

Maddie Race

Family Nutrition Class

Maddie Race, mums' go-to health coach, visits our Moorabbin store to offer practical tips on how to create a healthy ripple effect in your family. Aside from being a certified health coach, Maddie is also a cooking teacher, recipe developer, blogger, and mother of two. As we approach the silly season Maddie will take you through healthy ways to entertain through Christmas and New Year, feed the hungry hoards over the school holidays, and keep the family pantry in top shape. Arrive at 1pm to enjoy a healthful smoothie from our Vitamix demonstrator and take your seat at 1:30pm to soak up Maddie's nutritious advice and sample some of her favourite dishes.



\$10

Saturday, November 11th,
1:00 pm to 3:00 pm

KWH Moorabbin,
288 Centre Dandenong Road, VIC

Book online or ask in-store to reserve your seat www.kitchenwarehouse.com.au/events

All attendees will receive \$20 off \$100 spent in store on the day. See our full range of Workshops and Events online.

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