

PROPER 16

YEAR B

JESUS IS THE HOLY ONE OF GOD





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Sunday between August 21 and August 27



Share your highs and lows, or respond to the following:

- 1. What is something in life that you find difficult, or struggle with?
- 2. Who helps you in these times of struggle?



BIBLE READINGS

Read the following Bible readings throughout this week. Talk about what words or phrases stand out for you.

1st reading

Joshua 24:1-2a. 14-18

The tribes renew the covenant

2nd reading

Ephesians 6:10-20

The whole armour of God

Gospel reading

John 6:56-69

Many disciples desert Jesus

DISCUSS

Some of the people who were following Jesus couldn't accept his teachings and went away (John 6:60). In what ways is following Jesus hard for you?



ACTION RESPONSE

Ephesians 6:18 states, "At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray. Always keep on praying for all of God's people". One important way we serve others is by praying for them. Make a list of members of your social media circles to pray for by name this week. Place the list in a prominent place in your home or carry the list with you throughout the week.



PRAYER

Lord Jesus, the Holy One of God, no one else can give what you give. Help us to listen to your words and trust in you today and always. Amen.



MEALTIME PRAYER

You give us bread for living, O God. Save us from living for bread. Amen.



BLESSING

May the eyes of the Lord be on vou. and God's ears be attentive to your cry.

SIMON PETER ANSWERED HIM, "LORD, TO WHOM CAN WE GO? YOU HAVE THE WORDS OF ETERNAL LIFE. WE HAVE COME TO BELIEVE AND KNOW THAT YOU ARE THE HOLY ONE OF GOD."

JOHN 6:68-69



VERSE OF THE WEEK