



## **PARENTS BUILDING SOLUTIONS – PARENTING in AUSTRALIA TODAY**

A SOLUTION FOCUSSED GROUP FOR MIGRANT AND NEWLY ARRIVED PARENTS AND CARERS, ADDRESSING THE CHALLENGES OF PARENTING IN AUSTRALIA.

### **TECHNOLOGY AND OUR KIDS**

When to limit it, why and how?

### **RESPONDING TO BEHAVIOUR**

Better understanding why children behave the way they do and how to respond.

### **ARE YOU YELLING? FRUSTRATED?**

How to get kids to listen and cooperate – without yelling.

### **STRATEGIES THAT WORK**

How can parenting be easier and more fun?

### **ARE YOU CONFUSED ABOUT THE LAW IN AUSTRALIA?**

Understand how Australian law affects your parenting in your new country?

**DATES:** Tues 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> May  
and 5<sup>th</sup> June – total of 6 sessions

**TIME:** 10.00 am to 12.00 noon  
(refreshments provided)

**WHERE:** St John's Church Hall  
27 Childers St, Cranbourne

**BOOKINGS:** call **ParentZone** – 5945 2000  
or Ariane Hahn – 0499 080 468/

Proudly  
funded by:

