



If you have any English Language difficulties, please ask staff to book an interpreter. From home contact the **free** Telephone Interpreter Services on **03 9605 3056**. Ask staff if this information is available in your preferred language.



We offer therapies that can help children with development of communication, social, movement, self-care, feeding and playing skills. We provide services over telehealth and face-to-face, individually or in small groups.

Speech Pathology

We help children and their families with speech, language, stuttering, social skills or feeding concerns. Therapy is provided to children from birth until the commencement of school.

Occupational Therapy

We help children up to Grade 1 develop skills like drawing, writing, playing, using the toilet, self-care, ball skills and school readiness.

Physiotherapy

We help support children under 12 years of age, with physical developmental issues including:

- Gross motor concerns like difficulty sitting or slow to crawl or walk
- Low tone "floppy" or high tone "stiff" in body, arms and legs
- Orthopaedic conditions such as limping, growing pains, flat feet, in-toeing, toe walking, abnormal foot posture.

Dietitian

We help with fussy eating and food refusal, growth concerns, food allergies or intolerances, for children under 12 years of age.

Children's Feeding

We provide assessment and therapy for a range of food and eating issues for preschool aged children such as:

- Fussy eating and food refusal
- Growth concerns
- Difficulty with food textures
- Difficulty chewing and swallowing



This might be individual or group therapy with a Dietitian, Speech Pathologist and/or Occupational Therapist.

Child & Family Counsellor

If you are worried about your child's social and/or emotional health, our child and family counsellor may be able to help. Referrals are accepted from any source (e.g. parent, teacher). Our counsellor includes the whole family and the sessions will include working with you to achieve goals set. Individual and group options are available.

Podiatry (foot care)

We help children of any age with foot and ankle problems.

Referrals

We accept referrals from any source but require agreement from the child's parent/carer (guardian) to proceed. We do not accept referrals for children who are eligible to receive NDIS-funded services.

Due to high demand there may be a waiting time for our services. Please speak with us about the wait times for our services.

If you are unsure which service you require, we can help you find the right service. If we are unable to help you, we will direct you to a service that can.

What are the costs?

Our services are for low and medium income earners.

Fees depend on the service: ■ Low income - \$0 ■ Medium income - \$17

(Please note that the Community Health income ranges are based on the Centrelink Income Test for pensioners)

Location details:

Please note: Not all services are available at all sites.

- **Healesville Hospital & Yarra Valley Health**
377 Maroondah Hwy, HEALESVILLE 3777
 - Bus Stop (corner Eadie Avenue & Maroondah Hwy)
 - Free car parking onsite

- **Upper Yarra Family Centre,**
2444 Warburton Hwy, YARRA JUNCTION 3797
 - Bus stop (in front of building)
 - Free car parking onsite

- **Community Health**
24 Grey Street, RINGWOOD 3134
 - Limited parking available onsite, or 2 hour street parking

For Further Information:

Phone: 1300 130 381 Option 4. Business Hours: Monday – Friday 9.00am – 4.30pm

Email: communityhealth@easternhealth.org.au

<https://www.easternhealth.org.au/locations/healesville-hospital-and-yarra-valley-health>



If you have any feedback or suggestions on how to improve this information sheet, please contact brochure.request@easternhealth.org.au