stay or go

Before making any decisions, it helps to get clear on what's actually driving the feeling. Ask yourself:

- Is the issue the course itself, or something around it, like the workload, social environment, or expectations?
- Are there units or areas within the course that do interest you?
- Have you given it enough time to form a fair judgement?

If the course itself is the problem, that's useful information. If it's something surrounding the course,



there may be ways to address it without leaving.

Talking to someone is one of the most practical things you can do at this stage. Most universities have student advisors, course counsellors, and wellbeing services that are there specifically for situations like this. They can help you weigh your options without pressure, and they've had these conversations many times before.

What your options actually look like

If you do decide a change is right for you, there's more flexibility than most people realise.

Switching courses is the most common route. Many universities allow internal transfers, sometimes as early as the end of your first semester. Depending on your results and the course requirements, some of your completed units may carry over, so you're not necessarily starting from scratch.

Changing universities is also possible, though it usually involves a fresh application and may affect how much of your previous study is recognised. It's worth researching credit transfer policies before assuming you'll need to repeat everything.

Deferring gives you time away from study without fully stepping away. If you're unsure whether university is the right fit right now but don't want to close the door, deferring can create space to figure that out.

Exploring vocational study is another legitimate path. Vocational qualifications can lead to well-regarded careers, and in some cases, they offer a more direct route into the field you're interested in than a university degree would.

One practical note: changing courses or leaving mid-year can have implications for your fees and academic record. It's worth speaking to your university's enrolment or student services team to understand what applies to your situation before you make anything official.

Moving forward

Whatever you decide, staying or changing, the decision should come from a clear-headed look at what's working and what isn't. University was never meant to be a locked-in commitment made at 17 or 18. It's a starting point, and starting points can shift. Changing direction isn't losing ground. It's using what you've learned about yourself to make a better-informed choice going forward.

Early entry program applications and offers in your state

Early entry programs give Year 12 students a chance to secure a university place before final exams even happen. But with so many programs available for school leavers and a variety of application processes, it might feel a little overwhelming.

We're here to break the process down and hopefully give you a little more clarity about what to do next. Let's take a look.

What is an early entry program?

Early entry is when a university assesses your application on factors other than your Year 12 final exam results. You can apply using Year 11 results, school or principal's recommendation, community involvement, leadership roles, or personal circumstances. In return, they may offer you a place to study ahead of your final exams and before the main admissions rounds open.

Most early entry offers are conditional, meaning you still need to meet certain requirements like finishing Year 12 or achieving a minimum ATAR. But knowing a place is waiting for you could reduce your stress and mental load heading into exams.

How do you apply?

This can vary depending on which programs you're applying for and the location of the university you're applying to. Some early entry applications are submitted directly to the university, not through your state's Tertiary Admissions Centre (TAC) - but sometimes you only need to apply through a TAC, or in other cases do both.



Here's an overview by state. In any case, the best advice is to check each university's website for the details of each program and apply accordingly, and contact the Future Students team if you have any questions.

New South Wales and the Australian Capital Territory

In NSW and the ACT, most standard university applications are submitted through the [Universities Admissions Centre](#) (UAC). But many universities' early entry programs have separate processes and deadlines, so applying for these is little different:

- **17** programs listed in the [SWG Early Entry Guide](#) require you to submit a direct application to the university only.
- **2** programs require you to submit an application through UAC only.
- **6** programs require you to apply through UAC and submit an application or other documentation directly to the university.

Victoria

There are **5** early entry programs from universities in Victoria, and **all** of them require you to submit an application to both the [Victorian Tertiary Admissions Centre](#) (VTAC) and directly to the university. While you can receive a conditional early offer directly from the university, your place is only secured once you also apply for the same course through VTAC, list it as your highest preference, and accept an offer in one of their standard offer rounds as well.

Note: While Torrens University Australia has campuses in Melbourne, students in Victoria are not eligible for their early entry program.

Queensland

The [Queensland Tertiary Admissions Centre](#) (QTAC) manages standard university admissions for most Year 12 students in Queensland, but the process can differ for early entry programs:

- **5** programs require you to submit a direct application to the university only.
- **2** programs require you to submit an application through QTAC only.
- **4** programs require you to apply through UAC and submit an application or other documentation directly to the university.

South Australia and the Northern Territory

There are only **2** universities with campuses in SA that provide early entry to Year 12 students:

- CQUniversity has a campus in Adelaide - you'll need to submit an application directly to them.
- Torrens University Australia also provides early offers to most of their courses on campus in Adelaide - you must also apply directly to them.

All other applications to study in SA or the NT are made through the [South Australian Tertiary Admissions Centre](#) (SATAC).

Western Australia

In WA, the [Tertiary Institutions Service Centre](#) (TISC) handles all standard applications, as well as early entry applications for **4** universities: Curtin University, Edith Cowan University, Murdoch University, and the University of Western Australia.

If you're interested in applying for early entry at the University of Notre Dame Australia, they take applications directly - no TISC application is required.

Tasmania

As the only university in the state, the [University of Tasmania](#) (UTAS) has their own admissions process for both early entry and standard admissions, so you'll always be applying directly with



them.

What do universities look for?

Different programs have different criteria, but common things universities consider include your school grades and progress, leadership or community involvement (such as being a school captain or volunteering), or personal circumstances (for example, if illness, family hardship, or caring responsibilities may have impacted your studies).

Some programs are designed specifically for students from regional areas, low-income households, or other underrepresented groups. It's always worth checking the eligibility requirements carefully. And if you're not sure whether you qualify, just contact the university and ask.

When will you hear back?

Under a 2024 recommendation from the Universities Accord, Australian universities agreed not to issue early offers to school students before September of the year prior to study. So even if applications open in April or May, you generally won't receive an offer until September at the earliest.

That said, programs and timelines do vary, and some universities set their own deadlines for applications. Make sure you keep up with key dates, because missing a deadline by even a day could mean missing out entirely.

What happens when you get an offer?

Receiving an early offer is brilliant news, but you don't have to make any snap decisions. Here are your main options:

- You can **accept** the offer, which locks in your place (usually subject to meeting any conditions).
- You can **decline** the offer if it's not the right fit, which frees the spot for someone else.
- Some universities also allow you to **hold** the offer while you wait to see what other offers come through.
- In some cases you can also **defer** the offer, allowing you to take some time off and come back to study when you're ready.

Always check the deadline for responding to your offer to make sure it doesn't expire and you end up missing out.

In some cases, you might receive a conditional early offer directly from the university that only becomes official once you also apply for the same course through a TAC. Even if you accept one of these offers, your TAC application will stay open, and you can still reorder your preferences to be considered for other course offers in the main rounds at the end of the year.

Remember, receiving a conditional offer doesn't mean you have to stop trying in your exams. In fact, many students find it frees them up to do their best work, because the pressure of "what if I don't get in?" is lifted.

What if you don't get an offer, or don't want to accept one?

The standard admissions process through your state's TAC will open later in the year, and that's how most students still apply and secure their place.

And if you apply for early entry but none of the offers feel right, simply decline them and continue with the standard process or find other early entry programs that are still open for applications. You haven't lost anything, you've just kept your options open.

Explore your options

Early entry is just one of many ways into university. If you want to find out more about the process, grab a copy of the [Early Entry Guide](#) to make getting started simple.



Whether you go early, through standard admissions, or via an alternative pathway, there are more routes to university than you might think. [Head to our University page to explore your options and find the path that works for you.](#)

COLLABORATION

What is equity and why does it matter?

Equity is a term that comes up often in education but rarely gets a proper explanation. It shapes a lot of the support systems and programmes you'll encounter throughout your studies, so understanding what it actually means is worth your time.

What equity means

Equity refers to fairness in how resources, opportunities, and support are distributed. The core idea is that people have different starting points, and getting fair outcomes sometimes means accounting for those differences rather than treating everyone identically.

This is where equity is often compared to equality. Equality means giving everyone the same thing. Equity means giving people what they specifically need, which won't always look the same from person to person.

Why it matters in education

Students arrive at further study from a wide range of backgrounds and circumstances. Financial pressures, learning difficulties, geographic location, and other factors can all affect how easy or hard it is to engage with study and access opportunities.

Equity is the principle that tries to account for those differences, so that a student's circumstances are less likely to determine their outcomes. It doesn't mean lowering standards or changing what's expected. It means making sure the conditions exist for different students to meet those standards. It's also worth noting that equity isn't a fixed solution. The way it's applied will look different depending on the institution, the student, and the situation. What stays consistent is the underlying goal of making participation more accessible for those who need it.

What it looks like in practice

Equity shows up in a number of ways, some of which you may have already encountered.

Support programmes are one of the most common examples. These might include tutoring services, literacy and numeracy support, or programmes designed for students from particular backgrounds, with the goal of providing additional assistance where it's needed most.

Accessibility accommodations help remove barriers for students with disabilities or learning difficulties. These might include extra time in exams, assistive technology, or alternative assessment formats.

Scholarships and financial assistance help ensure that cost isn't the deciding factor in whether someone can pursue further study. Many institutions offer funding specifically for students who may not have the financial means to access education without support.

Pathway programmes provide alternative routes into higher education for students from underrepresented or disadvantaged backgrounds, through things like alternative entry schemes or bridging courses.

Who these measures are designed for

These kinds of measures are generally aimed at students who face additional barriers to accessing or succeeding in study. This can include students from low-income households, those in regional or remote areas, students with disabilities, students from non-English speaking backgrounds, and students who are the first in their family to pursue further study, among others.



Eligibility varies between institutions, and these aren't fixed or exclusive categories. Individual circumstances will always play a role in what support is available, so it's worth exploring what applies to your own situation rather than assuming you do or don't qualify.

Finding out what's available

Most institutions have dedicated student services teams, equity offices, or wellbeing coordinators who can walk you through what's on offer. If you're unsure where to start, reaching out to one of those teams is usually the easiest first step.

Even if you don't feel you need support right now, knowing what exists means you'll be better placed to access it if your circumstances change, or to point someone else in the right direction. These services exist to be used, and making yourself aware of them early is a practical habit worth developing.

WORKPLACE SAFETY

What is the right to disconnect?

If you've ever had a boss text you about a shift after you've already clocked off, or felt like you were expected to check your work messages on a day off, you're not alone. For a lot of young workers, the line between being at work and being off work can feel blurry, especially when your phone is always within reach.

In 2024, a new law changed that. The right to disconnect gives employees a legal basis to step away from work contact outside of their rostered hours, and it applies to most workers in Australia, including young people in part-time and casual jobs.

What the right to disconnect actually means

The right to disconnect is a provision under the [Fair Work Act](#) that gives employees the right to refuse to monitor, read, or respond to contact from their employer or a third party (like a customer or client) outside of their working hours. That contact could be anything: a phone call, a text, an email, a message through a work app, or anything else.

It's worth noting what the law doesn't do. It doesn't stop employers from sending messages outside of hours. It gives employees the right to choose not to engage with those messages until their next shift.

Who it applies to

The right to disconnect applies to employees covered by the national workplace relations system. That includes most people working for companies (such as Pty Ltd businesses), whether they're full-time, part-time, or casual. If you're a regular casual employee, you're covered.

It does not apply to independent contractors. This is an important distinction for young workers, because some jobs, particularly in delivery, rideshare, or freelance-style work, are structured as contractor arrangements. If you're unsure whether you're an employee or a contractor, the [Fair Work Ombudsman](#) has information to help you work it out.

What counts as "unreasonable" contact

The law doesn't say you can ignore every message from your boss the moment your shift ends. The key word in all of this is "unreasonable." Your refusal to respond to out-of-hours contact needs to be reasonable, just as any contact your employer makes also needs to be reasonable.

When working out whether a refusal is reasonable, a number of factors come into play:

- The reason for the contact (is it urgent or an emergency?)
- How the contact was made and how disruptive it is
- The nature of your role and your level of responsibility



- Whether you're being compensated to be available outside of hours
- Your personal circumstances, including family or study commitments

For most young people working part-time in retail, hospitality, or similar roles, the balance generally sits in their favour. These jobs usually don't carry significant responsibility for emergency situations, and part-time or casual workers are typically not paid to be on call. A message asking you to pick up a shift tomorrow, sent at 10pm, is very different from a safety-related call during a crisis.

On the other hand, if you've agreed in your contract to be available for after-hours contact and you're being compensated for that, refusing contact in those circumstances may be considered unreasonable.

What the law protects you from

The right to disconnect is a protected workplace right under the Fair Work Act. This means your employer can't take action against you for exercising it reasonably. Adverse action includes things like being dismissed, demoted, having your hours cut, or being treated unfairly because you chose not to respond outside of work hours.

All modern awards now include a right to disconnect clause, so it's worth checking the award your job falls under to see if there's any specific language about how it applies to your industry.

If you feel pressured to respond

If you're in a situation where your employer is regularly contacting you outside of your rostered hours and expecting a response, it's worth knowing your options.

A good first step is to have a calm, direct conversation with your employer or manager. In many cases, they may not realise the pattern of contact is becoming an issue. Raising it openly gives them the chance to adjust, and most workplaces would rather sort it out informally than let it escalate.

If you're not comfortable raising it directly, or if the issue continues after you've tried, you can also check your modern award or any workplace policies that cover out-of-hours contact. Some employers have formal policies in place.

If the issue isn't resolved at the workplace level, employees and employers can take a dispute about the right to disconnect to the Fair Work Commission, which is the body that handles these kinds of workplace disputes.

Knowing your rights is a good starting point

You don't need to be aggressive or confrontational about any of this. Simply knowing that the right to disconnect exists, and understanding roughly how it works, puts you in a much better position to recognise when something isn't quite right and to feel confident that the law is on your side.

If you want to read more about your rights at work, we've got plenty of other [articles to help you navigate the workplace](#).

JOB SPOTLIGHTS

How to become a Life Cycle Assessor

Life Cycle Assessors analyse the environmental impact of products and processes from the point where raw materials are extracted all the way through to disposal. They collect data, build models, and produce reports that help organisations understand and reduce their environmental footprint. If you're passionate about sustainability, comfortable working with data, and enjoy translating complex findings into clear recommendations, this career sits at an important intersection of science and strategy.

What skills do I need as a Life Cycle Assessor?

- Analytical & data-driven



- Strong research skills
- Environmental knowledge
- Clear & concise communicator
- Critical thinker
- Methodical & thorough
- Proficient in modelling software
- Collaborative & consultative

What do Life Cycle Assessors do?

At the start of a project, you define the scope of the assessment, determining which stages of a product or process you'll be examining and what data you need to collect. This scoping phase is important because life cycle assessments can be enormously broad, and setting clear boundaries early shapes everything that follows. You'll gather data from a range of sources, including manufacturers, suppliers, scientific databases, and industry reports, and begin building a picture of where the environmental impacts are concentrated.

The core of your work involves entering that data into specialist modelling software and running analyses across a range of environmental indicators, including carbon emissions, water use, energy consumption, and waste generation. You interpret the outputs, identify hotspots where impacts are highest, and develop findings that are accurate, defensible, and useful to the people who need to act on them. Producing clear, well-structured reports is a significant part of the role, and the ability to communicate technical results to non-specialist audiences is something you'll use constantly. Alongside the technical work, you'll regularly consult with design teams, engineers, procurement managers, and clients to help them understand your findings and apply them to real decisions. Periodic tasks include staying current with evolving methodology standards, contributing to green certification processes, and supporting organisations as they work toward environmental targets. Some Life Cycle Assessors develop deep expertise in particular industries or material types, such as construction, packaging, or food systems, building a reputation in a specific area over time.

What kind of lifestyle could I expect?

Life Cycle Assessors work for environmental consultancies, sustainability-focused research organisations, government agencies, and large corporations with dedicated sustainability functions. Some roles sit within product design or manufacturing companies where LCA is used to guide material and process decisions. The field is relatively small but growing steadily as environmental reporting requirements become more rigorous across industries.

The work is primarily office-based, with most time spent at a computer running models, analysing data, and writing reports. Client meetings and site visits occur periodically but are rarely the dominant part of the job. Many roles offer flexibility, with remote or hybrid arrangements common in consultancy and research settings.

Hours are generally standard, with busier periods tied to project deadlines or reporting cycles. The role is mentally demanding, requiring sustained concentration and careful attention to detail over long stretches. Salaries are average at entry level and have strong potential to grow above average as you build expertise and take on more complex or senior projects. The field is experiencing strong growth, driven by increasing regulation around environmental disclosure and a growing expectation that organisations can account for the full impact of what they make and sell.

How to become a Life Cycle Assessor

- **Complete a relevant degree:** You'll typically need a bachelor's degree in environmental science, engineering, chemistry, or a related field. Some Life Cycle Assessors come from backgrounds in product design or sustainability, particularly if they've developed strong quantitative skills alongside their environmental knowledge.



- **Develop your technical skills:** Familiarity with LCA methodology and specialist software such as SimaPro or OpenLCA is important and increasingly expected by employers. Many universities introduce these tools during undergraduate study, but pursuing additional online training or self-directed learning can give you a real advantage when applying for early roles.
- **Gain entry-level experience:** Look for graduate roles, internships, or research assistant positions with environmental consultancies or organisations that conduct LCA work. Early roles often involve data collection and model building under supervision, which is where you develop the practical judgement that comes with handling real datasets.
- **Build your expertise and professional profile:** As you gain experience, focus on developing depth in particular industries or impact categories. Joining professional networks in the sustainability and environmental science space, contributing to published research, or pursuing postgraduate study can all help you build credibility and open up more senior opportunities.

From here, you could progress to senior assessor or project lead roles, move into environmental consulting more broadly, or take on advisory positions helping organisations shape their sustainability strategy. Some Life Cycle Assessors move into policy or standards development, contributing to the frameworks that govern how environmental impact is measured and reported across industries.

What can I do right now?

If you're in high school and interested in working as a Life Cycle Assessor, here are some practical steps:

- Focus on maths and science subjects, particularly chemistry, biology, and environmental science, as these build the quantitative and analytical foundations the role relies on
- Start exploring the concept of life cycle thinking by researching the environmental impact of everyday products, from how they're made to what happens when they're thrown away, to develop the systems-level thinking the role requires
- Look for volunteer opportunities or work experience with environmental organisations or sustainability-focused businesses to get a feel for how environmental data is used in real decisions

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