# Northlea E & MS Lunch Club Menu

#### Meal Cost \$ 6.00/Day

### Week of Nov 5th to 9th

Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti with Zesty Tomato Sauce & Meatballs served with Garden Salad OR Spaghetti with Zesty Tomato Sauce		Chicken Burger on Whole Grain Bun served with Steamed Vegetables OR Veggie Burger	

## Week of Nov 12th to 16th

Monday	Tuesday	Wednesday	Thursday	Friday
	Oven Baked Veggie OR		Chicken Souvlaki served with	
	Meat Lasagna		Rice and Greek Salad	
	served with		OR	
	Caesar Salad		Seasoned Tofu	

#### Week of Nov 19th to 23rd

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Monday	Tuesday	Wednesday	Thursday	Friday
	Mediterranean		Chicken or Vegetarian	
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	Pasta Bake		Teriyaki	
			Noodles	
	served with			
	Garden Salad		Served with	
			Garden Salad	

## Week of Nov 26th to 30th

Monday	Tuesday	Wednesday	Thursday	Friday
	Cheesy Pasta With Baked Tomato Slice	100% Beef Burger on Whole Grain Bun <b>Served with</b> Garden Salad	PIZZA LUNCH	
	Green beans	OR Veggie Burger		

All meals are served with 2% milk