



SSV COBURG DISTRICT ATHLETICS CHAMPIONSHIPS

Coburg Athletics Track

**TUESDAY
AUGUST 27
2019**

PROGRAM:

9.30am Marshalling Commences

9.50am 200 Metres Sprint Heats

1. Heat 1 Girls 12 Years 200m
2. Heat 2 Girls 12 Years 200m
3. Heat 1 Boys 12 Years 200m
4. Heat 2 Boys 12 Years 200m
5. Heat 1 Girls 11 Years 200m
6. Heat 2 Girls 11 Years 200m
7. Heat 1 Boys 11 Years 200m
8. Heat 2 Boys 11 Years 200m
9. Heat 1 Girls 10 Years 200m
10. Heat 2 Girls 10 Years 200m
11. Heat 1 Boys 10 Years 200m
12. Heat 2 Boys 10 Years 200m

10.10 am 100 Metres Sprint Heats

13. Heat 1 Girls 12 Years 100m
14. Heat 2 Girls 12 Years 100m
15. Heat 1 Boys 12 Years 100m
16. Heat 2 Boys 12 Years 100m
17. Heat 1 Girls 11 Years 100m
18. Heat 2 Girls 11 Years 100m
19. Heat 1 Boys 11 Years 100m
20. Heat 2 Boys 11 Years 100m
21. Heat 1 Girls 10 Years 100m
22. Heat 2 Girls 10 Years 100m
23. Heat 1 Boys 10 Years 100m
24. Heat 2 Boys 10 Years 100m

10.30 am 800 Metres

25. Girls 12 Years 800m
26. Boys 12 Years 800m
27. Girls 11 Years 800m
28. Boys 11 Years 800m
29. Girls 10 Years 800m
30. Boys 10 Years 800m

11.00am 4 X 100m Relay Heats

31. Heat 1 Girls 12 Years
32. Heat 2 Girls 12 Years
33. Heat 1 Boys 12 Years
34. Heat 2 Boys 12 Years
35. Heat 1 Girls 11 Years
36. Heat 2 Girls 11 Years
37. Heat 1 Boys 11 Years
38. Heat 2 Boys 11 Years
39. Heat 1 Girls 10 Years
40. Heat 2 Girls 10 Years
41. Heat 1 Boys 10 Years
42. Heat 2 Boys 10 Years

11.45 am Field Events

ROUND 1

12 GIRLS HIGH JUMP	12 BOYS HIGH JUMP
10 GIRLS TRIPLE JUMP	10 BOYS TRIPLE JUMP
11 GIRLS LONG JUMP	11 BOYS LONG JUMP
12 GIRLS SHOT PUT	12 BOYS SHOT PUT
10 GIRLS DISCUS	10 BOYS DISCUS

ROUND 2

11 GIRLS HIGH JUMP	11 BOYS HIGH JUMP
12 GIRLS TRIPLE JUMP	12 BOYS TRIPLE JUMP
10 GIRLS LONG JUMP	10 BOYS LONG JUMP
11 GIRLS SHOT PUT	11 BOYS SHOT PUT
12 GIRLS DISCUS	12 BOYS DISCUS

ROUND 3

10 GIRLS HIGH JUMP	10 BOYS HIGH JUMP
11 GIRLS TRIPLE JUMP	11 BOYS TRIPLE JUMP
12 GIRLS LONG JUMP	12 BOYS LONG JUMP
10 GIRLS SHOT PUT	10 BOYS SHOT PUT
11 GIRLS DISCUS	11 BOYS DISCUS

1.30 pm 200 Metres Sprint Finals

- 73. 12 Year Girls
- 74. 12 Year Boys
- 75. 11 Year Girls
- 76. 11 Year Boys
- 77. 10 Year Girls
- 78. 10 Year Boys

2.00 pm 100 Metres Sprint Finals

- 79. 12 Year Girls
- 80. 12 Year Boys
- 81. 11 Year Girls
- 82. 11 Year Boys
- 83. 10 Year Girls
- 84. 10 Year Boys

2.20 pm 4 X 100m Relay Finals

- 85. 12 Year Girls
- 86. 12 Year Boys
- 87. 11 Year Girls
- 88. 11 Year Boys
- 89. 10 Year Girls
- 90. 10 Year Boys

2.40 pm Final Presentations

- Winning School
- 'Jay Stacy Shield'

3.00 pm Depart

TRACK EVENTS

LANE ORDER:

Heat 1

1. PVS
2. MORELAND
3. COBURG
4. ST FIDELIS
5. ST BERNARDS
6. NEWLANDS
7. ST PAULS

Heat 2

1. ANTONINE
2. PASCOE VALE
3. COBURG NORTH
4. PASCOE VALE NTH
5. COBURG WEST
6. ST OLIVERS

Please note:

Heats and finals will be held for 100m, 200m and 4 x 100m relay events.

FIRST 3 PLACEGETTERS QUALIFY FOR FINALS.

LANE ORDER FOR FINALS:

LANE 3	WINNER OF HEAT 1
LANE 4	WINNER OF HEAT 2
LANE 2	2ND OF HEAT 1
LANE 5	2ND OF HEAT 2
LANE 1	3RD OF HEAT 1
LANE 6	3RD OF HEAT 2

ATHLETICS INFORMATION 2019

1. Co-ordinator: ST FIDELIS P.S.
2. Date: Tuesday 27 August 2019
(Reserve day: Tuesday 3 September 2019)
3. Time: 9.30 am - 3.00 pm - [approximately]
Marshalling: 9:30am
Track Events: 9: 50am
800m: 10:30am
Relay Heats 11:00am
Field Events: 11:45am
Sprint Finals 1:30pm
Relay Finals 2:20pm
Presentations 2.40pm

(Note: Times are approximate only please book buses for 3:00pm)

4. Venue: Coburg Athletics Track
5. Events Eligibility: 2 Individual Events
1 Relay
6. 800m: It is advisable to train competitors over this distance.
ONLY 1 ENTRY PER SCHOOL THIS YEAR.
7. Ages: Are calculated from: 31/12 in the year of competition
A child competes in the age group corresponding to the age
He/she turns on his/her birthday this year.
*For Example: If you are 10, or turning 10 this year, you compete in
The 10 Year Age Group.*
8. First Aid: There will be two first aid officers present on the day. Schools are
very strongly encouraged, however, to bring their own First Aid Kit
and to have a car available on the day, at the track, ready for any
emergency.
9. Wet Weather: We'll all be doing some serious "anti-rain dances" but if
necessary, the Co-ordinator and Secretary will notify schools before
8.30am.
10. Spectators: It is strongly advised that only children who are competitors attend.
11. Canteen: The canteen will be open and will serve only light refreshments, not
lunches. A cut lunch is recommended for competitors.
12. Assembly Areas: From the 100m start, the order will be: Newlands, Coburg North,
Antonine, St Bernards, PVS, Coburg West, Pascoe Vale, St Fidelis,
Coburg, St Oliver's, Moreland, PVN, St Pauls
13. Jumps: In Long Jump and Triple Jump, a metre square mat will be used.
(ONLY DISTRICT LEVEL)
14. Shot Put: 10 Years: 2 kg
11 Years: 2 kg
12/13 Years: 3 kg

15. Discus:

16. Relays:

17. Entry Forms:

18. Scoring/Handicapping System:

All events will be scored on a 3-2-1 basis.

19. Lane Order

Heat 1

Heat 2

1. ST OLIVERS
2. ANTONINE
3. PASCOE VALE
4. COBURG NORTH
5. PASCOE VALE NTH
6. COBURG WEST

Please do not forget to talk to your staff about this award! Remember it is awarded to the school who, according to the SSV Coburg District Committee, has demonstrated both: the greatest improvement (taking population etc into account) and an outstanding sporting attitude shown by all students, parents and teachers.

**SSV COBURG DISTRICT
ATHLETICS CARNIVAL 2019**

TRACK & FIELD EVENTS: TUESDAY 27 AUGUST 2019

RESERVE DAY: TUESDAY 3 SEPTEMBER 2019

VENUE: COBURG ATHLETICS TRACK

OFFICIALS:

ATHS CO-ORDINATOR: St Fidelis
STARTER: St Fidelis
ANNOUNCER: St Fidelis
LINE JUDGES: Pas Vale Nth (1st) Coburg (2nd) Pas.Vale Sth (3rd)
St Bernard's (4th Head on)
RECORDERS: Newlands / St Oliver's
START MARSHALS: Moreland /Pascoe Vale (100m & 200m)
SUPERVISION: **All teachers responsible for their own schools.**
Please encourage a positive sporting attitude at all times!!
Remember students must stay at their school's assembly area unless visiting rest rooms or canteen.

FIELD EVENT MARSHALS:

TWO OFFICIALS NEEDED FROM EACH SCHOOL EXCEPT AT DISCUS-ONLY ONE FROM EACH SCHOOL (CAN BE ADULTS (wwcc) OTHER THAN TEACHERS)

HIGH JUMP: 1. Coburg West
2. Pascoe Vale

LONG JUMP: 1. Coburg
2. Pascoe Vale South

TRIPLE JUMP: 1. Moreland & St Pauls
2. Antonine

DISCUS: 1. Pascoe Vale North & Newlands
2. St Fidelis & St Oliver's

SHOT PUT: 1. St Bernard's
2. Coburg North

RELAY MARSHALLS: **2 people needed at each change.**

START: St Bernard's
FIRST CHANGE: Pascoe Vale
SECOND CHANGE: Antonine
THIRD CHANGE: Moreland