

Your blood is needed these school holidays

Australian Red Cross Lifeblood is calling on our school community to give the gift of life, during the Summer school holidays.

With many regular blood donors going away over the Summer, it leaves Lifeblood in a position of falling short of the 33,000 blood and plasma donations needed each week.

We understand that your Summer calendar is full of important family time, beach days, watching the cricket and trips away. But, by booking in a blood donation appointment in January, you will be spending one hour of your time that will then go on to mean a lifetime to the patient receiving your blood.

Donated blood can be used to help people in all sorts of life-giving ways. The need for blood is constant and the person receiving it could be fighting cancer, going through a difficult pregnancy, or they could be someone who relies on regular transfusions to stay healthy — or even, stay alive.

We're proud to be part of Lifeblood Teams, the group donation program from Australian Red Cross Lifeblood, so **make sure you register and join our school's Lifeblood Team when you donate.**

There is nothing like knowing you've genuinely helped someone, and we can't wait to share that amazing feeling with you.

To find your local donor centre or to book your blood donation:

- Call **13 14 95**
- Visit www.lifeblood.com.au
- Download the free **DonateBlood** App



Meet Eva. She is the reason why donations are so important. At just a glance, it's clear how much Eva loves life — and it wouldn't be possible without weekly plasma treatments.

"I can't buy what my daughter needs," says Eva's mum. In fact, there's only one way to treat her immune disease: with donated plasma.