



## Season: Autumn/Winter

**Serves:** 30 tastes in the classroom or 10 at home

## Fresh from the garden: lemons, pears

This is an easy sweet dish that is great in winter. Once you understand how to make a crumble you can do this with any fruit that happens to be in season, and experiment with flavours – perhaps adding nutmeg or star anise – and textures.

Equipment:	Ingredients:
metric measuring scales, jug, cups and spoon clean tea towel chopping board cook's knife vegetable peeler citrus juicer large saucepan with lid medium bowl colander large baking dish wooden spoon 2 medium mixing bowls	<ul> <li>500 ml water</li> <li>juice of a lemon</li> <li>150 g caster sugar</li> <li>12 pears, peeled and chopped</li> <li>For the topping:</li> <li><sup>1</sup>/<sub>3</sub> cup brown sugar</li> <li>1 tsp baking powder</li> <li>1 tsp ground ginger or cinnamon</li> <li><sup>1</sup>/<sub>2</sub> cup plain flour</li> <li>2 cups rolled oats</li> <li>60 g unsalted butter</li> </ul>

## What to do:

- 1. Preheat the oven to 220°C.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Place the water, lemon juice and caster sugar in the saucepan. Bring to a simmer.
- **4**. Drop the pears into the syrup.
- 5. Put the lid on the saucepan. Turn the heat down to low, and simmer for 7–10 minutes, until tender.
- 6. Drain the poaching juice off into a bowl (you can use this for future dishes, just store, label and freeze it). Place the fruit in the bottom of the baking dish.
- **7.** To make the topping, mix the sugar, baking powder and ground ginger or cinnamon together in a bowl.
- 8. In another bowl, add the flour and oats. Crumble the butter into the mix and use your fingers to squeeze the ingredients together and form pea-sized pieces.
- 9. Toss the flour mixture in with the sugar mixture.
- **10**. Spread the topping over the fruit.
- **11**. Bake for 30 minutes or until topping is golden brown and bubbling at the edges.

