The Mirabel Foundation supports children orphaned or abandoned due to parental illicit drug use who are now living in kinship care. We run a wide range of programs to support both carers and children and we work with some of the most vulnerable children in our communities. If you would like more information about the amazing work being done by the Mirabel foundation check out <u>www.mirabelfoundation.org.au</u> The Mirabel foundation and our vulnerable clients have been significantly impacted by the COVID 19 pandemic and we need your support more than ever. This event is the perfect way to get involved and give.

Please see the details below regarding Rock Around The World. We need you to resister and get involved. Spread the word to all of your family and friends and raise some much needed funds for the Mirabel foundation

Remember to Nominate The Mirabel Foundation as your chosen charity



Who: Amazing charities, a bunch of celebrities, and YOU
What: A virtual fundraising challenge
When: Sunday 21st June 2020
Where: Your place!
Why: Supporting our community's most vulnerable at this time

Mirabel has teamed up with 6 great charities to create a virtual stepathon, supporting our community's most vulnerable in these difficult times.

While many of us are feeling the impact of lockdown on our less-active bodies, mental health and sense of connection, others are finding it harder than most. A group of eight not-for-profits supporting vulnerable kids, mental illness and disability have banded together to get us all off the couch and get moving for a great cause. Join us on Sunday June 21st as we Rock Around The World with a celebrity-filled, live streamed event, linking us all together as we take on this physical challenge whilst raising much needed funds along the way.

Ever wanted to do star jumps with a sports hero (let's face it who hasn't)? Want to rock out with a singing legend? Whether you're Stepping (walk or run), Rocking (dance, wriggle or move), or Rolling (wheelchair, cycling or skating) every movement makes a difference. Take on a personal challenge (reckon you can scoot 20km in one day?) or as part of a team of colleagues, family or neighbours (you can relay 58,000 steps to the top of Everest).

Together we're aiming to lap the world, with 50 million steps, rocks or rolls in total. It's easy to track your movements through the Rock Around the World website and join in the livestream event throughout the day as we beam motivation, laughs and special guests into your home. So choose your challenge, set your fundraising target, select Mirabel and let's get ready to Rock Around the World together!

Registration is as easy as 1, 2, 3.

1. Click the link below and click 'Register Now' .

2. Nominate Mirabel as your chosen charity.

3. Select if your rock, rolling or stepping and choose your fundraising goal.

Registration link: <u>http://www.rockaroundtheworld.org.au</u>

We look forward to seeing how you move!

If you can't participate you can donate at <u>https://rockaroundtheworld.everydayhero.com/au/dan-rocking-it-for-mirabel</u>