



Setting boundaries with your child

An online workshop for parents of children aged 2-12 years

In this workshop we will:

- Discuss common childhood behaviours
- Explore how setting boundaries can support a child's wellbeing
- Discover the difference between discipline and punishment
- Learn ways to implement positive discipline with your child

Join this interactive workshop to learn strategies, connect with other parents and take some time out for you Date: Thursday 20th July 2023 Time: 12:30 to 2:30pm (2-hour workshop) Where: Online via Zoom. Cost: Free for parents and carers living in Melbourne's Eastern Region. Registration: <u>Click here</u> Enquires: sharon.muir@anglicarevic.org.au

Please Note: this workshop is interactive so you will be visible to other participants. You will need to log in on a devise with video and audio in order to participate.

PARENT*ZONE*