



Building Better Behaviour

**A 6-week Parents Building Solutions Program
for parents of children aged 2 to 6 years**

Would you like to:

- Discover why young children behave the way they do?
- Set boundaries with your child?
- Help your children deal with uncomfortable feelings?
- Deal with your own frustrations and anxiety as a parent?

Join this interactive 6 week program to learn strategies, share stories and take some time out for you

When: Mondays (6-afternoon sessions)

May 1st to June 5th 2023

Time: 12:30pm to 2:30pm

Where: Online via Zoom

Cost: Free (bookings essential)

Registration: [click here](#)

Email: sharon.muir@anglicarevic.org.au

Please Note: Building Better

Behaviour is an interactive parenting program. You will need a device with video and audio in order to participate

PARENTZONE

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