

UPCOMING WEBINAR FOR PARENTS

Understanding techno tantrums

Wednesday 17 June 2020

8:00pm - 9:00pm AEST

Presented by Dr Kristy Goodwin

Award-winning speaker and bestselling author

We recently reached out to let you know about an upcoming webinar that all parents and staff in your school community can attend at no cost. To make it easy to spread the word, we've prepared some text based information that you can copy and share via your school newsletter, school app or other communications to help support your parent community. We've also included the designed PDF that we previously sent you, in case this is your preference.

We're always here to help. If you have any questions or would like some extra assistance regarding this webinar, please feel free to call us on 0400 986 823 or email us at schools@parentingideas.com.au

Attend a webinar for parents at no charge

Our school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents in this school community can attend some fantastic webinars in 2020 at no

cost. We're pleased to let you know about an upcoming webinar.

Understanding techno tantrums

In this digital era, chances are we've all experienced our children throwing a techno-tantrum. Techno-tantrums are completely normal and often a result of the neurobiological changes that occur when kids use technology. But this doesn't mean that we have to simply accept that they're part of our modern parenting reality. In this webinar Dr Kristy Goodwin helps parents and carers understand why children and teens emotionally combust when they digitally-disconnect, and how to establish new, healthy technology habits.

Key learning and discussion points include:

- The science behind why kids and teens have techno tantrums and find it challenging to switch off screens
- How to establish and enforce firm guidelines and boundaries
- How to be the pilot of the digital plane
- Researched based, realistic strategies to help develop healthy digital behaviours so that screen time doesn't always end in 'scream time'

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Video overview

Click this link to view the video overview: <https://vimeo.com/375565375>

When

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Redeem your webinar now - it's easy

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