



Emmaus
Christian College



FREE PARENT SEMINAR

Raising Resilient Children

Practical tools to help your child build resilience, grit, and a more positive, purposeful mindset.

Through real-life stories and simple strategies, Jonny will share tools you can use at home to support confidence, motivation, and healthy responses to setbacks.

You'll also learn about:

- The growth mindset.
- Learned optimism.
- Using language to shape their thinking and response.
- The PERMA wellbeing model.

Learn practical ways to support your child's wellbeing across emotions, relationships, purpose, and achievement - both now and into the future.

Jonny will also be presenting to South Plympton students on the same day.

Find out more at jonnyshannon.com



JONNY SHANNON

International Tech entrepreneur & Motivational Speaker



Monday 25 May 2026
6:30pm - 8pm
Coffee Van from 6pm



Emmaus Performing Arts Centre
South Plympton Campus



BOOK YOUR SEAT AT HUMANITIX