

Heathmont

Creative, Fitness, Health & Educational Classes for all

Classes and activities for all ages

Heathmont Railway Station 90th Birthday special,
Body Strength & Tone, Kids fun with LEGO, Tai Chi,
Seniors Flex & Stretch, Australian History, Pilates
English for Migrants, Womens Craft activities, Yoga,
Mindfulness & Meditation, Watercolour Painting,
French for Travellers, Indonesian Language *and more*

All qualified instructors

*For more information,
contact the Program Coordinator
0437 758 281
email: jjrolfe@bigpond.com
Web: www.hucclc.websyte.com.au*



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