

MARIBYRNONG GIRLS CAN

Get moving with your Maribyrnong Girls from 26 October – 2 November 2025

Free and fun physical activity and wellbeing programs
across the City of Maribyrnong. Registrations are required.

A Adults **T** Teens

SUN 26 OCT	MON 27 OCT	TUE 28 OCT	WED 29 OCT	THU 30 OCT	FRI 31 OCT	SAT 1 NOV	SUN 2 NOV
Volleyball T 10-11am Footscray High School Volleyball A 11.30am-1pm Footscray High School Pickleball A 2.30-4pm RecWest Braybrook Women's Swim Night A T 7-9pm Maribyrnong Aquatic Centre	RPM A 6am Maribyrnong Aquatic Centre Cardio Tennis A 5.45-6.45pm Maidstone Tennis Club Yoga in the Park A T 6.30pm Beaton Reserve Hormone Weight Connection Talk A 6.30-7.30pm Civic Precinct & Community Hub	Boxing Fit A 10am Athena Gym Teen Pump T 4-5pm Maribyrnong Aquatic Centre Get into Golf A T 6pm Coulson Gardens Bollywood A T 7.15-8pm Beaton Reserve	Strength Class A 8.00 am Athena Gym Boxing Fit A 9.30am Maribyrnong Aquatic Centre Get into Golf A T 4.30-5.30pm Medway Golf HIT A 7pm Maribyrnong Aquatic Centre	KangaMix A 2-3pm Cruickshank Park, Yarraville Pickleball T 4-5pm Phoenix Youth Hub Pump Class A 5-5.45pm RecWest Braybrook Mindful Drawing A 6.30-7.30pm Civic Precinct & Community Hub Muay Thai A 6.30pm JS Muay Thai Pilates A 6.30pm Maribyrnong Aquatic Centre Cardio Tennis A 7.15-8.15pm Kingsville Tennis Club	STRONG Pilates A 7.45-8.30am Maribyrnong Highpoint Shopping Centre Yoga in the Park A T 6pm Coulson Gardens	Scrap & Yap T 10am-12pm Phoenix Youth Hub Training Room Social Netball A 4pm-5pm RecWest Braybrook	Social Badminton (Open Court) A 2.30-3.30pm RecWest Braybrook

Maribyrnong Girls Can is an inclusive program and welcomes all who identify as women, from all cultural backgrounds and abilities. Register at maribyrnong.vic.gov.au/active. For further information email active@maribyrnong.vic.gov.au or call 9688 0200.

Find us on   Active Maribyrnong

