

# BUILDING ATTENDANCE HABITS

How to help your child build a habit of going to school every day.



regular evening and bedtime routine and enough sleep



limit the use of electronic devices in the evenings



help your child be organised in the morning to get them to school on time



arrange alternative transport in case something unexpected happens



take family vacations during school holidays



make appointments outside of school hours or in school holidays



talk positively about school



show interest in what your child is learning, their progress and their friends



regularly communicate with your child's teacher

