

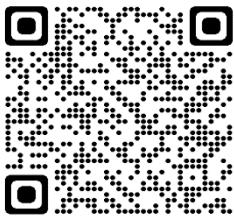
Scan QR code's to understand your sexual health and make the right choices for you



Sexual Health Victoria (Family Planning VIC)



Sexual Health Victoria focuses on reproductive and sexual health care, education, and advocacy.



IRL is a sexual health app .. its free!



What is sex? Awkward. Hot. Fun. Weird. Boring. Amazing. Meh.

This free app includes information on what sex is, your legal rights, consent, contraception, protection against STIs, and pregnancy, plus a range of answers you didn't even know you had questions about. Taboo-free and medically accurate. It is underwritten by sexual health doctors, nurses and teachers.



Melbourne Sexual Health Centre



Melbourne Sexual Health Centre provides expert information, advice, testing, treatment and support for people seeking sexual health services



ReachOut is the most accessed online mental health service for young people and their parents in Australia.

ReachOut is a free service that's available anytime and pretty much anywhere. Our trusted self-help information, peer-support program and referral tools save lives by helping young people be well and stay well.

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Alcohol
and Drug
Foundation

Alcohol and Drug Foundation-ADF

Drug and Alcohol Information

The Alcohol and Drug Foundation (ADF) is Australia's leading organisation committed to inspiring positive change and delivering evidence-based approaches to minimise alcohol and drug harm.



MINUS18

CHANGING THE LIVES OF LGBTQIA+ YOUTH IN AUSTRALIA

Creating an Australia free from discrimination is a job for everyone. We transform communities through LGBTQIA+ training, resources, and digital campaigns that enable others to champion inclusivity – no matter their location.



Support young people with mental health, physical health (including sexual health), alcohol and other drug services, as well as work and study support.



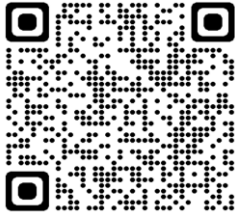
Clinic 281

Sexual Health Clinic

Gippsland Lakes Community Health 281 Main Street Bairnsdale, **5168 9639** Free and confidential

Sexual and reproductive health issues aren't usually things you want the world to know about. That's why Gippsland Lakes Complete Health has opened Clinic 281 – to ensure that your private business stays private. You are, of course, welcome to bring a support person or people to your appointments.

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eSafety young people website

Useful information to help you stay safe online



Am I old enough?

Common legal issues for young people



This booklet covers what you can and cannot do because of your age, a great resource for everything...work, sex, fines, driving, drinking...



medicare

Your Medicare Card

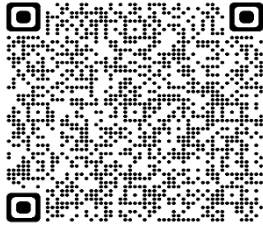
How to get, use and replace your Medicare card



TAC L2P Driver Program

L2P Program is a community-based program developed to assist eligible young Victorian learner drivers who do not have access to a supervising driver, or an appropriate vehicle gain driving experience required for a probationary license.

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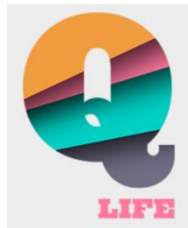


Support for eating disorders and body image issues

We believe everyone's experience of an eating disorder or body image issue is unique and access to effective services is essential.

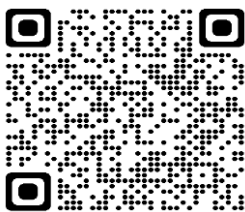


Kids Help Line website is full of great Info and support with things like...Friendships, family Issues, sex, e safety, bullying, schoolwork, life Issues, mental health. Call for anything, **this service is for you 12-25 years!**



QLIFE IS HERE FOR YOU

QLife provides anonymous and free LGBTI peer support and referral for people in Australia wanting to talk about sexuality, identity, gender, bodies, feelings, or relationships.



IT'S TIME WE TALKED (about Porn)

[Young people - It's time we talked \(itstimewetalked.com\)](http://itstimewetalked.com)

Seeing porn might seem normal. But what does porn say? Who makes it and why? And what does it all mean for you?