

# Christmas Hamper Donations



When you shop – grab an extra bag and add one or all these items (brands and sizes optional)

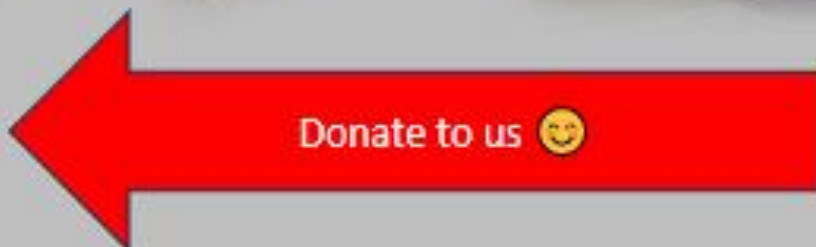
For vegetarians add

Suitable for Halal add

For meat lovers add

Casey North CISS  
2/30-32 Verdun Drive  
Narre Warren  
P: 03 9705 6699

Donate to us 😊



# FOOD DONATIONS

**Thank you for your support. Hampers are designed to offer  
Breakfast, Lunch and Tea.**

**All food must be non-perishable and within the “Use-By” or “Best Before” dates.  
*Please use re-usable supermarket bags if possible.***

All hampers to contain:

- Long life milk
- Cereal (Weet-bix or Cornflakes)
- Pasta
- Small boxes of teabags
- Small jars/tins coffee
- Tinned potatoes
- Tinned beetroot
- Small juices (Tetra packs or small plastic bottles)
- Pasta Sauce (tomato)
- Tinned fruit
- Tinned vegetables ie peas, green beans, corn, carrots
- Gravox
- Cranberry Sauce
- Muesli bars
- Long life cheese and crackers
- Yummy biscuits
- Christmas treats – shortbreads, mince pies, potato chips, etc
- Plum Pudding (No alcohol for Halal) & long-life custard and/or long life cream

For Meat Eaters add the following:

- Tinned Ham
- Tinned Corned Beef

For those who want Halal food add:

- Tinned tuna or salmon (large)
- Rice

For Vegetarians add:

- Rice
- Tinned nutloaf



If you would like to donate some more specific items we will keep them in the pantry and add to the hampers of those who need them. These types of items include:

- Dog and cat food (tinned and dry)
- Nappies (various sizes) and wipes

## Breakfast things



Pick either full cream or lite long life milk

We have chosen Corn Flakes and Weet Bix, while you may choose to pick something else, these two have a more general appeal. We do recommend sticking with them.



This can be any tinned fruit.

One or the other and any brand:  
Coffee or tea bags.



## Christmas Dinner:

Add in the meat, Halal or vegetarian options.....



Cans of vegetables, trying to provide at least three vegetable options.

A traditional accompaniment more often with meat dishes.



A traditional accompaniment more often with meat dishes but is tasty and suitable for both the Halal and vegetarian options.



The Christmas Pudding – accompanied by long life cream, custard or both. A must on Christmas Day.

If you pick a Christmas Pudding for a Halal hamper, please make sure there is no alcohol in the cake.



# Tea



Pasta – we have chosen Penne but any pasta is OK – it could be spaghetti or even one of the more prestige ones such as gnocchi.

Pick a sauce that will go with your pasta.

We have picked a simple tomato sauce but there are any number of options.

Just watch out that you do not include a meat sauce in a vegetarian hamper.



## Nibbles and Treats



Choose several of these items:

Long life cheese and biscuit snacks



Fruit juice – these come in small 6 packs or litre containers – choose your size and brand.



Lollies, chips and small biscuits are always a great treat on Christmas Day.



Alongside the traditional Christmas fare – shortbread, mince tarts and Christmas Cake.

If you pick a Christmas Cake for a Halal hamper, please make sure there is no alcohol in the cake.



Something to fill the gaps – muesli bars – always a good option.

# **THANKYOU FOR YOUR DONATION**

Casey North Community Information and  
Support Service

Suite 2 / 30 – 32 Verdun Drive  
Narre Warren

Phone: 03 9705 6699