

ST PIUS X COLLEGE



Careers Newsletter

Disclaimer – all information is printed in good faith It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email <u>imadani@stpiusx.nsw.edu.au</u> or call 9414 4388.

JobJump - Parents and students please watch YouTube video and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <u>https://www.jobjump.com.au/</u>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

WEP | Student Exchange Info Session

July 25, 2023

Imagine making friends from all over the world, learning about yourself and the world around you and seeing sights you could only dream of! Find out more about your student exchange opportunities at WEP's online info session.

Find out more

University of Sydney | Biomedical Engineering Webinar

July 26, 2023

Biomedical engineers work with doctors and medical professionals to develop technologies that improve and save people's lives. Cochlear implants, heart pacemakers, and MRI scanners are all technologies that were made a reality by biomedical engineering. If you're passionate about helping others and have a problem-solving mindset, then this could be your future. Join our webinar to explore the University of Sydney Biomedical Engineering program, the largest of its kind in the Southern Hemisphere.

Find out more

ACU | 2023 Open Days

July 29 to September 9, 2023 Open Day is the perfect opportunity to find out more about your study options, meet our friendly staff and students, and explore our campuses.

We look forward to welcoming you to our 2023 Open Days.

Blacktown

Saturday 29 July, 10am – 2pm **North Sydney** Saturday 5 August, 10am – 2pm **Strathfield** Saturday 9 September, 10am – 2pm Find out more





Charles Sturt | 2023 Open Days

July 30 to August 27, 2023

Open Day is back on campus this July and August and we're excited to show you around! Open Day is your chance to get to know what we're all about at Charles Sturt. You'll get to discover your study options and see what uni life is like – we're giving you the keys to the campus, so you can make yourself right at home.

There's something for everyone.

- Jump on a campus tour and check out our state-of-the-art facilities and accommodation.
- Get detailed info about courses and discover the exciting careers they could lead to.
- Chat to current students about what studying at Charles Sturt is really like.
- Meet our expert teaching staff and find out what to expect in lectures and tutorials.
- Discover the fun side of life at Charles Sturt speak to people from our clubs, societies and sporting teams.

There's also fun stuff like live entertainment, giveaways, competitions and free food! Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about all things Charles Sturt – the support services we offer, early offer programs and even how to boost your hiring potential.

Find out more

NIE | JCU Medicine & Dentistry Application Advice and Strategies Webinar

July 30, 2023

Are you aspiring to pursue Medicine or Dentistry at James Cook University? We understand that the application process can be overwhelming, and that's why we're here to help! Join our interactive and informative webinar designed to provide you with the guidance and support you need to create a compelling application that stands out. Our workshop aims to provide you with comprehensive guidance on the application process while emphasizing the importance of rural and Indigenous health. By attending this webinar, you will gain valuable insights, practical tips, and personalized advice to create a standout application for the Medical Degree program at James Cook University. <u>Find out more</u>

<u>University of Sydney | ARTiculate – Spanish Continuers and Extension: what is next?</u>

July 31, 2023

This interactive ARTiculate Spanish webinar has been designed around the 'Spanish-speaking communities' theme of the Spanish Continuers Stage 6 Syllabus. We will explore the Spanish-speaking Communities in different countries through their music, art, literature and film, as well as their relevant position in a global and interconnected world.

In the second part, we will focus on Spanish and Latin American Studies at the University of Sydney, including an overview of study pathways, our curriculum and our partner institutions for study abroad. The webinar will be presented by Dr Raquel Bra Nunez, Visiting Lecturer of Spanish and Latin American Studies, School of Languages and Cultures, University of Sydney. <u>Find out more</u>





Sydney Conservatorium of Music | Music Theatre Chorus

July 31 to September 4, 2023

This exciting musical theatre course for students 15-22 years will cover vocal technique, lyrical interpretation, characterization, stage physicality, audition technique and musical theatre ensemble techniques.

Classes will take place weekly and contain a musical theatre ensemble component and a vocal masterclass component, led by industry professional and Conservatorium Music Theatre teacher Rob McDougall. Come and explore the genre of musical theatre in a fun and safe environment. This is the ideal course for students wishing to progress further into their studies of Musical Theatre, or potentially audition for tertiary study in this field.

Weekly lessons will begin with basic ensemble, performance and vocal technique, with the second half of the term aimed at preparing students for a performance.

The class will prepare an end of term concert including a presentation the repertoire they have worked on over the term.

Find out more

University of Newcastle | STEM Information Sessions

August 1 to August 3, 2023

Join us online for a series of STEM information sessions at the University of Newcastle. Gain insights from our esteemed academics surrounding the study experience at our University. Learn about both current and future employment opportunities from our leading industry representatives.

You will also get plenty of time to ask questions to help you on your journey to study with us. <u>Find out more</u>

University of Sydney | Nursing at Sydney

August 2, 2023

Nursing is one of Australia's fastest-growing employment sectors. Our Bachelor of Nursing (Advanced Studies) and double degrees in nursing will prepare you to apply for registration to practice as a nurse in Australia. Join us to learn more about the program, work placements and what a typical student looks like. This session is delivered by current students studying Nursing.

Find out more

SCU | Campus Tours

August 3, 2023

Register for our monthly campus tours. You will hear from study experts and current students about popular pathways into university, our unique 6-week terms, courses and student support. We also share information about applying, accepting your offer and enrolling to study.

Let's show you around campus. We invite you to join us for a campus tour on the first Thursday of each month at 1pm and 3pm local time at our Gold Coast, Lismore or Coffs Harbour campuses. Experience for yourself our world class facilities. Our study experts will also be on hand to walk you through our free, simple application process. Find out more

<u>University of Sydney | ARTiculate – PDHPE: Health Equity in Australia Today</u>

August 3, 2023

Although Australia provides 'universal' healthcare through the publicly funded Medicare scheme, enormous health disparities exist among and across our population. Clinical services





are often unequally available according to the 'postcode lottery' of where you were born. Numerous elements contribute to widely divergent health outcomes including sex, race/ethnicity, socioeconomic and migrant status, educational attainment and occupation, access to housing, the build environment and transport infrastructure, legacies of colonialism, and more.

In this seminar, Katherine Kenny, Kellie Burns, Cristyn Davies and Imogen Harper will discuss how health is socially patterned – not just individually achieved or experienced – in ways that systematically advantage some people over others. In addition to cases exploring some of the causes and experiences of inequality, we also highlight how better health equity might be achieved, especially for young people, in Australia today. Find out more

UOW | Wollongong Open Day

August 5, 2023

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our amazing Wollongong campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you. <u>Find out more</u>

SCU | 2023 Open Day

August 6 to August 13, 2023

Discover which courses spark your interest and the location or format that works best for you. Check out your options online and on-demand.

Take a campus tour, listen to live panel sessions with students, alumni and industry experts or watch online.

Register for Open Day at Gold Coast, Northern Rivers, Coffs Harbour, online – or come to them all.

Find out more

La Trobe | Open Day 2023

August 6 to August 27, 2023

Discover what it's like to study and live at La Trobe. You can:

- chat with our current students and teachers
- explore your course options
- experience the campus vibe
- join a campus tour and check out our facilities
- learn more about the La Trobe by You study model
- get info on applications, scholarships, pathways and our Aspire program
- win La Trobe merch like hoodies and Frank Green water bottles!

Find out more

Apprenticeship/Traineeship & Jobs Expos

August 8 to September 12, 2023

Whether you are a student at school looking for a career path, a parent hoping to give your





child the best opportunities in life, seeking a career change, or looking for employment, the 2023 Apprenticeship/Traineeship & Jobs Expos have all the answers you need.

This is a fantastic opportunity you won't receive anywhere else to meet industry experts from a range of interesting fields and learn about the opportunities that exist. Bring copies of your resume and get in first on the road to a rewarding career!

With an expected over 100 exhibitors at each expo who are seeking employees now, if you are serious about securing employment, then these events are not to be missed.

Entry is free and registration is not required.

Newcastle & Hunter – Tuesday 8 August – 3pm to 8pm NEX – Newcastle Exhibition & Convention Centre Central Coast – Tuesday 15 August – 3pm to 8pm Mingara Recreation Club, Tumbi Umbi Illawarra – Tuesday 22 August – 3pm to 8pm Illawarra Sports Stadium, Berkeley South Western Sydney & Macarthur – Tuesday 29 August – 3pm to 8pm Liverpool Catholic Club, Prestons Western Sydney – Tuesday 5 September – 3pm to 8pm Penrith Valley Regional Sports Centre Cambridge Park Sutherland Shire – Tuesday 12 September – 3pm to 8pm Tradies Gymea Find out more

Macquarie | Open Day 2023

August 12, 2023

Many of our degrees are co-designed with industry, which means they're shaped by the latest industry trends. Our double degrees can be personalised – you choose the combination you consider will best kick-start your career. Practical experiences are built into all of our degrees, so you'll graduate with the knowledge and skills needed to meet the current and future challenges of your profession. You also have the option to undertake many of our degrees on campus or online – or a combination of both. Join us at Open Day to find out more and check out our awesome campus. Open Day is an experience made for (YOU)^{us}. <u>Find out more</u>

JMC Academy | August Open Day, Sydney

August 12, 2023

Register for our Free Open Day! This is your chance to see our multi-million dollar world-class facilities.

Things to do at Open Day:

- Tour our world-class facilities and tech
- Explore your creative future in our hands-on workshops
- Meet our current students and industry expert lecturers
- Check out live student performances
- See creativity come to life with course demonstrations
- Build your creative network

Find out more

Whitehouse Institute | Open House 2023

August 12 to August 26, 2023





Come and join us on campus for Open House this August! Immerse yourself in our vibrant campus atmosphere, explore our exceptional learning environment and meet our welcoming design community.

- Sydney Campus 12 August 2023, 10am-2pm
- Melbourne Campus 19 August 2023, 10am-2pm
- Brisbane Campus 26 August 2023, 10am-2pm

What you can expect on the day:

- Interactive creative workshops: immerse yourself in hands-on design workshops led by our expert teachers
- Course information sessions: Hear more about our comprehensive curriculum, the subjects you'll study and the overall Whitehouse experience
- Campus tours: Take a tour of our state-of-the-art campus, where creativity thrives and innovation is nurtured
- Design exhibition, view the latest student design work
- Q&A sessions: Engage with our faculty and current design students to answer all your questions
- Fashion Runway Show

Find out more

Torrens University | 2023 Open Day

August 12, 2023

Open Day gives you a taste of what we do and how we do it. Meet our academics, talk to current students and tour our campuses. We're here to help you turn your dream into your career.

Find out more

Open Day at SAE

August 12, 2023

Join us for SAE Open Day where you'll have the opportunity to check out the campus facilities, explore study pathways for a career in creative media and get all your questions answered by existing students and industry experts. Find out more

AIE | Open Day

August 13, 2023

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Open Day on Sun 13 August 2023. This event will be held at AIE Campuses in Sydney, Melbourne, Canberra and Adelaide from 10am to 3pm.

AIE's Open Day is a great opportunity to meet our teachers, staff and students. The day will cover everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

AIE's Open Day will also include presentations on entry requirements and how to apply. Find out how AIE can get you into a creative career.





Why You Should Apply for Scholarships

Receiving a scholarship means more than just financial support. Lots of scholarships come with heaps of other benefits, and even the application process itself can help you in ways you might not have realised. If you're heading off to study and are keen to get some extra support, we have some of the top reasons why you should apply for scholarships. Take a look.

Financial support

Yes, scholarships are often more than just money, but this is still one of the main reasons most people apply for them! Whether we like it or not, education can get expensive, from tuition fees to textbooks, laptops, accommodation; the list can go on and on. Scholarships are a great way of relieving some of that financial pressure, allowing you to stress less and focus on your studies.

Expanding opportunities

Other than money, heaps of scholarships offer a whole host of other benefits as well. These can be things like access to mentoring and special study support, being invited to exclusive events and workshops, internship and work experience opportunities, connections with major employers and other organisations, travel opportunities, and more. They can be a great way to boost your study experience beyond the classroom.

Increasing your confidence

Imagine the thrill of receiving an email letting you know you've just been awarded a scholarship – it's more likely than you think! Going into your studies knowing you have that extra support can be a big confidence boost. And even just plucking up the courage to go through the application process (which can sometimes include interviews and essays) shows you have initiative and determination.

Supporting non-academic excellence

There's a pervasive myth that most scholarships only go to the best and brightest students. In reality, scholarships are awarded for a whole host of things. Whether you're a virtuoso on the piano, love to volunteer in your community, lead your local rugby team to victory, or are just super passionate about a particular subject, there are lots of scholarships out there that will reward your efforts in all aspects of life, not just your studies.

Keeping things fair

If you find yourself in a difficult position and think further study might be unattainable, think again. Lots of scholarships are designed to help people from all walks of life access education – whether you've overcome hardships at home, come from an underrepresented background, or are just facing circumstances you can't control.

Building skills

Even if you don't end up winning a scholarship, the application process is more handy than you think. It can help you build valuable skills like time management (getting applications in on time), communication (writing the perfect application essay), presentation skills (if you have to attend an interview), and even just show that you're motivated and passionate. These are all skills you'll need no matter where you end up in life.





Hopefully some of these reasons have left you motivated to apply for a scholarship (or two). If you still want to learn more about scholarships, or are ready to start your search, you can find out more on our website <u>here</u>.

Some scholarships you may be interested in:

Young Carer Bursary

Open: July 18, 2023 Closes: September 12, 2023 Value: \$3,768 AUD

Harding Miller Education Foundation Scholarship

Open: July 18, 2023 Closes: September 13, 2023 Value: Valued at \$20,000 AUD

University of Sydney Chancellor's Award

Open: April 3, 2023 Closes: November 9, 2023 Value: \$10,000 AUD per year

UTS Bachelor of Accounting Cooperative Education Scholarship Program

Open: April 3, 2023 Closes: October 13, 2023 Value: Up to \$54,000 AUD

Macquarie Business School Academic Excellence Scholarship

Open: April 3, 2023 Closes: November 16, 2023 Value: Up to \$10,000 AUD per year

Individual Support Traineeship Spotlight

Do you have a passion for helping others to live their best lives? If so, you might like to consider a career in individual support – and one of the best ways to get qualified is by completing a traineeship.

What is a career in individual support?

A career in individual support involves providing assistance, care, and support to individuals who may need help due to disability, age-related challenges, mental health issues, or any other condition that might affect their ability to perform daily activities independently. Your primary goal as an individual support worker is to enhance the quality of life for your clients and promote their independence and wellbeing.

What skills do I need for a career as an individual support worker?

For a career as an individual support worker, essential skills include empathy and





communication to connect with clients, patience and personal care abilities, adaptability, problem-solving, and attention to detail. A career in individual support can be immensely rewarding as it allows you to make a positive impact on the lives of those who need assistance and care. However, it can also be emotionally and physically demanding, requiring dedication, compassion, and a genuine desire to help others.

Why should I consider an individual support traineeship?

Traineeships are a great way to get your foot in the door with an employer and start building valuable skills. There are often lots of opportunities to continue working with your employer after your traineeship is complete, and even advance your career down the track. As part of an individual support traineeship, you will be doing real work for an employer while completing study with a TAFE or RTO. An individual support traineeship usually takes 1-2 years to complete, depending on whether you work and study full- or part-time. Here are some common qualifications you might want to look into:

- <u>Certificate III in Individual Support</u>
- Certificate IV in Disability Support
- <u>Certificate III in Health Services Assistance</u>

There are tons of benefits to a traineeship, rather than just work or study alone, including:

- Getting paid while you learn unlike uni, you can work and study without having to take on an insane work load.
- The opportunity to get hands-on experience, not just endless reading.
- The potential to connect with an employer and continue working with them after your traineeship is finished.
- Your qualification will be nationally recognised, meaning you can go anywhere with it.

Where can I find traineeship opportunities?

Just like searching for a job, there are lots of places you can go to find a traineeship. You can start your search on sites like <u>SEEK</u> and <u>Indeed</u>. Take a look on social media like Facebook or LinkedIn to see if any local businesses are hiring. Sign up with an <u>Apprenticeship Network</u> <u>Provider or Group Training Organisation</u>, or even go old fashioned and take a look in the local paper or give local businesses a call.

Here are some examples of the kinds of opportunities available:

- Individual Support Worker Traineeship (Aged Care), Adelaide SA
- Individual Support Traineeship, Bundaberg QLD
- Individual Support Worker Aged Care Traineeship, Bairnsdale VIC
- Individual Support Worker Aged Care Traineeship (SSI/ACA), Sydney NSW
- <u>Personal Carer Traineeship NEW Earn While You Learn Program</u>, Gold Coast QLD

Hear From a Participant in the AgCAREERSTART Program

<u>AgCAREERSTART</u> is a 10–12 month program placing young Australians, aged 17-25, on farms across Australia. It's a great option if you're looking for something unique to do for your Gap Year, or want to start your career in the agriculture industry.

If you're curious to learn more about what's involved in the program and where it can take you, past participant Benjamin has provided his experience in the AgCAREERSTART program and how it has helped him launch into his dream career. Take a look.

Hear from 2022 participant, Benjamin

Hi, my name is Benjamin and I have been working and living on a dairy farm in Northern Victoria for a year now. It all started when I signed up for the AgCAREERSTART program in





2022. I had always wanted to work on a farm but found it hard to find a job due to my disability. The AgCAREERSTART team were really encouraging, and I was fortunate enough to be matched with a supportive employer who has taken the time to understand me and create a safe and positive workplace. This has allowed me to use my strengths and overcome any obstacles, which has been life-changing for me.

I love working in the dairy industry, so much so that I decided to stay on the farm beyond the end of the program. Over the past year, I have been able to develop a variety of farming skills, from learning how to pull a calf and lift a cow, to managing dairy maintenance and emergency repairs, as well as field work like discing and baling. This is a huge step forward from my first weeks, when I was still learning how to set up a strip fence!

During my year on farm I joined the Young Dairy Network which has allowed me to meet other young farmers and develop connections within this new community. Through social events and study tours, I have formed friendships and developed a work-life balance off the farm. There is nothing like bonding with other farmers over a pub meal, where we can share our joys and complaints about cows and their issues.

With the encouragement and support of my employer, I am currently pursuing a formal traineeship at TAFE this year, working towards my Cert III in Agriculture/Dairy Production. My employer has allowed me to attend classes one day a week, and I am connecting with other young farmers in the class. The TAFE course content is helping me understand the theories behind on-farm work and hone my knowledge and skills.

As a city kid with a disability, I never imagined that I would have the chance to work on a farm. But the beautiful sunsets, connections within the rural community, and the cows grazing in the pasture have made all the hard work and long days worth it. I am grateful to have had the opportunity to start my career in farming through the AgCAREERSTART program, and I am excited to see where this path will take me in the future.

Find out more

With applications opening soon, the best way to prepare yourself is to head to the website for more information or get in touch with the team.

Email: agcareerstart@nff.org.au

Visit: www.agcareerstart.com.au

Jobs for People who Love Puzzles

Puzzles can be toys, games, or problems that are designed to test your ingenuity. From jigsaw puzzles and computer games to crosswords and sudoku, there are lots of different ways you could be entertained by a great puzzle.

But there's more to puzzling than just fun. You can learn useful skills (puzzles are often used in educational settings), give your brain a workout, and you can even find careers where solving puzzles could part of your daily life.

Useful skills you could get from puzzling

From early childhood onwards, puzzles are used as tools to help us to develop skills from finger strength and dexterity to visual-spatial skills and logic.

There's a heap of other great skills that you can learn and develop through puzzles too, they could be useful in lots of jobs and other aspects of your life and include:

• Resilience and perseverance





- Problem solving and reasoning
- Critical and analytical thinking
- Teamwork and collaboration
- Planning
- Focus
- Creativity
- Time management
- Adaptability

All the above are wonderful skills to have. Taking part in competitions, joining clubs, and working on real world puzzles (or problems) could help you to build on these skills, gain new ones, and help to illustrate to others that you have these skills already. So don't forget to add them to your resume and use examples in your interviews.

Jobs for people who love puzzles

You could incorporate puzzles into your career if you like to be challenged and love finding solutions where others may not be able to.

Here are some examples of careers you could explore further:

- Mathematician
- Actuary
- Cryptographer
- Ethical Hacker
- Computer Support
- Network Engineer
- Archaeologist
- Forensic Scientist
- Police Detective
- Private Investigator
- Fire or Accident Investigator
- Software Engineer
- Auto Mechanic
- Interior Designer
- Puzzle Maker
- Psychologist
- Counsellor
- Software Developer
- Teacher
- Architect
- Journalist
- Data Analyst
- Air Traffic Controller
- Structural Engineer
- UX Designer
- Cybersecurity Officer
- Programmer
- Doctor
- Event Planner
- Author

Curious which other careers might suit you?





Why not head over to our job spotlights page to read up on other jobs, or have a read through various industries and roles on the <u>careers page</u>.

Don't Wait to Finish School to get Experience

You don't need to sit around and wait until you've finished school to start getting experience, building skills, and making connections for your future. There are lots of things you can do alongside your schoolwork.

Let's take a look at some of your options.

Part-time work

This is something a lot of students already do. Finding a part-time or casual job is an excellent way to start building valuable skills, learning about the world of work, and even making important connections for the future (plus you get to earn some money too).

You don't need to give up a lot of time for a job. It could be a few hours a week, either after school or on the weekend.

If you'd like to know whether you're ready to start work, talk to your parents/carers and think about jobs you might like to do. And if you're ready to jump in, make sure you're <u>staying safe</u> at work too.

Start a business

Not too keen on working for someone else? If you have the initiative – and a great idea – you might like to start your own business.

You're probably not going to become a millionaire overnight, but with some dedication and time you might be able to grow your business into something special. Interested in starting your own business? <u>Find out how here</u>.

Volunteer

Volunteering is a great way to develop important work and life skills – and it looks great on your resume or uni applications too.

Sure, you might not be getting paid, but what you get back in experience is more than worth it. Volunteer work might even lead to a paid role down the track, if you show some initiative. Learn more about the ways volunteering can benefit you <u>here</u>.

Get work experience

If you already have a career or industry you're interested in, a great way to solidify that interest is through work experience. It's a great way to get a taste of working life, and can help you narrow down your future choices.

Plus, it's another way you can learn useful skills and make future contacts. Read more about <u>the skills you can get through work experience</u>, and how it can <u>help build</u> <u>your future</u>.

Start networking

You don't need to wait until you're in the workforce to start networking - you can do it now.





Try and get to know some of the big names in your industry of choice. You might even like to try and reach out to them for some advice, whether it's in person or via social media. Find a family friend or other trusted adult who has a job you'd love and ask them all about it. You might even be able to attend certain industry events to start meeting people and getting your name out there.

Find out more about the <u>benefits of networking</u>.

Try a microcredential or MOOC

You probably don't have tons of extra time on your hands for even more study. Not to worry – this is where microcredentials and MOOCs (massive online open courses) come in handy. These bite-sized learning opportunities are a perfect way to upskill and gain new knowledge quickly and easily.

Learn more about <u>what microcredentials are here</u>, or take a look at our <u>top online course</u> <u>provider picks</u>.

Hobbies

Learning can be fun too! Hobbies can help you build a huge variety of useful skills, from mindfulness to motor skills, as well as improving your focus and mental health. Want to know more about the benefits of hobbies? Check out our blog <u>here</u>.

Ideas for Work Experience

University of Sydney Chemical Engineering Work Experience

Closes: August 21, 2023

Sony World Photography Awards Youth Competition

Entries to the Sony World Photography Awards Youth Competition are open. The brief for this year's Youth competition is 'Through Your Eyes'. What is your (and your generation's) perception of the world? From your family to the local environment to your day-to-day life, show us what – through your eyes – are the subjects and themes you want to photograph and share. Whatever the genre, technique or subject matter, we want to see your photographs. You can enter up to three images for free.

The competition is open until 5 January 2024.

Find out more and enter <u>here</u>.

Australian Science and Engineering Fair 2023

AUSSEF invites Australian school students from Year 9-12 who have completed a substantial project in Science, Technology, Engineering or Mathematics to enter their project into the 2023 edition of AUSSEF.

A two-staged national judging process will select the team who will win an all-expenses-paidtrip to compete at the Regeneron ISEF in Los Angeles, California from May 11-17, 2024 (pending funding).

Submissions are due Friday 17th November, 2023.

Find out more and enter <u>here</u>.

How to Stay Focused While Studying

It can be hard to stay focused when studying. From the itch to check Instagram to staying comfortable in your chair, there can be lots of distractions keeping you from getting the job done. Luckily, there are plenty of tools and tricks out there that can help you stay focused





and study hard - here are of some of these methods.

Find a suitable environment

Some people find it easiest to study in complete silence, while others might like a bit of background noise. Try some different places around the house, or even in your favourite coffee shop, to see what works best for you.

Regardless, there are some things that you need to have no matter where you are:

- Plenty of space and a flat surface for all your materials and tools
- An outlet to charge your devices there's nothing worse than your battery going flat in the middle of writing an assignment when you haven't saved for a while!
- A comfortable chair or standing position

Create a study ritual

Help yourself get into the mindset of study by creating a little ritual for yourself that you follow every day. Maybe you can clean your desk before you start, or go for a short walk. Having this ritual can help prepare your mind for the study to come.

Block distracting websites and apps

We're all guilty of being distracted by our Facebook or Instagram feeds when we're supposed to be doing something else. But if it's becoming a bad habit, it might be time to step it up and block those websites and delete the apps from your phone. It might be tough, but it will do wonders for your study!

Divide up and space out study sessions

Got lots of study to get through? It can seem daunting when you add it all up together. Make it less scary by dividing up your time into smaller, more manageable blocks, instead of trying to cram everything in at once.

Find the best tools

There are tons of apps and websites out there designed to help you get the most out of your study sessions. From helping you get organised, to helping you focus, to build good habits, there's something for everyone. Here's a few that could help you to get started:

- Quizlet
- <u>SimpleMind</u>
- <u>Chegg</u>
- <u>Elevate</u>
- <u>Todoist</u>
- <u>Schooltrag</u>

Focus on skills, not grades

Learning is a skill that will last you a lifetime. Remember that while it might be important to do well on your exams and assignments, it's not the be all and end all. Building valuable study skills is important too – and feeling like you're accomplishing something just by learning can be very motivating.

Schedule downtime





You don't have to be a study machine 24/7 – in fact, trying to cram everything in non-stop will probably be more harmful than good. Make sure you have some time to relax, unwind and take care of yourself as well. It will improve your learning in the long run.

Exercise

Studying can involve a lot of sitting, and it's important that you get up and move. Even if it's just getting up from your chair every 30 minutes to have a stretch and walk to the fridge, something is better than nothing. Exercise doesn't just benefit your body – it can help reduce stress and anxiety and help you to focus better as well.

Review and adapt

Tried something that you found just wasn't working? That's okay! Adapting to your changing schedule and needs is important, so make a list of tips and techniques you found worked wonders, and things that didn't work so well. Review your list over time to see if things need a bit of a shake-up.

You can find more study and wellbeing tips on our website here.

The Power of Portfolios

When applying for jobs or university courses, you might find you're asked to submit a portfolio alongside (or instead of) a resume or your academic results. But what exactly is a portfolio, and why does it matter? In this blog, we'll explore their significance, who might ask for one, the different types, what to include, and how you can start building your own right away.

What is a Portfolio?

In simple terms, a portfolio is a collection of your best work and achievements. It serves as a showcase that demonstrates your skills, talents, and experiences, allowing others to gain insights into your abilities.

Why are Portfolios Useful?

Portfolios hold great value because they provide a more comprehensive understanding of your capabilities beyond traditional grades and test scores. They enable universities, potential employers, and other decision-makers to assess your potential and suitability for various opportunities.

Different Types of Portfolios

Portfolios come in two primary forms: physical and digital. Each has its advantages and considerations.

Physical

Physical portfolios are tangible collections of your work and achievements. They can take the form of a physical binder, folder, or even a custom-made presentation book. They are well-suited for artistic disciplines, where the physical presence of your work matters, such as fine art, design, or fashion.

Digital

Digital portfolios, on the other hand, are virtual collections of your work and accomplishments, presented through online platforms or websites. They allow you to showcase multimedia content, including documents, images, videos, and interactive elements. They are highly versatile and are particularly valuable for fields that emphasise





technology and digital skills, such as web development, graphic design, or digital marketing. The decision to create a physical or digital portfolio depends on your goals and the industry you're targeting. Physical portfolios can create a lasting impact in visual and hands-on fields, where the tactile experience matters. On the other hand, digital portfolios offer convenience and accessibility, making them ideal for showcasing tech-savvy skills and reaching a broader audience online.

Who Might Ask for a Portfolio?

Portfolios are sometimes requested by <u>universities</u> during the admissions process, especially for creative or specialised programs, or for alternative entry pathways (including early entry). In the professional world, industries such as design, marketing, media, technology, and engineering may require them when evaluating candidates for roles. And even if not explicitly asked for, having one can make you a more attractive candidate and set you apart from the competition.

What to Include in a Portfolio

To create an impactful portfolio, regardless of its form, you should include the following elements:

- Showcase Your Best Work: Choose samples that exemplify your skills and achievements most effectively.
- **Reflections**: Add brief explanations or reflections on each piece, highlighting what you've learned or gained from the experience.
- **Recommendations**: If possible, include letters of recommendation from teachers, supervisors, or mentors.
- **Resume**: Attach a well-structured resume that outlines your experiences and accomplishments.

When selecting work samples for your portfolio, consider the specific requirements and expectations of the job or course you're pursuing. Tailor it to highlight skills, experiences, and achievements that align closely with what the opportunity demands. For example, if you're applying for a graphic design position, focus on showcasing your design projects, visual communication skills, and proficiency with design software.

Start Building Your Portfolio

If you're in Year 11 or 12 and want to start building your portfolio, you can follow these steps:

- Identify Your Passions: Determine your interests and strengths to create a portfolio that aligns with your goals.
- Gather Your Work: Collect your best pieces, certificates, and awards that showcase your skills and achievements.
- Seek Feedback: Share it with teachers, mentors, or peers to gain valuable insights and improve your presentation.
- **Keep Updating**: As you progress, continue adding new accomplishments and updates.

Building a portfolio is an ongoing process of growth and refinement. As you gain new skills, finish new projects, or receive feedback, continuously update and improve it. Regularly reassess the relevancy and impact of your work samples and make adjustments as needed.





A portfolio is a powerful tool that can elevate your profile and open doors to numerous opportunities. No matter which format you choose or the industry you're applying for, the key is to showcase your skills, passions, and achievements in the most compelling way possible.

What is it like to work in a Gallery?

Galleries serve as spaces designed to showcase and celebrate various forms of art and creative expression. They provide a platform for artists, both emerging and established, to exhibit their works to the public, fostering appreciation and understanding of art. Galleries create an atmosphere that encourages contemplation and exploration, allowing individuals to connect with the emotions, ideas, and messages conveyed by the artists.

As cultural hubs, galleries also play a significant role in enriching communities by hosting events, educational programs, and collaborative initiatives, helping to foster a vibrant and thriving artistic community.

While each gallery is different, they do have some things in common:

- 1. An appreciation for the arts as you might expect, you'll need to have a passion for art, from painting and sculpture to digital media and photography.
- 2. Communication is key from explaining the meaning of artworks to the public to collaborating effectively with your co-workers.
- 3. Volunteering is common while there are lots of paid roles in galleries, they also rely on the hard work of volunteers as well (and it can act as a great springboard for future opportunities).

Key Outcome

Artistic appreciation and cultural enrichment

The main purpose of a gallery is to exhibit and celebrate diverse forms of art, engaging and inspiring visitors.

Key Tasks

- Select and arrange exhibits with care and creativity.
- Engage with guests, providing information and guidance.
- Prepare the gallery space for new displays.
- Maintain detailed records of artworks and collections.
- Ensure proper handling and preservation of artworks.
- Organise exhibitions, workshops, and artist talks.
- Facilitate artwork sales and process transactions.
- Promote exhibitions and events to attract visitors.

Industry

You can find galleries in the arts and recreation services industry

Galleries are generally found in the arts and recreation services industry. Galleries can be general or specialise in a particular form of art (fine art, photography, etc.), and can vary in size from small pop-up facilities to huge buildings filled with artworks.

Work Environment

You can expect regular hours and flexible working arrangements

Regular hours | Work on-site or remote | Jobs more common in metro areas | Strong job growth

Specific opening hours can vary from gallery to gallery, but many of them are open during regular working hours, and often on weekends as well. They may also stay open late some





days, depending on events and exhibitions that are currently running. When swapping between exhibits, galleries may close for a day or two to prepare.

There are plenty of roles in galleries that allow for both on-site and remote work, depending on your exact responsibilities.

Galleries tend to be more common in metropolitan areas due to higher population and demand, but smaller local galleries are still popular in regional and rural areas too, particularly in towns with a strong cultural or tourism focus.

The Career Clusters you'll find in a gallery

People from all Clusters are needed for a gallery to run successfully, and there are plenty of roles to choose from in nearly any Cluster. In many roles, you might find yourself performing tasks across multiple Clusters.

What do Makers do in a gallery?

Makers in a gallery help to transport, unpack, and install pieces of art, as well as put together exhibit spaces that take full advantage of available space and are appealing to visitors. Some Makers might help ensure that technology runs smoothly, while others help to keep the space clean and tidy for visitors. Other Makers might be responsible for retouching or repairing old artworks that have been damaged or have faded over time.

- Art Handlers/Installers
- <u>Technicians</u>
- <u>Cleaners</u>
- Art Restorers

The role of a Linker in a gallery

Linkers provide guidance and advice to visitors, explaining the layout and which exhibits are currently showing, as well as selling tickets to paid exhibitions. Other Linkers might negotiate with artists, private collectors, and other galleries to buy or acquire works for their collection, and even broker deals for works on display to those interested in buying. Some Linkers might work to promote the gallery to the public, or connect with local businesses, organisations, and schools to collaborate.

- <u>Receptionists</u>
- Art Dealers
- Marketing Managers
- Community Outreach

Where you'll find Coordinators in a gallery

Coordinators are responsible for managing the administration of a gallery, including budgeting and finances, scheduling events and exhibits, keeping thorough records and catalogues of artworks on display and in storage, and organising other staff. Some Coordinators work to oversee the overall artistic direction and business strategy of the gallery.

- Gallery Directors
- <u>Curators</u>
- Operations Managers
- Administration Assistants
- Events Coordinators





What do Informers do in a gallery?

Galleries often run workshops and educational events and need Informers to educate the public during these events, and even explain the themes and production techniques behind works at any time. Some Informers might conduct in-depth research on a particular piece of art or artist to provide information and context for an exhibition. Other Informers can provide specialist advice on properly preserving and storing works to ensure their longevity.

- Art Educators
- Art Researchers
- Art Conservators

The role of Innovators in a gallery

Innovators are often the people responsible for creating much of the work we see in a gallery. They also help to design visually appealing displays and exhibition, picking appropriate pieces and placing them where they will have the most impact. Other Innovators might find newer and better ways to engage audiences with artwork, such as incorporating augmented and virtual reality.

- Artists
- <u>Curators</u>
- Experience Designers

How do Guardians work in a gallery?

Guardians aren't too common in galleries but are still needed to keep important (and expensive) artworks safe and secure. Other Guardians might advise on workplace health and safety practices and requirements, such as ensuring heavy works are fixed properly to walls and floors, or that installers are following proper lifting techniques.

- Security Officers
- <u>Workplace Health and Safety Officers</u>

How do we expect working in a gallery to change in the future?

Technology has greatly changed the landscape of art, from production to display, and will likely create more changes into the future.

Advancements in blockchain technology could be used for art authentication and provenance tracking, ensuring authenticity and transparency in the art market. Augmented reality (AR) and virtual reality (VR) are also becoming more integrated into gallery spaces to create immersive and interactive experiences.

Online engagement will continue to be vital, with social media and other digital platforms serving as essential tools for galleries to interact with audiences, share art experiences, and promote exhibitions.

Particularly since the pandemic, some roles in galleries have become more flexible and remote-friendly. Many galleries have also shifted to providing fully online exhibitions, so visitors don't even need to leave the house to experience the displays.

The art market is constantly adapting to new collector preferences, and galleries will need to focus on being more inclusive by showcasing diverse artists and perspectives. Sustainability has also become more important, and galleries must explore eco-friendly practices.

How to become an Online Tutor

Online Tutors help students improve in their chosen subject area. They teach a huge variety of subjects, such as maths, music, or languages, or they can help students with more general





things like forming good study habits. Tutoring online gives you the ability to engage with students from across the country, widening your prospects.

If you are a good communicator and have a passion for helping others, with the ability to work flexibly and remotely, then this role could be great for you.

About you:

- Excellent communication skills, able to explain difficult concepts clearly and concisely to students
- Good IT skills and ability to use online conferencing platforms professionally
- Patient and compassionate
- Organised and efficient

The job:

- Learn different curriculums and prepare study plans for students
- Present new information to students in a way that is easy to understand
- Assess students' abilities to individually tailor lessons for them
- Help students to prepare for exams and assessments
- Offer feedback and advice to help students improve

Lifestyle Impact: Low

- Part Time opportunities: Very high around 85% of Online Tutors work part-time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 45 hours a week, which is just above average (source: labourmarketinsights.gov.au).
- Online Tutors' salary (median) \$35,000* per year (source: ato.gov.au). *Salaries vary depending on your skills and experience.
- Future career growth: Strong (source: labourmarketinsights.gov.au).
- You will be doing your work indoors, either in a special office or even from your own home. You'll be working with computers and need good technical know-how.

Online Tutors are most in demand in these locations:

Because you can work from anywhere in the world, demand for Online Tutors is spread evenly across Australia. Most Online Tutors work in the Education and Training industry.

How to become an Online Tutor in Australia

There are no formal qualifications necessary to become an Online Tutor. Many university students offer tutoring services in their spare time. However, doing well at school and university can help to boost your credibility.

Step 1 – Complete your high school certificate with good results, particularly in the subject area you would like to tutor.

Step 2 – Completing a relevant qualification like a <u>Bachelor of Education Studies</u> could help improve your prospects. You could also consider a VET qualification such as the <u>Certificate IV</u> in <u>School Based Education Support</u>.

Step 3 – If you want to tutor young people, you will need to get a <u>Working with Children</u>





Step 4 – You can also become an Accredited Tutor by getting a certification from the Australian Tutoring Association (ATA).

Step 5 – Keep your skills and knowledge up to date by taking short courses and attending relevant industry events.

Find out more here – Australian Tutoring Association (ATA)

Similar Careers to Online Tutor

School Teacher Educational Administrator Learning Aide Librarian University Lecturer VET Teacher Find out more about <u>alternative careers</u>.

Frequently Asked Questions (FAQs)

What is the difference between a teacher and a tutor?

Teachers work in schools and classrooms and require formal qualifications, whereas tutors can be self-employed and work from home. Tutors also generally work outside of normal business hours, such as in the evenings and on weekends.

Where do Online Tutors work?

Online Tutors can be self-employed and work out of their own home, or work for a larger business with other tutors.

Do I need to go to university to become an Online Tutor?

There are no formal qualifications necessary to become an Online Tutor, but having one can help improve your credibility and desirability.

Mr Madani