

EDITION 79, TERM 4 2023

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# northerlyaspects

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OUR COVER: Playgroups are recognised as important social and learning outlets for parents and children, and there are many options for families in the 3214 area. SEE Page 5 for more information.

## Editor's note



Welcome to the Term 4 edition and the realisation that we're headed towards the end of another busy year. If 2022 was a return to 'normal' after two years of upheaval, this year seems to have seen most people resume their lives to capacity.

Cost of living pressures have derailed some families' plans to resume activities or take up new ones. It's always a challenge to find affordable ways to get out and about.

Volunteering is often a good way to access low-cost activities or, at the very least, get involved with others in the community. Whether it's a sporting or community group, why not get involved?

Volunteering Geelong plays an important role in co-ordinating opportunities for people interested in volunteering. It also runs different training programs to help people find the right role as they also work towards getting a job.

Volunteering Geelong will run a free five-week program starting on October 24 that is designed to help people pathway to employment in the aged and community care sector. The workshops series will include volunteer work placement (with support and mentoring), help with improving your resume, job ready and job search skills.

The program will run Tuesday to Thursday from 10am until 3pm for five weeks. For more information or to register, email [grant@volunteeringgeelong.org.au](mailto:grant@volunteeringgeelong.org.au) or phone 5221-1377.

You can also talk to Volunteering Geelong about other opportunities to get involved in volunteering.

Our next edition of Northerly Aspects is in 2024, so look out for your Term 1 copy in mid-January.

Jeanette Anderson

Editor, on behalf of the Editorial Committee

Northerly Aspects is published quarterly by a voluntary editorial committee comprising community workers and representatives from Cloverdale, Rosewall and Norlane neighbourhood houses, who employ a part-time editor. Each issue is dependent on income from advertising and sponsorship.

If you would like input into Northerly Aspects, call 5275-4415 or email [info@northerlyaspects.org.au](mailto:info@northerlyaspects.org.au). Northerly Aspects also has a website – you'll find us at [www.northerlyaspects.org.au](http://www.northerlyaspects.org.au)





# Art for healing and connection

Art therapy as a way of helping with healing and building connection is being explored at Cloverdale Community Centre, and the community has opportunities to find out more about the practice at mini workshop sessions in October.

Trainee art therapist Anna Hurley is based at the centre as part of her university studies. In Term 4, Anna will be at the centre on Tuesdays and Fridays.

"I am very excited to be working with the team at Cloverdale as a trainee art therapist for the next few months," Anna said. "Prior to this, I have worked in schools, teaching arts and photography."

During her placement at Cloverdale, Anna is also supporting other staff in group training sessions. She provides creative activities that are linked to the topics being discussed by the group.

Anna provided the following information to help better understand her role:

You're probably asking what is art therapy? First and foremost, you don't have to be an artist to use art therapy and it can include all sorts of media and materials, depending on your own preferences.

Neuroscience is now confirming the positive effects that working with the arts in all their forms have on our mental health in numerous ways.

There is strong evidence to show that artmaking and expression through artistic processes can change our brain and behaviour.

## How can it help me?

Art therapy can be healing in many ways:

- It can provide space away from our everyday stresses.
- Help with emotional regulation and accessing nonverbal/internal worlds.



Art therapy trainee Anna Hurley is helping the community understand how art therapy can be used to help people heal and connect.

- Give you opportunities to express your inner thoughts, while helping you to better understand and make sense of your emotions and your mental health.
- Connect you with a sense of meaning and help you with communicating this to others.
- Allow you to recognise your own growth and inner strength.
- Can be practised with individual clients, families and groups or provide tools for your own self-care.

For anyone who would like to find out more about art therapy, Anna is conducting free mini workshops at Cloverdale Community Centre on Tuesdays October 3 and 10, from 12.30pm until 1.30pm.

# Program shares a love of maths

Northern Bay College is trialling a no limits maths program which resulted from the COVID-19 remote learning experience and feedback from staff and students to cater for maths lovers.

The college has four P-8 sites and a senior 9-12 campus and it is common practice to share facilities and embrace the one school culture by having shared events around the campuses. This is an advantage for social interaction and inclusion, and expands the network of students, particularly from Years 6 to 8. The students know all the other Year 7s and 8s from other campuses.

Using Zoom or WEBEX during lockdowns became a useful tool for teachers to work in small groups or on individual programs. This led to a senior maths teacher taking an advanced Year 7/8 maths group through a mix of face-to-face and online activities.



Tallis campus students Ethan, Jarred and Michael participate in the maths program.

Every week, senior maths specialist Sam Horrocks visits one of the campuses armed with laptop and a range of maths puzzles, questions and problems. She has a face-to-face group at that campus and at the three other campuses, her maths team logs in for the lesson.

The students in each session work individually, in small groups or as a whole to find the mathematical solutions to the challenges Sam sets. The work can be self-paced or a collaboration. Sam said she was

recently pleasantly surprised when one student solved her set problem in a way that she herself had never considered.

According to Michael, a student at Tallis Campus, "it is great to have a much wider group of mathematicians to challenge and learn from".

The program is weekly for 30 minutes online, then Sam stays for a longer period at the campus hosting the session.

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## Swooping season has arrived

Breeding season for swooping native birds has begun and is expected to continue until the middle of November. You should take extra precautions when outdoors during this period, because swooping birds can be present across urban and rural areas.

Many native birds, such as magpies and masked lapwings (also known as spur-winged plovers), are inclined to protect their eggs and young during breeding season. This protective behaviour can sometimes lead to an increase in swooping, especially in areas where people and birds coexist.

You can minimise the risk of being swooped by avoiding nesting areas where birds are swooping if possible; protecting your head and eyes; moving through the area quickly.

While swooping birds can be alarming, the behaviour is confined to about 10 per cent of birds. Each breeding pair will also normally only swoop for four to six weeks until their chicks can fly. All native birds are protected under the Wildlife Act 1975, so you should not harm or scare swooping birds, or interfere with their nests.

To report a bird swooping on council land, call the City of Greater Geelong Customer Service Team on 5252-5272. They will organise warning signs at the site and assess the behaviour of the bird.



# Playgroups are not just for kids

Parents and carers of young children are encouraged to get involved with a playgroup to help connect themselves and their children to the local community.

A playgroup is a group of parents or caregivers with their babies, toddlers and preschool children who get together regularly for play and social interaction. A range of playgroups are held throughout the Corio and Norlane area. Some are council-run, some are facilitated by agencies and services. All have the common aim of using fun and play to connect with others.

Helen O'Connor, from Northern Bay College's Family Centre, said playgroup is a fun and playful experience for parents and carers to share with their child and with other families.

"Playgroups at our centre are run by committed staff who rely on relationship building, sharing ideas and simply brightening the day for the adults and the children. I strongly recommend playgroups. There are excellent ones in our local area.

"Each Northern Bay College campus offers playgroups, and this could be a great starting point if you want to join in. Session times, days and frequency vary across centres and may depend on the families who are attending. Sessions are free and joining a playgroup important for a range of reasons."

At Our Place Northern Bay there are several choices for parents or carers and their pre-school, aged from birth to five years. No child is ever too young to go to playgroup.

Our Place staff, who are based at Korayn Birralee Family Centre, know that a child's learning from birth to three years of age is one of the most important and vital stages of their lives. And playgroup helps set them up for the next step in their learning journey to Kinder.

Meli provides a free playgroup at Korayn Birralee Family Centre on Tuesday and Thursday mornings. The playgroup is



Our Place Northern Bay playgroup participants enjoy fun, learning and meeting others.

free and is facilitated by experienced and supportive staff. The Thursday playgroup also has a bi-lingual support worker which assists families to feel welcome and supported.

Playgroups provide families with so many benefits. Not only do children have the opportunity to socialise, learn and practice new skills, but parents and carers also benefit in so many ways. It is a place to meet other parents and carers of young children, share ideas and learn from one another.

For more information about Our Place Northern Bay, call in to Korayn Birralee



Family Centre, 146 Purnell Road Corio or email [northernbay@ourplace.org.au](mailto:northernbay@ourplace.org.au).

The Northern Bay College Family Centre is at 25 Goldsworthy Road, Corio, phone 5224-9791.

More information about playgroups is also available on the Playgroups Victoria website - [www.playgroup.org.au](http://www.playgroup.org.au).



# NORTHERN AQUATIC AND COMMUNITY HUB

OPENING  
2024

We look forward to welcoming you to the brand new Northern Aquatic and Community Hub on the corner of Cox Road and the Princes Highway in Norlane.

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## A chance to share skills with our youth

The Department of Families Fairness and Housing Geelong staff are working on exploring social programs and opportunities for disengaged youth in the area. The team is looking for people in the community who have skills they are willing to offer support to these young people.

The skills might be in the arts, sport, animal welfare, cooking, music, mentoring, life, yoga, karate, sewing, surfing, horse riding or other areas of interest.

DFFH's Megan Hannah said: "Barwon Community Partnerships is exploring opportunities for the community to support our youth. If you have the willingness and ability to make a difference to disadvantaged young people by supporting their engagement in social activities, we want to hear from you. Let's get creative!"

For more information, contact [megan.hanna@dffh.vic.gov.au](mailto:hanna@dffh.vic.gov.au)

## Volunteer to build skills and give back

DFFH supports volunteering in the community as a way of building personal skills and confidence while also contributing to the community.

Volunteering Geelong is an independent not-for-profit organisation committed to building the community by promoting and supporting volunteering. It matches people looking to become volunteers with the best opportunities to give back through its region-wide referral service.

Volunteering Geelong is always looking for people to help the various community and not-for-profit organisations in the region. Suitable volunteering opportunities are available for people of all ages and backgrounds. Volunteering Geelong can help you find a volunteering role that best meets your needs and areas of interest.

Why become a volunteer:

- Be rewarded by knowing you are helping the local community and making a difference.
- Gain a better understanding of the various groups and organisations in our community.
- Learn new skills or further develop your current knowledge and experience.
- Use volunteer experience as a stepping stone to employment.
- Build your confidence and self-esteem.
- Expand your social networks by meeting other people.

The first step is contacting Volunteering Geelong via its website ([www.volunteeringgeelong.org.au](http://www.volunteeringgeelong.org.au)) to discuss how your skills, experience and passion can help others, or call 5221-1377.

## Free interpreting services for early childhood

Language Loop provides free interpreting services for funded early childhood education services.

Language Loop can access support from an interpreter to engage with people in the community from culturally and linguistically diverse (CALD) backgrounds. It provides free interpreting services to funded early childhood education services, including telephone, video and onsite interpreters. All interpreters are qualified and accredited.

The services support the equity and diversity goals outlined in the Victorian Early Years Learning and Development Framework, in particular a focus on recognising multilingualism as an asset and supporting children to maintain their first language, learn English as an additional language, and learn languages other than English.

Early childhood education services can book an interpreter through the Language



Loop portal or by phoning 9280-1955. After submitting a request for an interpreter, Language Loop will connect the service with the appropriate interpreter for its requirements.

The department's Use an interpreter in early childhood education services web page (<https://www.vic.gov.au/early-childhood-update-march-2023/free-interpreting-services-funded-early-childhood-services>) has further information on how to engage Language Loop and work with interpreters.



# Access Your Supports



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## Labuan Square upgraded

The streetscape upgrade to Labuan Square in Norlane has been officially opened.

Cr Anthony Aitken said the rejuvenation of Labuan Square has been a long-term priority for Windermere Ward councillors. The project was put on the agenda back in 2018, and received wider Council support to upgrade the streetscape, with better surfaces, play items, furniture, and gardens.

“On the back of this commitment, and significant public input, the Victorian Government provided support via two separate grants,” Cr Aitken said. “It was fantastic to see the community using the more attractive and vibrant space, at the official opening of the space in early August.”

## MusicSpace after school

Young people who love music can now access a new program, MusicSpace After-School, at Cloverdale Community Centre.

MusicSpace After-School is a Bluebird Foundation program held weekly for young people to get involved in music, or to further develop their music skills. Anyone can join in at MusicSpace After-School regardless of music experience and the program welcomes people with disability and other diverse needs.

Young people work with professional musicians including a Registered Music Therapist to develop their interests, whether it is to learn an instrument, develop vocal skills, be a song writer, play in a band, perform, record or just hang out with fellow music lovers.

Program manager Mel said: “When you come along, you can let us know what you wish to do with your music, and we will support you to follow that dream. Even if you are not sure what you want to do, you will meet other music-loving people, learn a few skills and discover your passions along the way.

“The program is supported by funding from

the Cassandra Gantner Foundation and the APCO Foundation. This allows young people to access the pilot program for at least two school terms or until their NDIS funding review comes around. They can then use their NDIS or TAC funding. We will meet with people individually to discuss how this will work for them. For privately funded attendance, please talk to us about costs and payments.”

MusicSpace After-School does not include any personal support needs. If the young person requires a support worker to attend and/or participate, this will need to be sourced and funded separately.

The program runs every Thursday from 3.30pm-4.30pm during school terms at Cloverdale Community Centre, 167-169 Purnell Road, Corio. It is for 13-18-year-olds who have an interest in music.

For more information or to fill out an expression of interest, go to <https://www.bluebirdfoundationinc.org.au/musicspace-afterschool> or contact the program manager, Mel on 0448-313-462 or email [musicpace@bluebirdfoundationinc.org.au](mailto:musicpace@bluebirdfoundationinc.org.au).

The City of Greater Geelong contributed \$405,000 to the project along with \$326,000 contributed by the Victorian Government through the Department of Jobs Skills Industry and Regions (DJSIR) COVID Safe Outdoor Place Activation Fund (\$100,000) and the Department of Justice and Community Safety, Creating Safer Places grant (\$226,000).

Features of the work include:

- Streetscape improvements, which also feature smart nodes, CCTV and free public Wi-Fi.
- Additional amenities, such as a toilet, shelter, and children’s waterplay fountain.
- A public mural, by Nikki McKenzie, Norm Stanley and Tarryn Love, which highlights First Nations creativity and culture.

The landscaping and art installations reference the nearby Cowies Creek, providing a unique, local touch and a strong sense of community pride.

Cr Aitken said: “This upgrade is a big step towards the reactivation that this part of Geelong deserves. There is also a great opportunity to create an exciting new era for Labuan Square.”

# Independent plan management

Did you know that the National Disability Insurance Agency encourages NDIS Participants to engage with an independent NDIS Plan Manager who does not provide other NDIS funded supports to them?

Did you know that Canny Plan Management is proudly independent in only offering NDIS Plan Management?

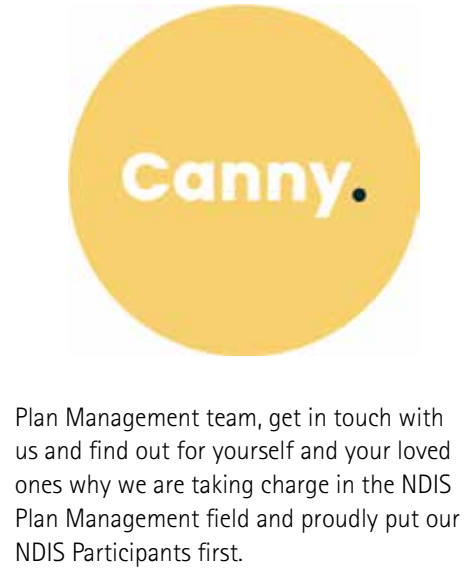
Our NDIS Plan Management team is different. Our aim is to help you be empowered to make the most of the supports that best suit your needs. As your NDIS Plan Manager, we will:

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We are real people from real walks of life, and we care about you, your goals and your aspirations. We are here to help; we are here to listen; and we are not your average NDIS Plan Management team.

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# Long history of ‘being there’

‘We’ll be there’ is the Wightons Lawyers motto and a phrase that epitomises the values and approach of the firm over its long history. Established more than 130 years ago, Wightons is one of the oldest and most trusted law firms in the Geelong region. It has been around almost as long as the Geelong Cats.

Wightons Lawyers says: “Living by our motto means being available to advise and support clients across the Geelong region, wherever they are. Our Corio office is an important part of that and for more than 40 years it has been proudly meeting the legal needs of local businesses and members of the community.

“We offer our full range of legal services from our Corio office, from wills and powers of attorney to succession planning, deceased estates and general dispute and commercial litigation matters. We can also help with

your legal business needs, including retail and commercial leasing, buying and selling a business, company and association incorporation and advice on business and trust structures.

“Wightons family law practitioners attend at the Corio office each week and we also operate a family law clinic, offering free 30-minute appointments to new family law clients each Friday. These clinic appointments are aimed at providing initial guidance about family law, including parenting issues, property divisions, child support, family violence and financial agreements.

“Our Corio office is conveniently located upstairs at Corio Shopping Centre (Corio Village) and is open Monday to Friday, 9am to 5pm. Across our offices in Geelong, Corio, Ocean Grove and Winchelsea, our experienced team provides prompt, honest and professional legal services in a manner



Wightons lawyers Justine Finlay, Jesse Rankine, Ben McLean and Emily Ranner.

you can trust. Beyond our legal services, we value our connections and relationships in the community and are proud to support the Geelong Community Foundation and Peace of Mind.

“You can call into the Corio office to see our friendly receptionist Tanya, or call ahead on 5275-3092 to make an appointment with one of our lawyers. As the motto goes: ‘We’ll be there’ when you need us most.”

## Wightons Lawyers

### Family Law

Our dedicated Family Law team understand the impact of separation on families and that each matter is unique.

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Call us on (03) 5221 8777 to arrange an appointment with our Family Law Team. Appointments are available at our Geelong, Corio and Ocean Grove offices, as well as by telephone and online.

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# Former students sharing knowledge

The Alumni program at Northern Bay College, now in its second year, has benefitted from talented and knowledgeable alumni who have returned to their own school to share their insights on life post school. This program runs a variety of alumni events, including career panels.

Co-ordinator Alison Meredith said "hearing from real-world people, people who grew up in the same neighbourhood, is so impactful and has hopefully inspired students in our career panels to think about their own future pathway.

"A career panel was held to help Year 9 students start to think longer term, to begin to decide what pathway they might want to get into, and to be exposed to lots of different careers.

"Inviting back five alumni guests to our Goldsworthy Campus, in a question and

answer format, we asked them to speak on their career, or study, and to explain what they do, and how they go into their pathway.

"Our panel consisted of: Kellee Reissinger (Corio Tech), curator, Geelong Botanic Gardens; Ty Gilson (NBC 2022), Bachelor of Science (Maths and Statistics); Joshua Barling (NBC 2013), industrial electrician; Lisamaree Bottomley (NBC 2020), Bachelor of Environmental Science and working at Corangamite Catchment Authority; and Stephen Kennedy (NBC 2020), timber machinist, A&R Timber.

"An event for Year 7 and 8 students saw many rush up to ask more questions of the featured panel, which comprised Jasmine Lawrence (NBC 2010), In Work support consultant; Luke McConarchy (NBC 2009), electrician and business owner; Samantha Wilson (NBC 2018), Bachelor of Arts and Commerce; and Cody Jaynes (NBC 2022),

Bachelor of Space Science Degree.

"Early in the year we welcome back some alumni to speak to our VM (formerly VCAL) students. They were: Tony Harvey (Corio Community College), sport and marketing consultant; Sarah McNiven (NBC 2021), farming apprenticeship; Shae Charlton: (NBC 2020), Interior Design student."

## Are you NBC alumni?

If you attended Corio Tech, Corio North High, Norlane High, Corio Community College, Corio Senior College, Flinders Peak SC, and Northern Bay College, the Alumni program would love to hear from you. Check out the Facebook group for some yearbook photos and updates: <https://www.facebook.com/Northern-Bay-College-and-Schools-Alumni-108962595081117> or via [alumni@nbc.vic.edu.au](mailto:alumni@nbc.vic.edu.au).

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**COLLABORATION**  
**PERSISTENCE**  
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Members of the five clubs competing at Corio Little Athletics Centre are getting ready for the new season.

## New season starts soon

Corio Little Athletics Centre is preparing for its new season, which starts in early October. The Centre, at Goldsworthy Reserve in Corio, is a vibrant hub of activity on Saturday mornings during summer. Athletes from five clubs compete each week: Corio West, Corio South, Bell Park, Golden Plains and Lara.

Little Athletics is about being active and having fun. Athletes enjoy the social aspect of being part of a club, and with a focus on personal bests, it is also perfect for those who might not feel comfortable in a team sport.

Athletes are to be aged 5-16 on December 31 and compete in events appropriate for their age, learning to run, jump and throw and gain self-confidence. Athletes of all abilities can participate, and if special assistance is required, events can be modified at Centre level.

The Centre provides a welcoming, fun environment and Saturday mornings quickly become social outings the whole family enjoy participating in. Adults take turns helping with tasks such as raking sand and picking up equipment for their own athlete's events and are close to the action.

The Corio Little Athletics Centre will hold a Come and Try day on Friday, September 29 (AFL public holiday) between 10am and noon. Competition begins on Saturday, October 7 and two free trial weeks are available.

Athletes can choose their own club - it doesn't matter where you live, or which school you go to. For more information contact Meridith 0412-166-760 or [corio@lavic.com.au](mailto:corio@lavic.com.au).



### CORIO LITTLE ATHLETICS CENTRE

*Avalon Airport Athletics Arena, Goldsworthy Rd*

**5 clubs compete together;**

**Corio West, Corio South, Bell Park, Golden Plains & Lara.**

Athletes of all abilities are supported to achieve their personal best.

Athletes to be aged 5-16 on December 31.

***Learn to run, jump & throw. Have fun, keep fit & make new friends.***

**Come & Try Friday September 29 10.00am-12.00pm**

**Season starts Saturday October 7**



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Meridith

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## Premier visits Northern Bay College

It was a great honour to host the Premier to visit Northern Bay College's Goldsworthy Campus recently.

A \$17million project is underway which will deliver a performing arts centre, administration building and new classrooms. It will change the face of the Goldsworthy campus, uplifting the public entrance to the school.

The Premier and I, along with College Principal Scott Diamond and Goldsworthy Campus Principal Erin Prendergast, toured the site to see the progress that has been made on construction.

A special thankyou to the school leaders for the wonderful tour and insightful conversation. Thank you to College Captains Fiona Williamson and Jevic Mwanza, and



Peacock Campus Leaders Archer Bolkovic, Ganeet Otal, Matty Dunn and Tom Di Francesco.

I can't wait to see this project completed and being used by students every single day.

## Veterans Card Victoria

The Victorian State Government is supporting veterans now and into the future with the launch of the Veterans Card - an Australian-first initiative. The Veterans Card Victoria recognises the service and sacrifices made by all current and former Australian Defence Force members.

It will provide eligible veterans with discounted registration for one light

vehicle, free trailer and caravan registration, a marine (boating) licence, free public transport on Anzac Day and Remembrance Day, a fishing licence exemption, and access to the Victorian Government veteran-specific employment programs.

Anyone living in Victoria who has served or is currently serving in the Australian Defence Force is eligible for the Veterans

Card Victoria. All eligible members of the veteran community can apply through either the Service Victoria website or the Service Victoria app on their smartphone.

For more information on the card, or to apply visit [service.vic.gov.au/services/veterans-card-victoria](https://service.vic.gov.au/services/veterans-card-victoria) or contact my office.

## Labuan Square opening

It was great to officially open newly completed upgrades at Labuan Square. The works were a partnership between the Andrews Government and the City of Greater Geelong.

The project has delivered new lighting and security features, including the installation

of CCTV and Wi-Fi in the area. The upgrades have helped revitalise the square with a spectacular mural, landscaping, new facilities including public toilets, and a play sculpture and a play fountain to create a family-friendly environment.

Every community needs a positive, inclusive

space to come together and that's exactly what this project has provided. I look forward to watching the revamped Labuan Square be cherished by residents for years to come.

*Ella George*

**Ella George MP**  
State Member for Lara

Level 1, Corio Village Shopping Centre,  
Bacchus Marsh, Corio.

Phone: 5275-3898  
Email: [ella.george@parliament.vic.gov.au](mailto:ella.george@parliament.vic.gov.au)



## Access to free career help

Do you need help to find your dream career? Free appointments are now available at Corio Library, with a professional career counsellor able to help you plan a pathway to your next job. You can also get help with job application documents and job search strategies.

All you need to do is register and make a free, confidential appointment, available each Wednesday. You can also attend a drop-in session to get tips on preparing a resume and information on where to search for jobs or qualifications.

Follow-up support includes online career counselling via phone or on campus at The Gordon TAFE, online workshops, and referrals to other organisations, including courses offered at community centres, TAFE and university.

Your privacy is respected, and the free service is separate from Workforce Australia providers.

The free career service is thanks to a partnership between the Gordon Skills and Jobs Centre (SJC) and Geelong Regional Libraries.

Corio Library Co-ordinator Lesley Caelli welcomed the expert service, operating onsite since late May, saying it complemented the library service and included computer and internet access in quiet spaces to prepare job applications.

To book your appointment or learn more, call the Gordon Skills and Job Centre on 5225-0700 or visit <https://www.thegordon.edu.au/skills-and-jobs-centre>.

Corio Library is on the corner of Cox Rd and Moa Street.



The Gordon Skills and Job Centre's Caroline Caldwell and Corio Library's Leslie Caelli.

## Please contact my office for any assistance with any State Government matters.

Proudly serving the communities of Anakie, Avalon, Bell Park, Bell Post Hill, Corio, Drumcondra, Hamlyn Heights, Lara, Lovely Banks, Moorabool, Norlane, North Geelong, North Shore, Point Wilson, Rippleside.

Also covering parts of Balliang, Batesford, Little River and Staughton Vale.

## Ella George MP Labor Member for Lara

 [ella.george@parliament.vic.gov.au](mailto:ella.george@parliament.vic.gov.au)  Ella George MP

 5275 3898  @ellageorgemp

 Level 1, Corio Village Shopping Centre,  
Cnr Bacchus Marsh Rd & Purnell Rd, Corio, 3214



# Northern Network

"One network, many opportunities"



## Learns

	Cloverdale	Norlane	Rosewall
Barista Skills	●	●	●
Become Job Ready	●	●	●
Beginner Computers	●	●	●
Buying & Selling Online		●	
Café Skills/Kitchen Operations			●
Conversational English	●		●
Creative Arts - visual & performing	●	●	●
Early Childhood			●
Event Planning			●
Financial Wellbeing		●	●
First Aid			●
Intermediate Computers	●	●	
Introduction to Community Services	●		
Introduction to Hair and Beauty			●
Introduction to Mental Health Sector			●
Responsible Service of Alcohol			●
Safe Food Handlers	●		●
Staying Safe on the Internet		●	
Tell My Story	●	●	



## Creates

Art	●	●	●
Community Singing			
Craft/knitting/Sewing	●	●	●
Creative Workshops	●	●	●
Instrumental music lessons	●		
Life Drawing		●	
Mosaics		●	●
Community Band/Orchestra	●		
Portfolio Development	●		●
Pottery			●
Screen Printing / Printmaking	●		●
Singing & Songwriting	●	●	
Theatre Group		●	
Ukulele	●		



All programs are subject to COVID-19 protocols





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pg 26-27



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## Meets

Cloverdale

Norlane

Rosewall

Chess Club

Coffee & Chat

Community Drop-in

Over 50s / Senior Citizens

T.O.W.N (Take Off Weight Naturally)

## Plays

Occasional Care

School Holiday Program

Playgroup

Youth Group 12-18 years

## Moves

Dancing (for children & adults)

Line Dancing

Meditation

Pilates

Strength and Training

Tai Chi / Qigong

Walking Group

Yoga

## Grows

Community Garden

Food Swap

## Eats

Community Kitchen

Learn to Cook

## Connects

Public Access Internet / Computers

Tax Help



These Neighbourhood Houses acknowledge the support of the Victorian Government.



# Happy snappers

Do you have photos of people getting out and about in the Corio Norlane area? Northerly Aspects wants to promote the many positive activities of residents in the area. If you have a photo you'd like considered for the next edition, email it to [info@northerlyaspects.org.au](mailto:info@northerlyaspects.org.au). Don't forget to include information about when and where it was taken, and who took it.



The Northern Bay College Alumni program, now in its second year, has hosted several career panels this year, with former students returning to the school to share their experiences with current students



Cloverdale Community Centre has been working with gforce to support its participants through a Preparing For Work program. The six-week program included classroom conversations about preparing for interviews, barriers to getting a job, workplace culture and dealing with nerves.



The upgraded Labuan Square shopping centre precinct was officially opened in early August. The work includes streetscape improvements, toilet, shelter, children's waterplay fountain and public mural.





Rosewall Community Centre hosted a morning tea for Home Interaction Program for Parents and Youngsters. Rosewall has something on offer for everyone, whatever your interest. The centre has state-of-the-art training, workshop and kitchen facilities. Staff and volunteers encourage you to sign up and learn something new, or pop in on a Monday or Tuesday for a cheap meal or a barista-made coffee in our café.



Northern Bay College students have participated in the State School Spectacular for the 10th year. The school's singers (dressed in white) and dancers (dressed in yellow), spent many hours preparing for the performances, which involved school students from throughout Victoria.



Northern Bay College Prep students celebrated completing their first 100 days of school by dressing up.



Northern Bay College successfully applied to be part of a national program to plant a tree to honour the late Queen Elizabeth's Platinum Jubilee in 2022. Reflecting her late Majesty's dream of a worldwide canopy of trees, recipients were asked to plant a tree that would provide a canopy and inspire others to green our country.

College students welcomed Member for Corio and Deputy Prime Minister The Hon Richard Marles who shared some insights into the late Queen and King Charles while presenting the project plaques to campus leaders.



Norlane Community Centre tai chi participants recently celebrated the 98th birthday of one of the group's members, Val. Tai chi classes are held at the centre every Tuesday from 10am-11.30am.

# CITYNEWS

## Discover the wonder of 'Our Backyard' at this year's Geelong Nature Festival

With an array of nature-based activities, workshops, guest speakers, presentations and displays this festival promises to be an enriching experience.

The festival is a journey spanning six different landscapes (locations) across Wadawurrung Country.

It begins with the urban landscape of Central Geelong in week one, moving to Armstrong Creek (wetlands), Highton / Wairn Ponds (waterways), Portarlington (coast), North Geelong (plains) and Anakie (hills) with each week of activities showcasing the features of each landscape.

Launching on Friday 15 September and continuing until Sunday 29 October, the festival features over 80 inspiring events with many being organised by passionate

local nature groups. There is something for everyone to learn and engage with nature in their own 'backyard.'

For bookings and information about the Geelong Nature Festival, scan the QR code or visit [geelong.link/naturefestival](https://geelong.link/naturefestival)



**Geelong Nature Festival is an exciting joint initiative, organised and supported by the City, the Geelong Field Naturalists Club, the Wadawurrung Traditional Owners Aboriginal Corporation, Department of Energy, Environment and Climate Action (DEECA), the Corangamite Catchment Management Authority, as well as the many dedicated community volunteer groups.**



Children's crossing supervisor, Lisa Thompson and Mirriipoa Primary School students Charli and Jackson

## Remember to drive safely around school crossings

Our community, children and crossing supervisors are witnessing an increase in dangerous driving at pedestrian crossings across our region.

We're urging all motorists to help keep our children safe by slowing down, looking up and being mindful of school crossings.

Data has shown an alarming increase in crossing drive throughs. In 2021 we had 19 drive throughs reported.

This increased last year and is already sitting at a total of 50 this year to the end of June.

Please stay alert and be aware of school zones when driving, follow the speed limits imposed during school crossing operational times and adhere to the directions given by our crossing supervisors.

Scan the QR code for more information, or visit [geelongaustralia.com.au/news](https://geelongaustralia.com.au/news)



THE CITY OF GREATER GEELONG IS PROUDLY LOCATED ON **WADAWURRUNG COUNTRY**



## NEWS

### Breeding season for native birds brings increased swooping risks

Breeding season for swooping native birds has begun and is expected to continue until the middle of November.

Take extra precautions when outdoors during this period, as swooping birds can be present across urban and rural areas.

Many native birds, such as magpies and masked lapwings (also known as spur-winged plovers), are inclined to protect their eggs and young during breeding season. This protective behaviour can sometimes lead to an increase in swooping, especially in areas where people and birds coexist.

Residents can minimise the risk of being swooped by:

- › Avoiding nesting areas where birds are swooping if possible
- › Protecting head and eyes and
- › Moving through the area quickly.

While swooping birds can be alarming, the behaviour is confined to approximately 10 percent of birds and it's rare for a bird to cause an injury.

Each breeding pair will also normally only swoop for four to six weeks until the chicks can fly.

All native birds are protected under the Wildlife Act 1975, so please do not harm or scare swooping birds, or interfere with their nests.

We will place warning signs at the site and assess the behaviour of the bird.

Contact our Customer Service Team on 5272 5272 to report a bird swooping on City land.

To read more about swooping birds, scan the QR code or visit [geelong.link/swoopingbirds](https://geelong.link/swoopingbirds)



### Help stop dumping - don't put hard waste on your nature strip

Leaving items on a nature strip can encourage other items to be dumped there.

We offer two hard waste collections each financial year to all residential properties in Greater Geelong.

Even if you've booked a hard waste or mattress collection, remember to leave items within your property boundary for collection.

If you cannot, our hard waste team can help you identify a suitable spot.

To book, scan the QR code, visit [geelong.link/HardWaste](https://geelong.link/HardWaste) or call 5272 5444.



### SHOWCASE GEELONG

Share your favourite photos by tagging #mygeelong

We regularly post photos of Greater Geelong from our community. Share yours with us by tagging us or adding #mygeelong to your posts.



Lara, VIC by Photography by Sean Bell @photography\_by\_sean\_bell

**GEELONG AWARDS FOR PEOPLE WITH DISABILITY 2023**

Do you know someone with a disability in the Geelong community who does outstanding work in advocacy, leadership, or empowering others?

**NOMINATE THEM FOR AN AWARD!**

Nominations can be made in the following categories:

- Excellence in Employment Outcomes Award
- Achievement Award
- Leadership and Advocacy Award
- Volunteering Award

**NOMINATIONS NOW OPEN**  
Close 5.00pm Monday 25 September

SCAN THE QR CODE TO NOMINATE, OR VISIT [GEELONGAUSTRALIA.COM.AU/DISABILITYAWARDS](https://geelongaustralia.com.au/disabilityawards)

**2024 YOUTH COUNCIL NOMINATIONS OPEN**  
4 SEPTEMBER - 20 OCTOBER

**BECOME A MEMBER OF GREATER GEELONG'S YOUTH COUNCIL**  
Scan the QR code to nominate or visit [geelongaustralia.com.au/youthcouncil](https://geelongaustralia.com.au/youthcouncil)

# Get out and enjoy your garden

As the weather warms up it's time to get out and enjoy your garden.

A few early tomatoes can be planted now, followed by the main planting about Melbourne Cup Day in November. A punnet of assorted lettuce seedlings and a sowing of radishes and baby carrots now would also be a welcome addition to the summer garden. This will give you a head start for early salads as the weather warms up.

To have a great tomato harvest, staking should be done when the plants are very young. I put mine in when planting the seedlings, which means the roots are not disturbed during the early growing period.

Space the seedlings at least one metre apart to prevent crowding and to allow for air circulation between mature plants. Water immediately after planting, then water regularly in the morning around the plant bases – deep watering is more effective than a light sprinkle.

A granular or liquid fertilizer should be applied regularly to plants in the garden or in pots to ensure continuous growth of foliage and fruit. Dynamic Lifter is ideal after planting followed by a specific tomato fertilizer until the tomatoes are ripe – this will ensure that growth is directed to the fruit and not to the foliage.

It's time to divide and re-pot orchids after they finish flowering. Don't think that cymbidium orchids are difficult to grow – they would have to be one the easiest

species to have in your garden. They thrive with neglect and produce fantastic flower spikes. The only stipulation is that you use the best orchid specialist orchid potting mix when you need to repot, which is usually only done every few years.

Watch out for caterpillars – you love your vegies and flowers and so do they! You can spray with the same white oil that is used on the citrus trees.

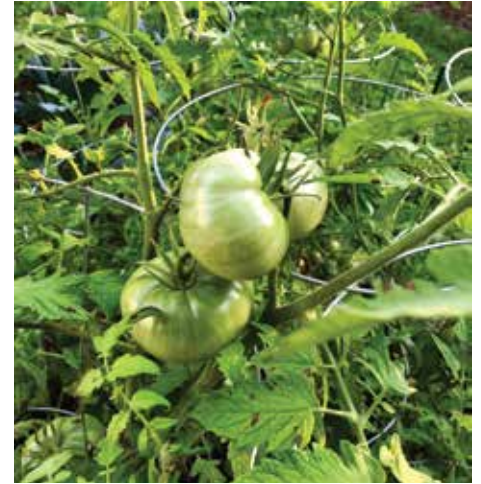
Over the coming months you'll see your roses blooming again. After the blooms have finished, cut the plant back to encourage new growth and you will enjoy another lot of flowers spread over several more months. A great idea is to plant garlic between your roses – they look great, you can eat them, and they keep all sorts of bugs away.

## Improving your soil

Have you ever turned the hose on in your garden and watched the water run off the soil?

When the garden dries right out, the soil is incapable of absorbing moisture. This can be remedied by applying a wetting agent.

A standard piece of advice given to gardeners is to use organic matter to increase fertility, the soil structure and water retention but it is rarely stated that this organic matter can cause a waxy coating of the soil which prevents the absorption of liquid.



After watering, check to see if there are pools of water lying on top of the soil, or in the case of pots, whether the water has run down the inside of the pot and straight out the bottom. Test your garden by scraping the top layer away after watering and if you find that only the top is wet and underlying layers are still dry, then you will need to use a wetting agent.

This can be done in two ways. The first is liquid which can be bought in a container that is attached to the hose and sprayed on (this is the quick, easy method) with a rapid result. The other is by using water crystals which actually absorb moisture and slowly release it whilst buried in the soil. Once these steps are taken you should have no trouble with water run-off.

Enjoy your garden,

*Betty*

**On Goldsworthy Road**

**Family Learning Centre**

Northern Bay College

**Kindergarten 3 and 4 Year old 2023**

**Child Care - Long Day** 5224 9784 Mandy Minhas  
7.30am to 5.30pm

**0-5 Playgroups**

**Community Hubs Australia**

**Family Support** 5224 9791 Helen O'Connor

Northern Bay College  
Early Learning Centre







## Free and confidential service

Geelong Head to Health is a free and confidential service for adults who are experiencing distress, feeling overwhelmed or are worried about themselves.

Whether you're trying to improve your sense of wellbeing, looking for help with something that's bothering you, or helping someone you care about, Geelong Head to Health is here for you.

The service also offers support for carers, families and friends of people experiencing distress.

Head to Health can connect you with a range of mental health professionals, including clinicians and those with lived experience of mental health challenges. The multidisciplinary team also includes a LGBTQIA+ worker, family worker, an Alcohol and other Drug (AOD) clinician, and General Practitioner (GP).

Geelong Head to Health's brand-new, purpose-built facility is open at Ground Floor, 8 Station Street, Norlane. The centre is open between noon and 9pm Monday to Friday and 1pm to 6pm on weekends and public holidays.

If you need support now, you can call Head to Health on 1800-595-212 or scan the QR code for more information about the service. Geelong Head to Health is a Neami National service, delivered in partnership with Drummond Street and supported by Western Victoria PHN.

If you or someone you care about needs immediate emergency assistance, call 000. For 24-hour mental health support call Lifeline on 13-11-14 or the Mental Health Triage on 1300-094-187.





# Cloverdale Community Centre

167-169 Purnell Road Corio, VIC 3214. Phone: 03 5275 4415

E-mail: [info@cloverdalecommunitycentre.org.au](mailto:info@cloverdalecommunitycentre.org.au) or [courses@cloverdalecommunitycentre.org.au](mailto:courses@cloverdalecommunitycentre.org.au)

Web: [www.cloverdalecommunitycentre.org.au](http://www.cloverdalecommunitycentre.org.au) Office Hours: 9am-3:30pm Monday to Friday

## Hobby, health and creative activities

Cloverdale Community Centre hosts a range of general interest and hobby classes during each school term. We also have a strong focus on wellbeing, for the community and individuals.

You're invited to come and try a session and be part of our centre. Call in to book or phone 5275-4415. Ask about a free come-and-try voucher for your first class.

You can also book online using the QR code on this page. Weekly programs on offer in Term 4 are:

### ART AND CREATIVE

**Art@Cloverdale:** Drop in and explore a range of media and techniques in a fun, relaxed and social environment with a professional artist. Wednesdays from October 4, 10am-noon. \$5 per session.

**The Artist's Way:** A collection of artists from varied disciplines – writers, painters and musicians – who meet monthly to mentor each other on their artistic journeys. Their aim is to unblock the artist within as they work their way through Julia Cameron's well-respected book, *The Artist's Way*. The group meets on the second Tuesday of each month from 1.45pm until 2.45pm. To join, you'll need to buy Julia Cameron's book – *The Artist's Way* (any edition) – and pay \$2 monthly when you attend the meetings.

**Wednesday Open Studio:** Bring your own art project to work on while sharing the space with other artists. Wednesdays from October 4, 1pm-3pm. Cost: Gold coin donation.

**Cloverdale Singers:** Weekly community singing that includes folk, gospel, rounds, ballads and part songs. Tuesdays from October 3, 10.30am-noon. \$3 per session.

**Ukulele Players:** A great musical gathering for those who have a grasp of the basics and want to refine their skills including performing, strumming and chord progressions. Thursdays from October 5, 10am-noon. \$3 per session. Beginner classes are also available (bookings essential). \$3 per class.

### Cloverdale Craft and Knitting

**Group:** Bring your craft or knitting project for a relaxed craft or knitting session. Fridays from October 6, 1pm-3pm. \$2 per session.

### North Geelong Community Big

**Band:** Join in with musicians of varying abilities in a dynamic band experience under band-master Ian Burrowes; from brass to strings, vocals and more. Rehearsal is Thursdays from October 5, 6.30pm-9pm. Gold coin donation.

### COOKING

**Cooking for Blokes:** Facilitated by Support Pathways, this is a socially inclusive space for men to meet, cook and socialise. Mondays at 11am. \$5 per session.

### HEALTH AND WELLBEING

**Tai Chi:** Learn Tai Chi to reduce stress and improve your balance, strength, flexibility and confidence. Mondays during school term, 9.30-10.30am. \$5 per session.

**Yoga:** Invigorate your body and soul in our multi-level class and discover the benefits of yoga. Improve your strength, flexibility and health. Bring your own mat. Tuesdays from October 3, 5-6pm. \$5 per session.

### Fit and Balanced with Dee Martin:

A gentle introduction to exercise to improve muscle strength, balance and increased mobility. Tuesdays from October 3, 9.30am-10.30am. \$5 per session.

### Cloverdale Walking Group:

Join with a motivated group of community members for a walk and a chat every Wednesday, 10am. FREE.

### Brazilian Jiu Jitsu:

Wednesday evening, Juniors 5.45-6.30pm, Open 6.30-8pm. Free. A community where 'anyone and everyone' can feel comfortable, connected, loved and supported while learning the transformational art of Brazilian Jiu Jitsu.

### T.O.W.N Club (Take Off Weight

**Naturally):** TOWN Club meets at Cloverdale Community Centre every Thursday from 9am-11am. For more information, contact 0438-517-215.

### ART EXHIBITIONS

An exhibition of the work of Cloverdale's Introduction to Art class will open on Friday, October 13.

Come see our art, meet new people, and find out more about Cloverdale's art programs.

Our Wednesday art program is also having an exhibition, opening on November 10. There will be an opportunity for five artists from the Geelong region to enter their art. For more information phone Gale 0423-018-254.





# New opportunities to learn

Cloverdale Community Centre has a range of new courses that have been carefully planned to help you learn new or update existing skills for study, work and life. Some are specifically designed to help you move into further study or help you get a job.

Cloverdale provides pre-accredited training and programs under the Learn Local banner. Learn Local programs require a commitment to attend classes over 8-10 weeks. Some courses are free, others are \$50 to \$115 for the term (depending on eligibility).

Classes don't start until we have a minimum of eight participants, so it's important to let our program staff know if you're interested in any course. Staff can also help design a learning schedule across one or more terms. Courses will start in the week beginning October 9 – subject to numbers – so bookings are essential. Phone 5275-4415 or email [courses@cloverdalecommunitycentre.org.au](mailto:courses@cloverdalecommunitycentre.org.au).

## Getting Started With Computers

This is the place to start your computer education. Our gentle introduction starts with knowing where to turn the computer on through using Microsoft Word, setting up and using email. Classes run over eight weeks during term, on Mondays, 9.30am-noon. Cost is \$90 or \$50 concession.

## Developing Computers

The next step (1 and 2) follows our introductory course and covers Excel, PowerPoint, creating charts and tables, the internet and computer maintenance. Classes run over nine weeks, Mondays 12.30pm-3pm. Cost is \$115 or \$50 concession.

## Buying and Selling Online

Learn the art of buying and selling online, as a hobby or future business opportunity. Learn skills that are transferable to work and life. A 20-hour course run over eight weekly sessions. Cost is \$90 or \$50 concession.

## Introduction to Creative Industries (Music Production)

An immersive pre-vocational taster course for learners wanting to explore work within music industry including staging, sound production, lighting, gaffing, general labour (roadies) and drivers. A 24-hour course that includes planning and preparing for an event.

## Introduction to Creative Industries (Visual Arts)

An introduction course providing hands on experience in creative arts to prepare you for further VET studies, employment related to the arts industry and/or opportunities to establish your own arts enterprise. A 24-hour course that includes creating a portfolio and working with others to plan an exhibition.

## Preparing for Forklift Licence

A 20-hour course designed especially for English as a second language learners, but appropriate for anyone preparing for train and be tested for their Victorian High Risk Work Licence. Run over 8 weekly sessions, Mondays 5.30pm-7.30pm. Cost \$50.

## Living and Working in Australia

A program of learning and support to improve your English and knowledge of life and culture in Australia, including preparation for the citizenship test. Cost \$50.

## Tell My Story

Everyone has a story to tell, whether they've been on this earth for 18 years or 80. An eight-week program where you will be guided through the process of writing the story of your life so far.

## Introduction to Barista

A 24-hour course designed to help pathway our learners into hospitality work or further study. Weekly sessions include coffee-making experiences at Cloverdale. An opportunity to expand employability skills and gain a taste of the industry, including pathway options to kitchen operations.

## Introduction to Horticulture

A hands-on introduction to horticulture for general interest or as a pathway to work and further study. Using theory and practical projects at Cloverdale to learn and develop knowledge and skills.

## Introduction to Nursery Operations

A pre-vocational style introduction course for learners with a TAFE pathway focus or personal interest. The course provides hands-on experience in nursery operations to prepare learners for further VET studies or employment related to the horticulture industry.

## Introduction to Small Motors

Hands-on experience with small motors and outdoor equipment, including onsite work experience at our trade training centre. Classes are weekly for 8 weeks at our North Geelong trade training site.

## Introduction to Woodwork

Learn the basics of woodwork, including work safety and tools. Hands-on learning at our trade training centre. Classes are weekly for 8 weeks at our North Geelong trade training site.

## Introduction to Metalwork

Learn the basics of metalwork and welding, including work safety and tools. Hands-on learning at our trade training centre. Classes are weekly for 8 weeks at our North Geelong trade training site.

All courses are subject to sufficient numbers – call the centre on 5275-4415 or email [courses@cloverdalecommunitycentre.org.au](mailto:courses@cloverdalecommunitycentre.org.au) to register your interest.



## Exciting events coming up

Term 4 is here, and with it comes some exciting events for the centre.

Keep your eyes peeled for information about our Halloween event. We will be doing another sausage sizzle at Bunnings North Geelong, on Saturday, November 11, so please come along and support us if you can.

We're also intend to hold our Summer

Solstice, depending on funding. If anyone would like to be involved or has any suggestions, let us know.

And as always please feel free to come into the Centre and have a chat with our friendly volunteers and make a cuppa, enquire about any of our groups, and we have printing, laminating, and photocopying available for a fee.



Maybell, Nelli and Kris enjoy craft activities at Norlane Community Centre.

## Food share table

Our food share table is refreshed every Thursday at 1pm by Geelong Food Relief Centre and is sponsored by atWork Australia. The fruit, vegetables, bread and pantry items are available to anyone who needs them.

We also provide photocopying and laminating services, access to computers, a book and clothing swap, as well as tea and coffee.

And of course, our friendly staff and volunteers are always available to answer any questions you might have or give you a tour of our lovely centre.

We look forward to seeing you soon.



## Also at Norlane

At Norlane Community Centre, we also provide photocopying and laminating services, access to computers, a book and clothing swap, as well as tea and coffee.

And of course, our friendly staff and volunteers are always available to answer any questions you might have or give you a tour of our lovely centre.

We look forward to seeing you soon.



# Term 4 activities and programs at Norlane

## CREATIVE

### Art with Isabel

Learn the basics of how to draw and paint. Mondays, 10am-noon. Cost is \$2.

### Mosaics

All are welcome and no experience is necessary. Basic materials are included. Mondays, 1pm-3pm. Cost is \$10 and bookings are essential.

### Art group

Would you like to paint in a friendly and comfortable self-help group? Come and join us, all art mediums are invited. Bring your own materials. Tuesdays, 9am-1pm. Cost is \$4.

### Craft group

Come and enjoy afternoon tea and a laugh with a group of talented people of all ages. This group is an opportunity to share your craft ideas or learn something new. Bring your own materials and projects. Fridays, 1pm-3pm. Cost is \$1.

### Sewing Group

Learn the basics of sewing in a relaxed environment. The Norlane group meets every Friday from 10am to 3pm. If you like sewing or want to learn and have some spare time, come along and join in.

## FITNESS

### Tai Chi for all Abilities

Learn the art of tai chi. All ability levels are welcome, whether you are a beginner or have had some previous experience. Wear comfortable clothing and flat shoes. Tuesdays, 10am-11.30am. Cost is \$ 2.50.

### Ballroom Dancing

Learn the fundamentals of Ballroom Dancing in a relaxed environment. Thursdays, Noon-1.30pm. Cost is \$5.

## SOCIAL

### Community Kitchen

\*Please note our Community Kitchen is on hold temporarily. We hope to have the group up and running again soon. Norlane Community Kitchen meets at the centre to socialise, cook and share a meal together. They often cook using food grown in the centre's community garden. Fridays, 10am-1pm. Cost is \$5.

### Conversational English

Come and learn English skills in a friendly and welcoming environment. Mondays 1pm-2pm. Gold coin donation.

### Gardening group

Have you got any gardening questions or ideas? Would you like to start a home garden but don't know where to begin? Join our resident volunteer gardener at Norlane to ask questions or just share knowledge. Tuesdays, 10am-noon.

## DIGITAL

### Digital drop-in

Digital drop-in is a space where you can learn about computers in a safe and supported environment. Our volunteers have a wide range of knowledge about various devices, programs and technological questions. Fridays, 10am-noon, gold coin donation. Bookings are recommended.

## OTHER

### Tool pool

Need to mow the lawn but can't afford a mower or to hire someone to do it? Join our tool pool and you can hire a lawn mower or other manual gardening tools. Fuel is even included. Tool Pool membership is \$5 for the year, and mowers are \$5 per hire.

### Expressions of interest

We are still taking expressions of interest for the following groups. Please contact the Centre to register your interest.

- LGBTQ+ hangout.
- Dog obedience.
- Family tree building.
- Walking group.
- Financial Wellbeing for Women.
- Beginner's computers.
- Staying safe on the internet.
- Supercharge your digital job skills.
- How to buy and sell on the internet.
- Tell My Story.
- Norlane Tin Can Orchestra.
- Parents group.
- Games group.





# Rosewall Community Centre

36 Sharland Rd, Corio VIC 3214. Phone (03) 5275 7409.

E-mail: [admin@rosewallinc.org.au](mailto:admin@rosewallinc.org.au)

Office Hours: 9am to 4pm, Monday to Thursday; 9am to 3pm, Friday

## End-of-year art exhibition

The Rosewall community is preparing for an end-of-year art exhibition, to be held in November.

It will be a chance to celebrate local creativity with an exhibition of the works created at Rosewall this year. Pottery, painting, drawing, mosaics, sewing and more will be on display and available for purchase - perfect timing to pick up locally hand-made Christmas gifts.

Stay in touch with the Centre for more details.



## Courses at Rosewall in Term 4

Whatever your interest, Rosewall has something on offer for everyone! We have state-of-the-art training, workshop and kitchen facilities, and encourage you to sign up and learn something new or pop in on a Monday or Tuesday for a cheap meal or a barista-made coffee in our café.

### CREATIVE

#### Pottery for the Passionate

Mondays, 1pm to 4pm or Thursdays, 6pm to 8.30pm.

Learn to make beautiful ceramic creations with an experienced tutor. Some materials included. Learners are responsible for extra supplies and firing. All abilities welcome.

\$220 (\$190 concession) for an 8-week course.

#### Screen Printing

Tuesdays, 9.30am to noon.

Learn the basics of screen printing, including how to make design stencils, and print onto fabric, clothing or paper.

\$70 for an 8-week course.

#### Creative Open Studio

Tuesdays, 12.30pm to 3.30pm or Fridays, 9am to 3pm.

Looking for more space and time to work on your art practice? Artists across all mediums are welcome to join these self-directed sessions.

\$5 for half-day, \$10 for full-day.

#### Pottery Fundamentals

Mondays, 10am to noon for 6 weeks.

Whether you are new to pottery or need a refresher on the basics, this class will focus on a different hand building technique each week. Some materials included.

\$180 (\$160 concession) for a 6-week course.

#### Making Mosaics

Wednesdays, 9.30am to 12.30pm.

Make magic from your broken crockery! Learn the art of recycling and re-using your broken crockery by turning it into creative stand-out centre pieces. Materials supplied.

\$150 for an 8-week course.

#### Pottery Wheel Throwing

Thursdays for 6 weeks, 1pm to 3pm.

Take your pottery skills to the next level.

Designed for beginners as well as those who want a little more help throwing. Materials supplied.

\$180 (\$160 concession) for a 6-week course.

#### Painting and Drawing - portfolio development

Thursdays, 9am to noon.

Work closely with our tutor to develop your painting or drawing skills. All abilities welcome. Some materials are supplied.

\$70 per term.

#### Crafty Creatures

Mondays, 10am to 12pm

Bring your own craft project or come along to learn new skills like scrapbooking, knitting, crocheting and more. Scrapbooking materials provided. BYO other materials.

\$5 per session.



# What's on at Rosewall in Term 4

## SOCIAL AND WELLBEING

### Garden Group – FREE

Tuesdays, 10am to noon.

Get your hands dirty as you plant and pick your own fresh vegetables and herbs and learn new skills in this supportive group.

### Youth Group – FREE

Wednesdays, 4pm to 6pm.

A youth-led group with crafting, cooking, games and more. 12–18-year-olds welcome. Snacks supplied.

### Community Kitchen

Fridays, 10am to 12.30pm.

Get together once a week to plan, shop, cook and eat a meal together. All abilities and experience levels welcome. \$7 per session.

### Over 50s Social Group

Fridays, 1pm to 3pm.

A chat, cuppa, and new friends – what more could you want on a Friday afternoon? Tea and coffee provided. For more information call Sue on 0410-008-013 or Ronnie on 0418-653-309. \$3 per session.

## WORK SKILLS

### Café Skills

Mondays and Tuesdays, 9.30am to 2.30pm.

Learn to work in a real-life café environment. Skills gained include coffee making, food preparation, customer service and cash handling. The course includes an accredited safe food handling qualification. \$185 per term or \$70 without safe food handling qualification.

### Hair and Beauty

Wednesdays, 9.30am to 2.30pm.

Learn how to present yourself and others for work, social and special occasions by discovering the current trends in make-up, hair styles, nails, skin care and basic treatments. \$60 for an 8-week course.



### Barista Training

Tuesdays, 6pm to 8pm.

Coffee 101. From lattes to chais, cappuccinos to mochas. You will learn all the basics of making a superb cup of liquid gold. Participate in this course to gain hands-on experience in the hospitality industry or learn the basics to grow your skills for your machine at home. \$50 for a 4-week course.

### Sewing – FREE

Wednesdays, 9.30am to 11.30am.

Beginner-friendly sewing group. Learn to sew and make items for yourself, family or friends. All equipment and some material supplied.

## LITERACY AND COMPUTERS

### Introduction to Computers and Devices

Wednesdays, 1pm to 3pm.

Find out all the basics you need to know in this friendly computer course. Grow your tech skills, from online applications to emails, spread sheets to flyers, and social media to marketing. \$50 for 4-week course

### Tea and Tech

Thursdays, 9.30am to 11.30am.

Drop-in for one-on-one assistance or come along every week with your basic device and technology questions. Our supportive coaches can help with common questions. Free.

# New Councillor elected

Councillor Sarah Hathway has been elected as the new Windermere Ward councillor, replacing Cr Kylie Grzybek, who resigned in late May.

Following Cr Grzybek's resignation, the Victorian Electoral Commission conducted a countback of all formal votes from the Windermere Ward in the 2020 Greater Geelong City Council. Votes were redistributed to all remaining eligible candidates from the general election.

Mayor Trent Sullivan congratulated Sarah Hathway on joining the Council. The Mayor also thanked Ms Grzybek for her service to the municipality since 2017.

"Kylie did a mountain of work across Greater Geelong, and especially the northern suburbs," Cr Sullivan said. "We thank her for the valuable contribution she made across the region, and the great legacy she has left our community."



Mayor Trent Sullivan congratulates Sarah Hathway following her election as Windermere Ward councillor.

Cr Hathway joins Cr Anthony Aitken, who is also Deputy Mayor, in representing the Windermere Ward.

Their contact details are:  
Cr Anthony Aitken – 0434-307-044.  
Cr Sarah Hathway – 0434-307-043.

# Be prepared for Voice referendum

Windermere Ward councillors Anthony Aitken and Sarah Hathway, and the City of Greater Geelong, are encouraging residents to be informed and prepared to vote in the Voice to the Australian Parliament referendum, which will be held on October 14.

Later this year, all Australians 18 years and over will be asked to vote on a proposed amendment to the Constitution. We'll be asked if we support recognition of our First Nations people in the Constitution by establishing a Voice to the Parliament.

It has been 56 years since a referendum which sought to change our Constitution to allow Aboriginals to be counted as Australians. More than 90 per cent of Australians voted yes in 1967, and there have been no further indigenous or First Nation-related changes to the Constitution since.

In 2017, Indigenous Australians came together and released a joint petition to the Australian people called the Uluru Statement from the Heart. They requested that First Nations people be given a unique Voice to the Australian Parliament.

Geelong councillors have previously voted to support the Uluru Statement from the Heart, which calls for constitutional change and structural reform, including enshrining a First Nations voice in the Constitution.

We acknowledge that whether you vote Yes or No is a personal decision. What the Council encourages all Geelong residents to do is to make an informed choice.

In the lead-up to the referendum, we are keen to increase community awareness on the issues surrounding the Voice and deepen understanding about the proposal. This has seen a focus on education, through presentations and discussion forums, so that

people can feel fully informed before they go to the ballot box.

The City has been encouraging these conversations with pop-up kiosks at libraries since late July, with more to come through September. There will also be more events with keynote speakers.

Further information on the opportunities to listen and learn from each other can be found at <https://yoursay.geelongaustralia.com.au/heart-shared-journey/>

We encourage all residents to take the time to better understand this proposed path towards reconciliation, just as Australians did in 1967.

Further information about the referendum will be available from the Australian Electoral Commission <https://www.aec.gov.au/referendums/2023-referendum.htm>





## Be careful up there

By Damien Neal, Safety Manager at Viva Energy's Geelong Energy Hub.

It will surprise few people that the most likely people to fall from ladders are men who have passed their prime ladder-climbing years.

What might be surprising, is that the cohort might be younger than you think.

Significant trauma as a result of a fall from a ladder or a roof mostly happens to people in their mid-40s onwards. These are usually men falling from ladders while doing work around the house.

At Viva Energy, we recognise that falls from ladders have the potential to cause injury,

even when working at relatively low heights. While ladders are often considered to be the first option when working at heights, they should only be used if safer alternatives such as doing the job on the ground, scaffolding or elevated work platforms are not possible or practicable.

For your safety:

1. Before setting up a ladder always check for visible damage or defects.
2. A ladder must be used on a solid and stable surface to prevent it from slipping or toppling over.
3. Ensure the ladder has non-slip feet.
4. Always place single and extension ladders at a slope of four to one height to width ratio.

5. Stepladders should always be in the fully opened position with the spreaders locked,
6. Secure single and extension ladders at both the top and bottom (ladders may require a second person to 'foot' the ladder for added stability).
7. Set up the ladder in places where there is no chance of it being hit or knocked.
8. Make sure the area surrounding the base of the ladder is clear of any hazards.
9. Never set-up a ladder on scaffolding, an elevated work platforms or stacked materials to gain additional height.

Please also be mindful that if you are over 50, it might be time to outsource those jobs requiring a ladder if you can.

# Biofuel project builds sustainable future



*In our latest interview with people at Viva Energy's Energy Hub in Corio, we speak to Jenny Tay about an exciting project that highlights the Refinery's unique ability to adapt to the changing energy landscape.*

Viva Energy is aiming to introduce oils made from recycled waste products into the refining process to reduce the energy intensity of fuels it produces.

New infrastructure will soon enable feedstocks such as used cooking oil, animal fats and synthetic crude made from waste plastics to be received and processed at the Geelong Refinery.

Project Development Lead Jenny Tay (pictured) sees the move as a significant step

towards a sustainable, low-carbon future for the Refinery and for the state.

Jenny, a process engineer, is part of the team developing the capacity to safely accept, store and inject biofeed into the refining process.

"This is really exciting," Jenny says. "It means we will bring in renewable biofeed, or recycled feed, and we are displacing the fossil feed we would traditionally use."

Jenny says the initial scoping phase of the project included sampling biofeeds in connection with extensive screening studies, while also looking at the logistical challenges of tying a new feedstock into the Refinery.

After working at the Refinery since 2010 in key process safety support roles, Jenny is delighted to be working on a project that offers an avenue to lower its carbon intensity.

"If we want a sustainable future, we have to set ourselves up for success in Victoria," Jenny says.

"This is one step in the right direction. From here we can think of scaling up and optimising production and see if we can bring more of these projects into the pipeline."

The initial project is expected to start in the second half of 2024.

