



VIEWBANK COLLEGE



THE CYBER SAFETY PROJECT IN PARTNERSHIP WITH VIEWBANK COLLEGE

# Cyber Safety & Wellbeing Live Parent Webinar

MONDAY 23<sup>rd</sup> MAY, 2022 at 7:30pm – 8:30pm  
Registration link: <https://bit.ly/VIEWBANK2022>

## Navigating Social Media Safely

For young people today, growing up digital is a whole new world. Learning safe practices and strategies for maintaining a positive digital reputation starts in the home. Building a positive and healthy family environment where digital use is encouraged, but managed effectively, can be a tough balance.

This session aims at providing parents and guardians with insights and important information about popular social networking and gaming platforms trends. We will discuss ways to ensure children remain safe with the use of privacy settings and steps to build positive digital habits using proactive tools. To help you support your young people to be confident, independent, and safe digital users, we explore important conversations to help families 'start the chat'. We unpack the facts about the laws regarding digital consent and cyberbullying, as well as strategies and resources to seek help when things go wrong online.

### WHAT YOU WILL LEARN

- ✓ The Cyber Safety Project Methodology: Plan, Prevent & Protect
- ✓ Sexting, Nude Image Sharing and the law
- ✓ Managing cyber bullying, help seeking strategies and resources.
- ✓ Making use of app and game settings to take control when things go wrong.
- ✓ Starting the chat about digital safety, gaming, addiction and gambling.
- ✓ Establishing positive relationships and how to report cyber abuse

### PROUDLY PRESENTED BY

#### THE CYBER SAFETY PROJECT



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*Cyber Safety Project is a Certified Provider by the Office of the eSafety Commissioner*

