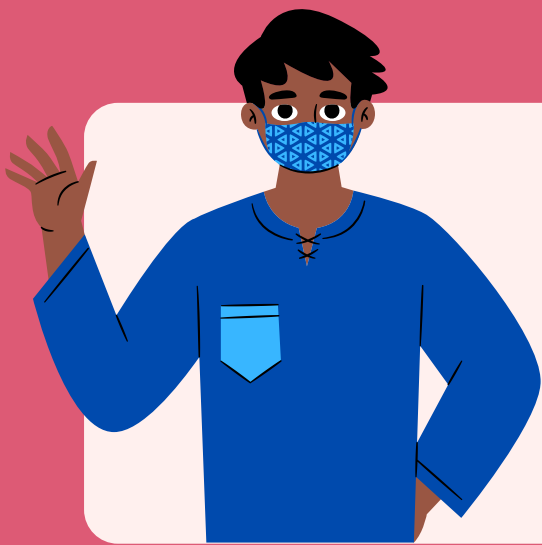




YOUTH SERVICES

STUDENT UPDATE



The Greater Dandenong Youth Services team are here to support you during COVID-19.

We've got heaps of online events and activities planned for this month, as well as opportunities for you to platform your ideas and abilities.

Check out this newsletter to find out what's on offer at the moment.

THE SKILLS COLLECTIVE

We're calling on local young people (aged 12-25 years) to submit short videos showcasing your unique skills and talents. From singing, music and dancing, to sports, cooking and art – we want to feature videos of all types and skill levels.

Young people will receive a \$50 gift card for their contribution, if the video is published on Youth Services' social media.

[Find out more](#)

BEST ISO FRIENDS

Have you got a pet who has made isolation a little bit easier?

We want to share stories about your best iso friends and how they've helped you during COVID-19 on our Facebook and Instagram!

Cats, dogs, fish, birds, lizards or hamsters – no matter who your best iso friend is, we want to get to know them and how they've made you smile during COVID-19 restrictions.

To get involved, simply message us on social media or email youthservices@cgd.vic.gov.au. Please include a photo of your furry, feathery, slimy or scaly iso friend, and we'll get in touch with you.



COMMUNITY CONSULTATION

We want to know how COVID-19 has impacted you!

We're looking for young people aged 12-25 to share their thoughts and experiences, to help us understand how COVID-19 has affected our local community.

You can choose to complete an online survey, interview or focus group discussion. Participants will have the chance to enter the draw to win a \$50 gift voucher.

[Find out more](#)

HAVE YOU BEEN IMPACTED BY COVID-RELATED RACISM?

We know that some of our community members have faced racism relating to Coronavirus. We would like to hear from any young people who have experienced or witnessed racism during this time. If you are willing to share, you can confidentially talk to one of our youth workers via an interview or focus group discussion.

[Click here to express your interest](#)



SEPTEMBER HOLIDAY ACTIVITIES

WEEK 1

WEEK 2

MONDAY

21

HIP HOP LYRIC WRITING

Join N'fa to learn how to build your skills in making rhymes and creating a good flow in your lyrics.

Created by Arts Centre Melbourne

28

LYRIC WRITING WORKSHOP

Learn how to write your own lyrics in this step-by-step video with Eva.

Created by Arts Centre Melbourne

TUESDAY

22

MAKE BRACELETS

Join Youth workers in this interactive online workshop and learn to make your very own bracelets at home.

Booking essential
Delivered by Youth and Family Services

29

MUSIC TRIVIA

Content warning! Cheesy pop music. Get your friends together and join Youth Services for this interactive music quiz.

Booking essential
Delivered by Youth and Family Services

WEDNESDAY

23

PASTEL DRAWING

Watch how Humaira brings a fruit bowl to life on the paper using pastels.

Created by Arts in Greater Dandenong

30

MAKE A MUG CAKE

The perfect activity for those of you with a sweet tooth! Make a mug cake in under 5 minutes.

Delivered by Youth and Family Services

THURSDAY

24

BLACK OUT POETRY

Looking for a cool artwork for your room? Or a handmade gift idea? Make your own unique black out poetry.

Created by Arts in Greater Dandenong

1

GAME ON

Youth Services have got an hour of fun interactive, online games planned for you and your friends.

Booking Essential
Delivered by Youth and Family Services

FRIDAY

25

AT HOME WORKOUTS

We have two workout videos to get you moving on Friday. Why not try one in the morning and the other in the afternoon?

Created by This Girl Can

2

AT HOME WORKOUTS

We have two more at home workouts for you to try before your holiday ends. Get your heart rate pumping with a HIIT and a cardio workout.

Created by This Girl Can

AMPLIFIED 2.0

FRIDAY 2 OCT, 4pm - 4.30pm

Amplified 2.0 will celebrate and share young people's talents featuring musical instruments, singing, dancing, rapping, DJing, producing and poetry.

Stream this event from the comfort of your own home from young local musicians and entertainers.

FIND OUT MORE

For more information about our holiday activities and programs, visit the [Youth Services website](https://youthservices.cgd.vic.gov.au) or contact us on 9793 2155.

Greater Dandenong Youth and Family Services

39 Clow Street, Dandenong

youthservices@cgd.vic.gov.au

facebook.com/cgdyouthservices

youth.greaterdandenong.com

We are proudly drug, alcohol and smoke free



9793 2155



TTY: 133 677

Speak and listen:

1300 555 727

TIS: 13 14 50

