

Supporting Children with Emotions



Helping parents to support their children when they experience big emotions.

This 90-minute seminar will help parents to understand big emotions in children, explore their parenting style, and the steps to emotion coaching children. This helps children to develop their language around emotions, as well as build their emotional intelligence as they grow and learn.

Date: Tuesday 24 February 2026

Time: 12pm to 1:30pm

Venue: Online via Zoom

Cost: \$20 per person

RSVP: To register your spot, please visit <https://events.humanitix.com/supporting-kids-with-emotions> or email pcd@catholiccare.org

CatholicCare
SYDNEY

**For more information
and to register contact:**

📞 02 9509 1292

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