

Yoga for children & teenagers

Yoga is a fun way to develop and improve strength, balance, flexibility and posture

Come and try these **dynamic classes** created for children and teenagers, led by qualified yoga teachers Ruby Bull-Watkins and Suzanne Long

Six week courses running from **May 23rd** to **June 27th** – Wednesday afternoons

Early Primary 4:00pm, 30mins. Course \$72

Late Primary 4:30pm, 45mins. Course \$90

Teenagers 5:15pm, 1 hour. Course \$102

Bookings:

www.iyoga.com.au



Clifton Hill Yoga Studio

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