



Yarrabah School Breakfast Club

Dear Parents and Carers,

Yarrabah School has been running a School Breakfast Club for all students to attend at the start of the school day. The School Breakfast Club aims to provide a warm and welcoming space for students when they arrive at school, enabling them to build positive social connections over a healthy breakfast.



Yarrabah School is taking part in the Foodbank School Breakfast Clubs program, a Victorian Government initiative delivered in partnership with Foodbank Victoria providing students access to breakfast items, lunch and snack items, and school holiday supplies. Foods we receive through Foodbank include milk, wheat biscuits, wholegrain Cheerios, baked beans, fruit, spreads and more. Thank you to the teams at Chelsea Bakers Delight and Mordialloc Bakers Delight for continuing to supply bread for the breakfast program.

Research shows that a child's ability to concentrate in class, self-regulate and learn is negatively impacted if they are hungry. It has been reported that the rising cost of living makes it increasingly difficult to provide enough healthy food for all the family each week.

All students will have the opportunity to participate in Breakfast Club from the start of the school day, allowing them to enjoy a healthy breakfast with peers and school staff. Please contact the school if you would like your child to participate. Through this program we also receive lunch and snack food items. If you have forgotten your child's lunch or you are finding the preparation of lunches challenging at this time, contact the school and we will arrange lunch for your child from our Foodbank supplies.

For more information about the School Breakfast Clubs Program visit www.foodbank.org.au/VIC/school-breakfast-clubs-in-action/

Kind regards,

Matthew Harris