

Volunteers Wanted!

Family and Friends Reference Group (All Ages)



Have you supported a family member or friend with a mental health issue?

Do you have something to say about youth mental health and other issues young people face?

headspace Onkaparinga is excited to be launching the brand new Family and Friends Reference Group (FFRG). The FFRG is a diverse team of people providing consultation and guidance to the staff of headspace Onkaparinga in order to maintain the centre's inclusiveness of the family and friends of our young people.

Want to get involved?

Go to our Facebook or Website to learn more, or to apply go to tinyurl.com/ffrgonka