

HEAD OF YEAR 7 (Newsfe

Alison Moore

Dear Parents and Carers,

It has been a very busy first half of Term 2 with lots of events and long weekends but we're right back into the flow of things with 5-day weeks!

I will be on leave from June 1st through to the end of the term. Michael Clarke, who is Head of Year 12, will be covering my leave and looking after our Y7s. Please contact <u>HeadofYear7@thegapshs.eq.edu.au</u> if you have any concerns or questions regarding your young person.

This Term's Value Focus: Being Kind – Building Empathy

This term, our school value focus is Being Kind, with a particular emphasis on developing empathy. One simple but meaningful way to nurture this at home is through regular GEM Chats – conversations that encourage Gratitude, Empathy, and Mindfulness.

Here are some easy ways to start building wellbeing habits and stronger connections at home using GEM principles.

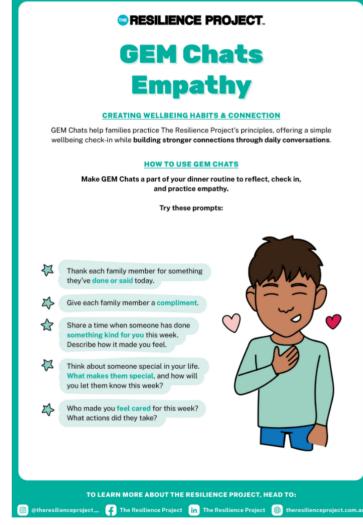
These chats can happen around the dinner table, in the car, or during bedtime routines.

We'd love to hear how these go in your household! Please feel free to share your experiences or any feedback with us.

I hope the rest of the term goes well and I look forward to reconnecting with you at the beginning of Term 3.

Warm regards,

Alison Moore (Head of Year 7)







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Mobile Phone and Wearable Device – Away for the day

A timely reminder that as per Education Queensland policy, all state school students must keep mobile phones switched off and 'away for the day' during school hours.

Wearable devices, such as smartwatches, must have notifications switched off so that phone calls, messages and other notifications cannot be sent or received during school hours.

Below is our school process for students who fail to comply with the 'Away for the day' policy.



Uniform Reminder

A quick reminder as winter sets in. Please note that students will not be permitted to wear any other outerwear and will be asked to remove non-uniform items if worn. Winter uniform options are below:



If your child attends school without the correct uniform, they may visit the uniform room in EO3 to borrow the item they are missing. This may include a school jumper, sports uniform, formal shirt, skirt, pants, shorts, or shoes.

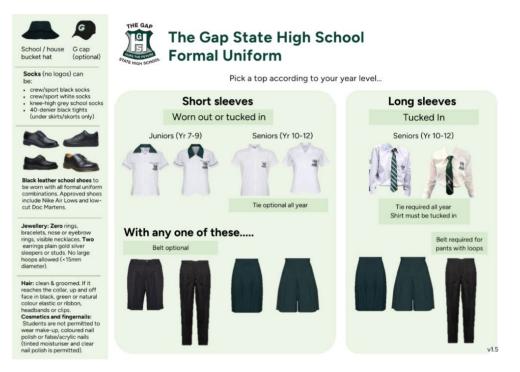




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Please note that students who are not in the correct uniform and do not obtain a uniform pass will receive a lunchtime detention. A reminder of our school uniform policy below:



SCHOOL TV – SHAPING HEALTHY MASCULINITY

SchoolTV is all about supporting schools and their communities with the challenges of raising happy, confident, resilient and mentally healthy young people. I strongly encourage all families to access and use this valuable resource as a tool to continue education around the issues impacting young people.

A new SchoolTV topic is now available — **Shaping Healthy Masculinity**. The release of the critically acclaimed TV series Adolescence has highlighted some of the complex and often hidden challenges facing young people today. Online figures like Andrew Tate are exposing young audiences to distorted messages that glorify dominance, emotional suppression and aggression — while undermining empathy, vulnerability and kindness.

Here is the link to this special report:

https://thegapshs.eq.schooltv.me/wellbeing_news/special-report-shapinghealthy-masculinity-au





