



SOCIAL MEDIA AND MENTAL HEALTH

COME AND LEARN WHAT YOU AND YOUR FAMILY CAN DO TO ENCOURAGE HEALTHY AND SAFE SOCIAL MEDIA USE.

Australian teenagers are spending up to 18 hours per week online and 91% of teens aged 15 to 19 report using social media. Some are experiencing negative consequences from social media use.

This FREE workshop aims to increase knowledge and understanding about:

- The positives of social media
- The potential negatives of being online
- Healthy and safe social media use

EVENT DETAILS

- Where?** Meerilinga Children and Community Service Cockburn
219 Winterfold Road, Coolbellup WA 6163
- When?** Thursday 12th May, 2022 6:30pm – 8:00pm
- Cost?** This is a FREE event. Bookings are essential.
- Booking?** Please register your attendance by emailing cockburn@meerilinga.org.au or calling (08) 9331 2211

Supported by



FURTHER INFORMATION

Please contact Natalie Procino for more information on this event.
P: (08) 9331 2211 E: cockburn@meerilinga.org.au

