

## DIGITAL SAFETY & WELLBEING



Dear CNPS Parents and Carers,

Evolve Education presented our workshops 'Online Hazards' to the Year 3/4s and 'Rights, Respect and Responsibility' to the Year 5/6 students this week.

In addition to the student workshops, we hosted a whole school parents and carers 'Online Safety and Digital Wellbeing' webinar on Wednesday night. If you missed the webinar, but would like to know more, please head to our <u>Parent Support Hub</u> for an <u>interactive</u> <u>information pack</u> on what we covered during the session.



To help support online safety in the home, Steve and I would like to direct you toward two outstanding Australian resources, 'The Beacon App' and 'The eSafety Guide'. These resources can help quickly boost your digital skills to minimise potential harm in popular games and social media platforms like Roblox, Discord and Youtube.

Keep an eye out for your child's backpack for our 'Online Safety Journal' this week. We worked through these journals during the student workshops and they provide a wonderful opportunity to explore and discuss online safety and digital wellbeing topics as a family. We look forward to continuing our work at CNPS at the junior year levels towards the end of this year.

Kind regards, Bec Martin and Steve Villani







## **PARENTS & CARER RESOURCES**

## The 'Beacon' App

Ask questions like,

'How do I set parental controls in Roblox?'

- Search for gaming and app advice
- Create a family media agreement
- Report abuse and find support
- Digital parents tips
- Free to use and download







## The eSafety Guide

Learn about latest games and apps, how to report and block users and protect privacy.

