

## **Chaos to Cooperation**

## How Parenting by Connection can help your family thrive!

This online workshop will introduce a powerful tool to help build cooperation, emotional resilience and regulation. The workshop will also cover a key way for parents to build in self care that supports thriving families. The workshop is suitable for parents of children of all ages.

## **Event Details**

When Thursday 29th April 2021 8pm-10pm

Where Online via Zoom

Cost Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZwpceigpz4gEtTMIEXEaJhEW

Hw1riSit6QD After registering, you will receive a confirmation email

containing information about joining the meeting.

## **Further Information**

Contact Belynda Smith on Belynda.smith@meerilinga.org.au for further information.













City of Melville