

Choose a Main Course item, then select 1 or 2 Items from the Snack/Drink Menu to make up a 2 or 3 Course Lunch Pack

Main Course Menu	2 Course Lunch	3 Course Lunch
BAKERY All items freshly baked this morning!		
Cheese and Vegemite Scroll (V)	\$6.45	\$8.95
Savoury Bite 'Little Frank' Roll	\$6.45	\$8.95
Topped with Only Cheese Roll (V)	\$6.45	\$8.95
Cheese and Bacon Roll	\$7.45	\$9.95
Scroll with Ham and Cheese	\$9.95	\$12.85
Frankfurt 'in a blanket' with Sauce & Cheese (2)	\$10.95	\$13.65
PIZZA / SAUSAGE ROLLS / GOZLEME / PASTIZZI / QUESADILLA / PUFF PARCEL SERVED AT ROOM TEMPI		
Ricotta & Spinach Pastizzi (2) (V)	\$7.45	\$9.95
Margherita Pizza TWIST (V)	\$8.95	\$11.45
Sausage Roll with Sauce	\$8.95	\$11.45
Margherita PITA Pizza (V)	\$8.95	\$11.45
Quesadilla (Chicken) served with Sour Cream (H)	\$10.95	\$13.65
Tandoori Chicken Puff Parcel with Mango Chutney (H)	\$10.95	\$13.65
Ham & Pineapple Pizza Slice	\$10.95	\$13.65
BBQ Chicken Pizza (H)	\$10.95	\$13.65
Lamb and Beef Gozleme (H)	\$13.45	\$15.45
Mushroom and Spinach Gozleme (Vg)	\$13.45	\$15.45
Spinach and Cheese Gozleme (V)	\$13.45	\$15.45
SUSHI HAND ROLLS (2pc) Soy Sauce (GF) Provided		
Teriyaki Chicken Hand Rolls (H)	\$11.50	\$13.75
Crispy Chicken (Schnitzel) Hand Rolls (H)	\$11.50	\$13.75
Cooked Tuna Hand Rolls (GF)	\$11.50	\$13.75
Avocado Hand Rolls (GF, Vg)	\$11.50	\$13.75
Cucumber Hand Rolls (GF, Vg)	\$11.50	\$13.75
Vegetarian Hand Rolls (GF, Vg)	\$11.50	\$13.75
Tofu Hand Rolls (GF, V)	\$11.50	\$13.75
RICE PAPER ROLLS (2pc) (Wed, Thu, Fri)		
Chicken Rice Paper Rolls (GF, H)	\$13.45	\$15.45
Vegetarian Rice Paper Rolls (GF, Vg)	\$13.45	\$15.45
SANDWICHES / ROLLS / WRAPS / SOFT SHELL TACOS		
Strawberry Jam Sandwich (1.5) (Vg)	\$7.45	\$9.95
Vegemite Sandwich (2) (Vg)	\$8.95	\$11.45
Soft Shell Chicken Taco with Salsa, Cheese & Salad (2)	\$9.95	\$12.85
Plain Cheese Sandwich (2) (V)	\$9.95	\$12.85
Cheese and Salad Roll (V)	\$10.95	\$13.65
Wholegrain Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
Roast Chicken and Salad Roll (H)	\$11.50	\$13.75
Roast Beef, Chutney, Cheese & Lettuce Roll	\$11.50	\$13.75
Turkey, Cranberry, Lettuce & Cheese Sandwich (1.5)	\$11.50	\$13.75
Mild Salami and Salad Roll	\$11.50	\$13.75
Wrap with Chicken, Tzatziki, Lettuce, Tomato & Cucumber (H)	\$12.75	\$14.95
SALADS / PICNIC BOXES / POKE BOWLS		
Fresh Fruit Salad - Main Course Size (GF, Vg)	\$11.50	\$13.75
Ham Picnic Box (GF)	\$11.50	\$13.75
Vegetarian Picnic Box (GF, V)	\$11.50	\$13.75
Greek Style Salad with Feta and Olives (GF, V)	\$12.75	\$14.95
Poke Bowl with Teriyaki Chicken (H)	\$13.45	\$15.45
GF SANDWICHES & WRAPS		
GF Ham & Cheese Sandwich (1.5)	\$10.95	\$13.65
GF Cucumber & Ham Sandwich (1.5)	\$10.95	\$13.65
GF Wrap - Ham and Salad	\$12.75	\$14.95

Snack/Drink Menu	
FRESH FRUIT & VEGETABLES	
Apple pieces, Lemon juice, Cinnamon & Brown Sugar	+\$1.00
Cantaloupe and Honeydew Pieces	+\$1.00
Fresh Fruit Combo	+\$1.00
Freshly Chopped Orange Segments	Included
Freshly Chopped Watermelon Pieces	Included
Whole Fruit - Apple	Included
Whole Fruit - Banana	Included
Whole Fruit - Mandarin	Included
Carrot, Cucumber, Red & Yellow Capsicum	Included
Celery and Carrot Sticks with Sultanas	Included
Cherry Tomatoes, Tasty Cheese & Rice Crackers	Included
Corn Wheels & Lightly Steamed Broccoli	Included
Edamame (Lightly Salted)	Included
Sugar Snap Peas, Beans and Cherry Tomatoes	+\$1.00
BAKERY - SWEET	
Choc Chip Cookie	Included
Finger Bun with Sprinkles	Included
Lamington	Included
"Not Cross" Bun	Included
Cinnamon Doughnut	Included
Cornflake Cookie	Included
Choc Cup Cake (GF/DF/Vg)	+\$1.00
Blueberry Muffin	+\$1.00
Jam Drop Biscuit (GF)	+\$1.00
Carrot Cup Cake (GF/DF/Vg)	+\$1.00
SUSHI	
1pc Tuna Sushi (GF)	+\$1.00
POPCORN / HARVEST SNAPS	
Popcorn - Slightly Sweet, Lightly Salted	Included
Popcorn - Lightly Salted	Included
Harvest Snaps (GF/DF/Vg)	Included
DRIED FRUIT / LEGUMES	
Lime & Black Pepper Chickpeas	Included
Roasted Chickpeas	Included
Balsamic & Sea Salt Fava Beans	Included
Dried Fruit Medley with Yoghurt Sultanas	+\$1.00
DIPS WITH MINI RICE CAKES / CORN CHIPS	
Tzatziki Dip with Mini Rice Cakes	+\$1.00
Spring Onion Dip with Mini Rice Cakes	+\$1.00
Spicy Capsicum Dip with Mini Rice Cakes	+\$1.00
Avocado Dip with Mini Rice Cakes	+\$1.00
Corn Chips with Salsa (GF)	+\$1.00
YOGHURTS / BOWLS	
Strawberry Yoghurt (Dairy Farmers)	+\$1.00
Classic Vanilla Yoghurt (Dairy Farmers)	+\$1.00
Chia Bowl with Banana, Coconut & Strawberries	+\$1.00
Stewed Rhubarb and Apple with Custard	+\$1.00
DRINKS	
Apple Juice (Nippy's)	Included
Orange Juice (Nippy's)	Included
Chocolate Milk (Nippy's)	Included
Strawberry Milk (Nippy's)	Included
Full Cream Milk	Included



ORDER NOW

GF = Gluten Free, DF= Dairy Free, H= Halal, V= Vegetarian, Vg= Vegan

Descriptions, dietary and allergen information available on our website.