

2026 Snow camp!

Week 4

Monday 3rd – Thursday 6th August



Things we will cover in these slides:

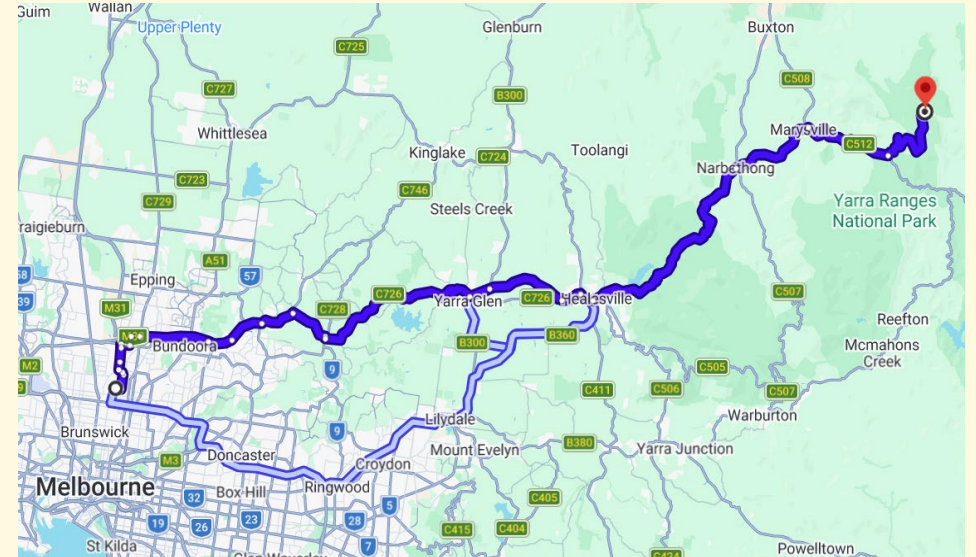
- The journey from school to camp
- The journey back from camp to school
- The schedule (what our days will look like)
- Teachers attending
- Packing list
- Resilience
- Questions

How are we getting there?

On Monday 3rd of August, we will arrive at school between **8:00am and 8:15am** with your luggage. Teachers will mark the roll at 8:15am sharp and begin packing the bus. The bus will **leave Newlands at 8:30am**. Before we leave, you will have a chance to use the bathroom.

The bus ride takes **2 – 2.5 hrs long**. During the bus ride, we can read a book, draw, talk to friends. There will be three buses, with each double class on one bus (AB/CD/EF).

If you take medication to prevent travel sickness, you will take it before you get on the bus.



Lake Mountain Alpine Resort – Day 1 *Monday*

We will spend the first day at Lake Mountain Alpine Resort!

10:30am: exit the bus - bring your little bag with water, lunch (and snow gear if you are bringing your own). No access to big bags under bus.

10:45am: collect hire gear - this process can take sometime so practice patience and listen to the adults carefully

Activity 1	Lunch	Activity 2	Pack up
		Activity 3	

cross country skiing



sledding



snow play



Camp Marysville – Day 1 *Monday*

We we will get on the bus and go to Camp Marysville. It is a roughly **30 minute** drive.

We will tell you **cabin groups on the bus ride to camp.**

When we arrive, we will unpack the bus and put our belongings in our cabins.

We will get a tour of the camp and have afternoon tea. After that, you will have time to set up your cabins, have a shower and get ready for dinner.

We will have dinner. After dinner, we will have a trivia and disco night.



Camp MARYSVILLE



We will
be
staying
in these
cabins.

Camp Marysville – Day 2 *Tuesday*

There are 8 activity groups and 8 different activities. You will be in an activity group with some people from your class and some people not from your class. Each activity group will have 1 or 2 teachers.

Breakfast	Rotation 1 Rotation 2	Morning tea	Rotation 3	Lunch	Rotation 4	Afternoon tea	Possible town visit/ free time/ showers	Dinner	Night walk Campfire (if the weather allows!)
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Camp Marysville – Day 2 *Tuesday*

Activities include:



canoeing



Giants Ladder



Photo Rally



Grow It, Cook It



bouldering



archery



Hut building



Crate stacking

Camp Marysville – Day 3 Wednesday

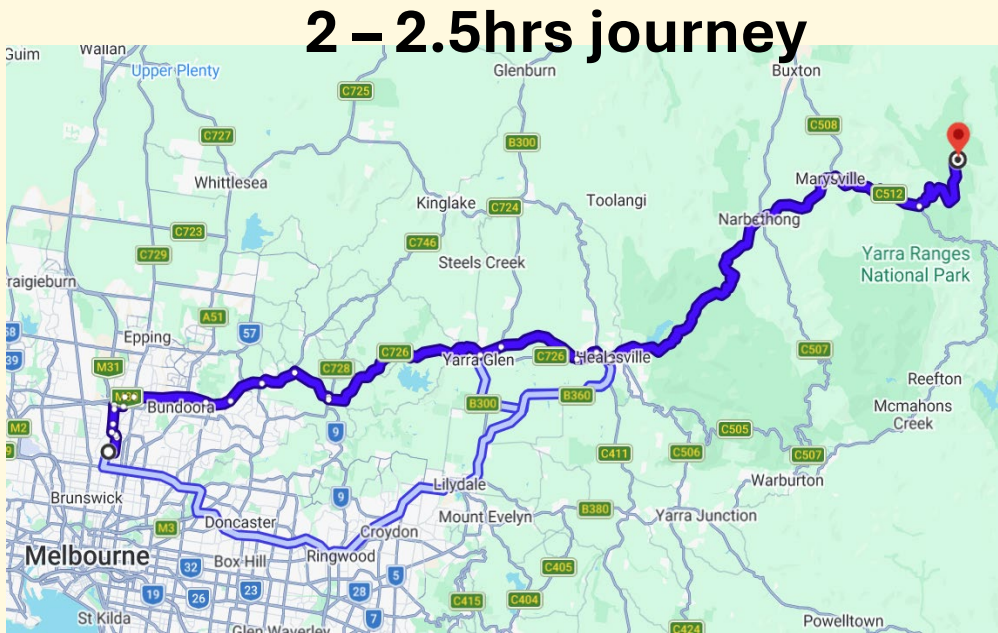
There are 8 activity groups and 8 different activities. You will be in an activity group with some people from your class and some people not from your class.

Breakfast	Rotation 5 Rotation 6	Morning tea	Rotation 7	Lunch	Rotation 8	Afternoon tea	Possible town visit/ Free time/ showers	Dinner	Movie
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Camp Marysville/Newlands – Day 4 *Thursday*

Thursday is our last day at camp. It looks different to Tuesday and Wednesday.

Breakfast	Mini olympics/reptiles	Morning tea	Final check
Pack up cabins			MYO rolls for lunch and eat them
			Bus back to Newlands
			(arrive 3pm-ish)



Adults at camp

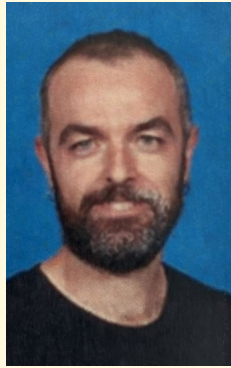
These are the wonderful adults from Newlands who will be with you at camp. They are there to help everyone stay safe and have the best camp experience we can!



Kaya



Israel



Jose



Simon



Flor



Carola



Emma



Courtney



Luisa



Sophia



Julianna



Luisa

We will also meet staff at Lake Mountain and Camp Marysville who will be instructing and helping us in activities and throughout camp.

You need to pack:

ESSENTIAL ITEMS WHILST AT CAMP MARYSVILLE

CLOTHING – Please label your child's belongings

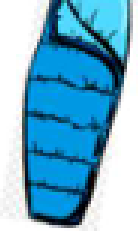
- ☐ 4 x t-shirts Ideally long sleeve
- ☐ 3x warm jumpers – please pack wool or fleece, as they will stay warm if wet
- ☐ 3 x long pants – lightweight is good (jeans are not appropriate)
- ☐ Underwear – 1 pair per day, plus 1 extra
- ☐ Socks – 1 pair per day, plus 1 extra
- ☐ 1x set of warm pyjamas
- ☐ Sturdy, enclosed shoes – for walking, running, climbing and hiking (note: closed toed shoes MUST be worn at all times when outdoors)
- ☐ Spare shoes - Fully enclosed shoes for wet or muddy activities.
- ☐ Thongs/sleepers – for cabin showers only



You need to pack:

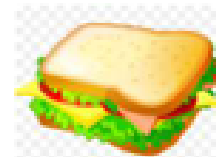
BEDDING/PERSONAL

- ☐ Pillow – with pillowcase
- ☐ Sleeping bag – three-season
- ☐ 1x fitted sheet
- ☐ 1x towel
- ☐ Toiletries – toothbrush, toothpaste, soap, deodorant (not spray)



OTHER ITEMS

- ☐ Day Pack - To carry your water bottle, jacket, personal items, etc in
- ☐ Torch - A small torch or headtorch is fine.
- ☐ Sunscreen – 30+SPF
- ☐ Water Bottle -
- ☐ Insect Repellent – Non-Aerosol
- ☐ **BYO Lunch for first day**



You **need** to pack:

WINTER

- ☐ A waterproof rain jacket
- ☐ Gumboots or spare shoes – fully enclosed



- ☐ Beanie – preferably wool or polar fleece as they'll stay warm if wet
- ☐ Gloves – warm and waterproof
- ☐ Thermals – shirt and pants (optional)

Do not pack:

DO NOT BRING

- NO Mobile phones
- NO electronic devices
- NO Food containing nuts
- NO valuable items
- NO sharps objects
- NO aerosols
- NO SWEETS



When packing, we suggest...

Little bag (bus and snow)

- Packed lunch
- Water bottle
- Activities for the bus e.g. book, colouring in, cards etc.
- If you are bringing your own snow gear: beanie, gloves, snow jacket, snow pants, boots



Big bag (all other camp gear)

- Toiletries
- Pillow, sleeping bag, sheet
- Clothes



Resilience

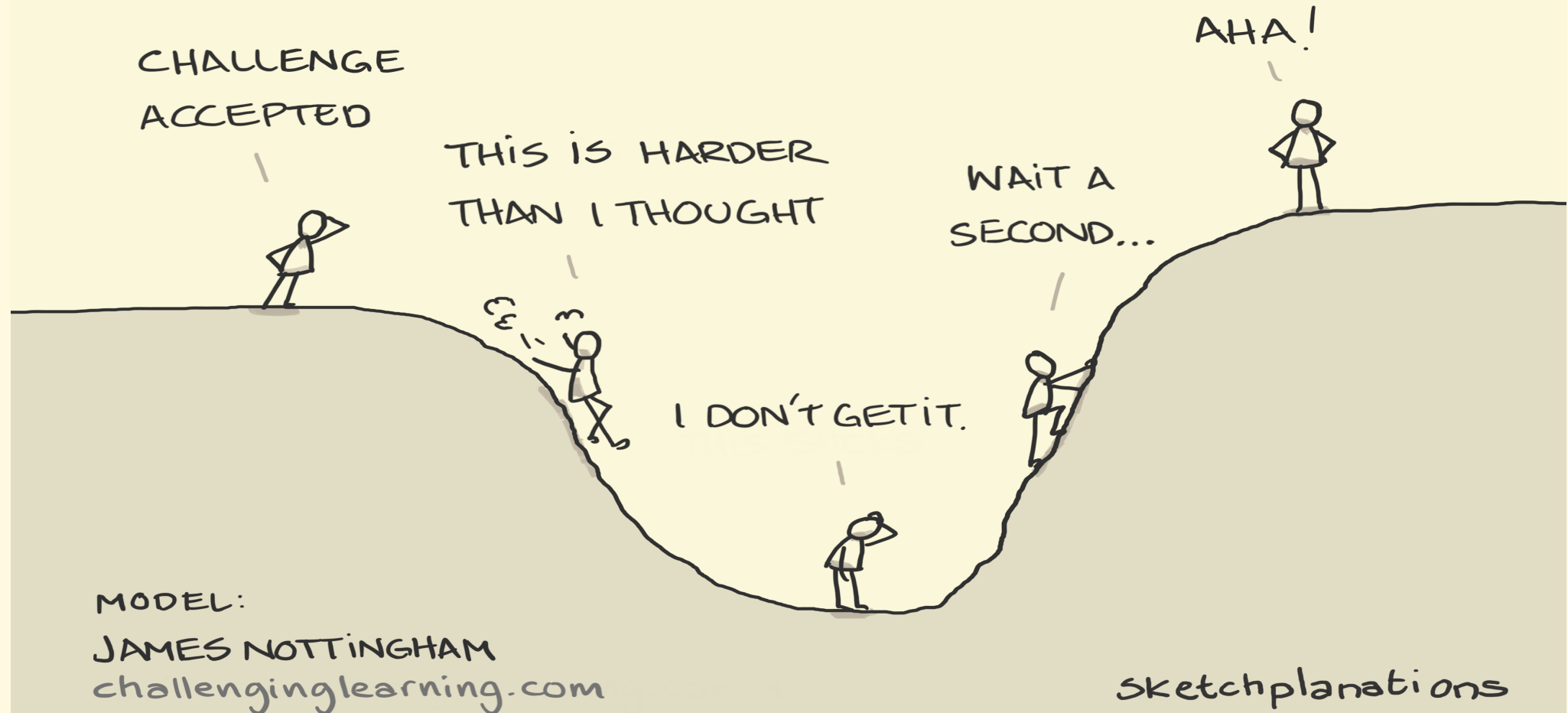


DEALING WITH CHALLENGING EMOTIONS



Resilience

THE LEARNING PIT



Questions?