



Free
online
event

Transition from primary to secondary

A free information session for parents and carers

Tuesday 28 November

7pm – 8.30pm

Online Zoom event

**Guest speaker - Rod Dungan,
Director of Thriving Youth Australia**

Transitioning from primary to secondary school may be a significant change for students. The adjustment can feel full of possibilities and yet, fraught with unknown trials. Although most students (and parents) will have a sense of optimism, some may feel a sense of anxiety; and it is a journey of change that can be made positive - with preparation, planning and ongoing support.

What will be covered:

The basic information - routines, public transport and homework

The “tricky” stuff - friends, bullying and anxiety

The important information - workload, getting help and working with your child’s personal and learning strengths

The complex information - managing technology, anxiety, school refusal and supporting your child’s mental health and flourishing in school.

For more information

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Bookings essential, scan the code or visit

https://knox-vic-gov-au.zoom.us/webinar/register/WN_5UHgn_DYR6ipUvOm5Gj42w