

TERM 3 2015 SELF-REGULATION GROUP



Tanya Cook is an Occupational Therapist based in Upwey with over 17 years of experience working with children and adults with Autism Spectrum Disorders, sensory processing differences, ADHD, learning difficulties and mental health issues.

Due to local demand she is offering small group programs to assist children experiencing difficulties regulating their behaviour within the classroom, playground and / or at home.

The “Zones of Regulation” (Leah Kuypers) and the “Alert Program” (Sherry Shellenberger and Mary Sue Williams) will be used as a framework for the groups, and individual needs will be catered for in small group sizes.

The program runs for 6 weeks and requires communication with parents and teachers to assist in transferring skills learned in the course to their everyday environments.

Please contact Tanya Cook phone: 0423 058 766 or email tanyacook01@gmail.com if you would like to register or to discuss the program in more detail. Places are limited.

Group 1: Grade 1 – 2 students

Group 2: Grade 3 – 4 students

Group 3: Grade 5 – 6 students

COST: \$360 for the 6 weeks

WHEN: Commencing Thursday 30th July 2015

WHERE: 8 Creekbank Street Upwey. Bookings essential.

Families may be eligible to claim some Medicare rebate from the sessions with a GP referral and Mental Health Care plan. If your child is eligible, you may use FaHCSIA funding to cover the cost of these sessions.